



ARKANSAS INVITATIONAL

FRIDAY, JANUARY 11, 2019

SCHEDULE OF EVENTS

Time	Running Event	Gender
3:15 PM	<i>National Anthem</i>	
3:20 PM	400 Meter Dash	Women
3:30 PM	400 Meter Dash	Men
3:43 PM	600 Meter Run	Women
3:50 PM	600 Meter Run	Men
4:00 PM	60 Meter Dash	Women
4:13 PM	60 Meter Dash	Men
4:25 PM	60 Meter Hurdles	Women
4:35 PM	60 Meter Hurdles	Men
4:45 PM	1000 Meter Run	Women
4:53 PM	1000 Meter Run	Men
5:03 PM	800 Meter Run	Women
5:10 PM	800 Meter Run	Men
5:18 PM	200 Meter Dash	Women
5:38 PM	200 Meter Dash	Men
6:00 PM	1 Mile Run	Women
6:20 PM	1 Mile Run	Men
6:30 PM	4x400 Meter Relay	Women
6:50 PM	4x400 Meter Relay	Men

Time	Field Event	Gender
12:30 PM	Shot Put	Men
1:00 PM	High Jump	Women
1:00 PM	Pole Vault	Women
2:00 PM	Long Jump	Men
2:00 PM	Long Jump	Women
2:25 PM	Shot Put	Women
4:00 PM	Weight Throw	Men
5:00 PM	Pole Vault	Men
5:00 PM	Triple Jump	Men
5:00 PM	Triple Jump	Women
5:40 PM	Weight Throw	Women
5:45 PM	High Jump	Men