

# ARKANSAS

## SPIRIT SQUADS

### 2018-2019 Razorback Cheerleaders Video Submission Requirements

Applicants are required to scan and email the following to [spirit@uark.edu](mailto:spirit@uark.edu):

- Video Tryout Application
- University of Arkansas Acceptance Letter
- Full body picture in uniform
- Qualifying video with skills listed below

**Introduction:** State your name, hometown, and why you are interested in being a member of the Razorback Spirit Squads

**Females:** *Tryout Attire is a white sports bra, red shorts (no hot pants), cheer tennis shoes, hair half up/half down*

- Brief Introduction
- Perform Fight Song – Fight Song posted online by 1/26
- Perform HOG CALL – video posted online by 1/26
- Running and Standing Tumbling (highest Tumbling Skills Preferred)
  - Standing Tumbling: Standing Tuck
  - Standing Tumbling Pass (minimum Back handspring/back tuck)
  - Running Tumbling Pass (minimum back handspring back tuck)
- Partner Stunting (**Partner stunting skills are encouraged to be displayed on multiple stunting partners**)
  - Toss Liberty (Optional Dismount - Pop off, full off, etc.)
  - **2 Stunt Combination:** Walk in Extension/back to hands Cupie (Dismount: Pop Off)
    - Demonstrate technique, flexibility, grips, difficulty, and execution
  - Full Up Stretch (Optional Dismount: Full down/Double)
  - Optional Stunt of Choice (Inverted Preferred) – Optional Dismount

**Males:** *Tryout attire is a plain white t-shirt, red athletic shorts, tennis shoes, clean-shaven face*

- Brief Introduction
- Perform HOG CALL – video posted online
- Running and Standing Tumbling
  - Standing Tumbling: Standing Tuck (if applicable)
  - Running Tumbling Pass (if applicable)
- Partner Stunting (**Partner stunting skills are encouraged to be displayed on multiple stunting partners.**)
  - Toss Liberty (Dismount of Choice – Pop off, full off, etc.)
    - If unable to perform: Hands Liberty is accepted (Dismount: Full Down)
  - **2 Stunt Combination:** Walk in Extension/back to hands Cupie (Dismount: Pop Off)
    - Demonstrate technique, flexibility, grips, difficulty, and execution
  - Full Up Stretch (Optional Dismount: Full/Double down)
    - If unable to perform: Toss Platform Stretch is accepted (Dismount: Full down)
  - Optional Stunt of Choice (Inverted Preferred) – Optional Dismount



UNIVERSITY OF ARKANSAS DEPARTMENT OF INTERCOLLEGIATE ATHLETICS

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