



JOHN MCDONNELL INVITATIONAL

FRIDAY-SATURDAY, APRIL 12-13

MEET INFORMATION

- Entry Procedure** Entry into all meets hosted by the University of Arkansas is by invitation only. Teams and individuals interested in competing must request an invitation by emailing Matt Downs at DownsM@uark.edu. Teams and individuals granted an invitation to compete will be given access to enter online at DirectAthletics.com. **All entry fees must be paid online on DirectAthletics.**
- When entering, please submit marks that were achieved during the 2018 or 2019 seasons only. Meet management reserves the right to select which entries will be accepted and in which sections entrants will be placed.
- Individual Entries** A limited number of open, club, and unattached entries will be accepted to enhance the fields for the meet. Interested individuals must request an invitation by e-mailing Matt Downs at DownsM@uark.edu. Please include (1) the event(s) for which you are requesting entry and (2) your performances in those event(s) from 2018 or 2019. Not all requests will be granted an invitation. Approved athletes will be sent an email with further entry instructions.
- Entry Deadline** All entries are due online at DirectAthletics.com by **5:00 p.m. Central Time on Monday, April 8.**
- Accepted Entries** A list of accepted entries will be sent to coaches by 6:00 p.m. on Tuesday, April 9.
- Entry Fee Structure** Entry fees are \$350 per team, per gender (i.e. \$350 for women, \$350 for men). **All entry fees must be paid in full on DirectAthletics before the close of entries.** Individuals/Unattached entry fees are \$35 per entries. College students (with valid student ID) receive free entry.
- It is important to note that entries cannot be altered once entry fees are paid. Please wait to complete the payment process until all entries are entered online. Once entry fees are paid, no refunds can be given.
- Field Sizes** It may be necessary for meet management to limit both the number of teams competing and the number of athletes accepted for each event. Meet management reserves the right to select which entries will be accepted and in which sections entrants will be placed.
- Schedule of Events** The time schedule will be revised based upon the entries received. The final schedule will be sent to coaches and posted on ArkansasRazorbacks.com on Wednesday, April 10.
- Spikes** Athletes may use only pyramid or Christmas tree spikes. Spikes will be checked and those not meeting the regulations must be replaced. No pin/needle spikes will be allowed on the competition track.
- Packets** College coaches and open athletes may pick up packets at the facility on Thursday from 4:00 p.m. - 6:00 p.m., Friday from 10:00 a.m. to 8:00 p.m. and Saturday from 11:00 a.m. to 5:00 p.m.
- We will distribute the packet to the first coach who arrives at the packet pick-up area. This packet will contain the access credentials for the entire team. **Please make arrangements to meet your team at a designated location outside John McDonnell Field to distribute credentials if you are planning to arrive at different times. We will not hold the packet at the packet pick-up area.**
- Declarations** Final declarations for all events occur at initial check in for each event. For running events, this occurs at the clerking area not less than one hour before the scheduled start of the event. For field events, this occurs by checking in with the official at the field event site not less than 30 minutes before the scheduled start of the event.
- Implement Inspection** Implement inspection will begin on Friday at 10:00 a.m. and Saturday at 11:00 a.m. at the South Concession Stand. All implements must be inspected NOT LATER THAN ninety minutes before the scheduled start of the event. Implements will be impounded until they are brought by the officials to the event site.



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TENTATIVE SCHEDULE OF EVENTS

FRIDAY EVENTS

Time	Event	Gender
12:00 PM	Hammer Throw	Men
1:30 PM	Hammer Throw	Women
3:00 PM	Discus Throw	Men
4:30 PM	Pole Vault	Men
4:30 PM	Discus Throw	Women

FEATURED EVENTS

6:00 PM	Javelin Throw	Men
6:00 PM	Triple Jump	Men
6:00 PM	Triple Jump	Women
6:00 PM	400 Meter Hurdles	Men
6:20 PM	400 Meter Hurdles	Women
6:40 PM	3,000 Meters	Men
6:55 PM	3,000 Meters	Women
7:20 PM	Decathlon 400 Meters	Men
7:30 PM	Javelin Throw	Women
7:30 PM	3,000 Meter Steeplechase	Men
7:50 PM	3,000 Meter Steeplechase	Women
8:05 PM	1,500 Meters	Men
8:20 PM	1,500 Meters	Women

FRIDAY COMBINED EVENTS

Time	Event	Gender
2:15 PM	Heptathlon 100 Meter Hurdles	Women
3:00 PM	Decathlon 100 Meters	Men
3:00 PM	Heptathlon High Jump	Women
3:40 PM	Decathlon Long Jump	Men
4:30 PM	Decathlon Shot Put	Men
4:30 PM	Heptathlon Shot Put	Women
5:20 PM	Decathlon High Jump	Men
5:55 PM	Heptathlon 200 Meters	Women
7:20 PM	Decathlon 400 Meters	Men

SATURDAY EVENTS

Time	Event	Gender
4:45 PM	High Jump	Women
5:00 PM	4 x 100 Meters Relay	Men
5:10 PM	4 x 100 Meters Relay	Women
5:20 PM	400 Meters	Men
5:30 PM	400 Meters	Women
5:30 PM	Long Jump	Women
5:30 PM	Long Jump	Men
5:40 PM	100 Meters	Men
5:55 PM	100 Meters	Women
6:00 PM	Pole Vault	Women
6:10 PM	110 Meter Hurdles	Men
6:25 PM	100 Meter Hurdles	Women
6:40 PM	200 Meters	Men
6:55 PM	200 Meters	Women
7:00 PM	Shot Put	Women
7:00 PM	Shot Put	Men
7:00 PM	High Jump	Men
7:10 PM	800 Meters	Men
7:20 PM	800 Meters	Women
7:30 PM	Decathlon 1,500 Meters	Men
7:40 PM	4 x 400 Meters Relay	Men
7:50 PM	4 x 400 Meters Relay	Women

SATURDAY COMBINED EVENTS

Time	Event	Gender
12:00 PM	Heptathlon Long Jump	Women
12:45 PM	Heptathlon Javelin Throw	Women
1:00 PM	Decathlon 110 Meter Hurdles	Men
1:30 PM	Heptathlon 800 Meters	Women
1:40 PM	Decathlon Discus Throw	Men
3:00 PM	Decathlon Pole Vault	Men
5:15 PM	Decathlon Javelin Throw	Men
7:30 PM	Decathlon 1,500 Meters	Men