

ARKANSAS RAZORBACKS

WOMEN'S CROSS COUNTRY

2016 SCHEDULE/RESULTS

Sept. 1	at Cowboy Duals	1st of 6
Sept. 17	at Southern Stampede	8:30 a.m.
Sept. 17	at Riverside Invite	9:30 a.m.
Oct. 1	Chile Pepper Festival	10:20 a.m.
Oct. 15	at Pre-Nationals	10 a.m.
Oct. 28	SEC Championship	11 a.m.
Nov. 11	NCAA Regional	10 a.m.
Nov. 19	NCAA Championship	10 a.m.

2016 KEY RETURNERS



Devin Clark, So
Second Team
All-SEC



Valerie Reina, Sr
All-Region
Second Team
All-SEC



Kelsey Schrader, Jr
All-Region
Second Team
All-SEC



Regan Ward, Sr
All-Region
Second Team
All-SEC

QUICK FACTS

Head Coach.....	Lance Harter
Athletic Trainer.....	Mark Hinton
Office Phone.....	479-575-6384
Office Fax.....	479-575-3716
Mailing Address.....	10 S. Razorback Road
.....	John McDonnell Field
.....	Fayetteville, AR 72701
Facility.....	Agri Park

LAST SEASON

2015 SEC Finish.....	1st
2015 NCAA Regional Finish.....	1st
2015 NCAA Finish.....	9th



@ SOUTHERN STAMPEDE

Sat. Sept 17 / Joplin, Missouri
8:30 AM / MSSU Cross Country Course



@ RIVERSIDE INVITATIONAL

Sat. Sept 17 / Riverside, California
9:30 AM / Ags/Ops Cross Country

2016 STORYLINES: SPLIT COMPETITION (5K/6K)

- Top finishers UCR last season: Devin Clark-6K, Claudia Verstraten-5K.
- Top finisher MSSU last season: Sydney Brown
- Notables opening up in California: Abby Gray, Nikki Hiltz and Valerie Reina.
- Notables opening up in Missouri: Therese Haiss and Taylor Werner.

2015 TOP 5 TIMES (RETURNERS): 5K

Devin Clark (So)	Chile Pepper Festival	16:28.56
Regan Ward (Sr)	Chile Pepper Festival	16:39.98
Kelsey Schrader (Jr)	Chile Pepper Festival	16:45.20
Valerie Reina (Sr)	Chile Pepper Festival	16:54.59
Safee Belbina (So)	Chile Pepper Festival	17:01.53

2015 TOP 5 TIMES (RETURNERS): 6K

Devin Clark (So)	Wisconsin adidas Invite	20:07.30
Valerie Reina (Sr)	SEC Championship	20:20.10
Regan Ward (Sr)	SEC Championship	20:21.00
Kelsey Schrader (Jr)	SEC Championship	20:21.90

2016 ROSTER

Katie Adams	Jr.	Marengo, Ill. (Marengo HS/Oregon)
Safee Belbina	So.	Flower Mound, Texas (Flower Mound HS)
Logan Bishop	R-Sr.	Batesville, Ark. (Batesville HS)
Sydney Brown	R-So.	Double Oak, Texas (Marcus HS)
Payton Brown	Fr.	Double Oak, Texas (Marcus HS)
Devin Clark	So.	Spring Branch, Texas (Smithson Valley HS)
Abby Gray	Fr.	San Antonio, Texas (Alamo Heights HS)
Therese Haiss	R-Jr.	Solon, Ohio (Solon HS/Oregon)
Sabrina Herrmann	R-Fr.	Rancho Santa Margarita, Calif. (Trabuco Hills HS)
Nikki Hiltz	R-Jr.	Santa Cruz, Calif. (Aptos HS/Oregon)
Micah Huckabee	R-Fr.	Cabot, Ark. (Cabot HS)
Tess Iler	Fr.	Mission Hills, Kan. (Shawnee Mission East HS)
Emily Jeacock	R-Fr.	Northampton, England (Marcus HS)
Kristen Larkan	R-Fr.	Greenland, Ark. (Greenland HS)
Samantha Mohler	R-Sr.	Mountain Home, Ark. (Mountain Home HS)
Rachel Nichwitz	So.	Fishers, Ind. (Hamilton Southeastern HS)
Madeleine Reed	Fr.	Highland Village, Texas (Marcus HS)
Valerie Reina	R-Sr.	Tontitown, Ark. (Springdale Har-Ber HS)
Alex Ritchey	Fr.	Little Rock, Ark. (Mt St. Mary Academy)
Kailee Sawyer	R-Fr.	Ontario, Canada (Bluevale Collegiate Institute)
Kelsey Schrader	Jr.	Dekalb, Ill. (Dekalb HS)
Grace Taylor	R-So.	Canton, Ohio (Jackson HS)
Greta Taylor	Fr.	Canton, Ohio (Jackson HS)
Abby Tedford	R-So.	Fairview, Texas (Lovejoy HS)
Claudia Verstraten	R-Fr.	Geelong Australia (Sacred Heart College)
Carina Viljoen	Fr.	South Africa
Regan Ward	Sr.	Okmulgee, Okla. (Beggs HS)
Taylor Werner	Fr.	Ste. Genevieve, Mo. (Ste. Genevieve HS)
Ruth Wiggins	Fr.	Memphis, Tenn. (Briarcrest Christian HS)
Aubree Worden	R-Sr.	Scottsbluff, Neb. (Scottsbluff HS/Florida State)

