



Updated: 5/2/17

ARKANSAS TWILIGHT

FRIDAY, MAY 5

Schedule of Events

Friday Running Events

Time	Event	Gender
6:00 p.m.	4x100 Meter Relay	Men
6:05 p.m.	4x100 Meter Relay	Women
6:10 p.m.	3,000 Meters	Women
6:25 p.m.	100 Meters	Men
6:35 p.m.	100 Meters	Women
6:45 p.m.	400 Meters	Men
6:55 p.m.	400 Meters	Women
7:00 p.m.	110 Meter Hurdles	Men
7:05 p.m.	100 Meter Hurdles	Women
7:10 p.m.	800 Meters	Men
7:20 p.m.	800 Meters	Women
7:30 p.m.	200 Meters	Men
7:40 p.m.	200 Meters	Women
7:50 p.m.	400 Meter Hurdles	Men
7:55 p.m.	400 Meter Hurdles	Women
8:00 p.m.	1,500 Meters	Men
8:10 p.m.	1,500 Meters	Women
8:20 p.m.	4x400 Meter Relay	Men
8:25 p.m.	4x400 Meter Relay	Women

Friday Field Events

Time	Event	Gender
12:30 p.m.	Hammer Throw	Women
1:30 p.m.	Hammer Throw	Men
2:00 p.m.	Discus Throw	Women
3:00 p.m.	Discus Throw	Men
4:20 p.m.	Javelin Throw	Women
4:30 p.m.	Pole Vault	Women
4:30 p.m.	High Jump	Women
5:00 p.m.	Long Jump	Men
5:00 p.m.	Long Jump	Women
5:10 p.m.	Javelin Throw	Men
6:00 p.m.	High Jump	Men
6:30 p.m.	Shot Put	Men
7:30 p.m.	Pole Vault	Men