



NATIONAL RELAY CHAMPIONSHIPS

FRIDAY – SATURDAY, APRIL 26–27

MEET INFORMATION

Entry Procedure

Participating teams will be given access to enter online at *DirectAthletics.com*. All entries must be completed online on Direct Athletics. When entering, please submit marks from the 2019 outdoor season only. Speculative marks are permitted for seeding purposes and can be provided by email to DownsM@uark.edu. Due to facility constraints and the competition schedule, meet management reserves discretion on heat and lane assignments.

Individual Entries

A limited number of unattached and open entries will be accepted to enhance the fields for the meet. Interested individuals must request an invitation by e-mailing Matt Downs at DownsM@uark.edu. Please include (1) the event(s) for which you are requesting entry and (2) your performances in those event(s) in 2019. Not all requests will be granted an invitation. Preference for entry acceptance will go to those individuals associated with participating institutions. Lane and heat preference will go towards those representing a participating team.

Relay Entries

Each participating institution must enter at least two relay events per gender. Due to the scored nature of the competition, each team is limited to a single relay per event per gender. No "B" teams or "unattached/club" teams will be accepted into the competition. *In an effort to help with heat and lane assignments, we ask that teams submit names of those athletes expected to actually compete on each relay during the entry process on Direct Athletics.*

Relay Scoring

All relays will be scored in the traditional format (10–8–6–5–4–3–2–1) towards a team total, with men's and women's National Relay Team Champions crowned at the end of the competition.

Entry Deadline

All entries are due online at *DirectAthletics.com* by 5:00 p.m. Central Time on Monday, April 22

Accepted Entries

A list of accepted entries will be sent to coaches by 6:00 p.m. on Tuesday, April 23

Schedule of Events

The time schedule will be revised based upon the entries received and the needs of our television partners. The final time schedule will be sent to coaches and posted on *ArkansasRazorbacks.com* on Wednesday, April 24.

Practice Times

The facility will be available for practice for teams on Thursday from 11:00 a.m. to 6:00 p.m. Please adhere to the following event specific windows: 11:00 AM – 1:00 PM: Hammer Throw; 11:00 AM – 6:00 PM: Shot Put; 1:00 PM – 3:00 PM: Discus; 1:00 PM – 6:00 PM: Track; 3:00 PM – 6:00 PM: Pole Vault; 3:00 PM – 6:00 PM: Horizontal Jumps; 3:00 PM – 6:00 PM: High Jump; and 4:00 PM – 6:00 PM: Javelin (SOUTH END ONLY).

Facility Access

John McDonnell Field will open to competitors and coaches on Friday and Saturday at 8:00 a.m. Only competing athletes and coaches will be permitted inside the competition areas. Walker Pavilion and the football practice/warm-up facilities will open to competitors and teams two hours before the first event each day.

Please take special care to review the attached meet instructions and maps, which includes information regarding warm up areas and team camps. All team camps are to be located inside the indoor football facility. This venue will open to teams beginning two hours before the scheduled start of the first event. All warm ups, except those for field events, are to be conducted at either the indoor or outdoor football practice facilities.

Bus Drop Off / Parking

Buses should drop athletes/teams on Razorback Road near the indoor football facility on Friday and Saturday. *On Thursday, buses should drop at the bus stop on Razorback Road on the southeast side of the facility.* Please see the attached parking map for available team and spectator parking on Friday. We suggest lot 56B as it usually has the most spaces available. After 5:00pm on Friday, any lot without a 24/7 reserved sign – including those not indicated on the parking map – are open and available. Buses should park in Lot 56, near the corner of Razorback Road and Martin Luther King Boulevard (map: <https://parking.uark.edu/parkmap.pdf>).

Spikes

Athletes may use only pyramid spikes that are 9mm or shorter (all events except high jump and javelin). Spikes will be checked and those not meeting the regulations must be replaced. No pin/needle/Christmas tree spikes will be allowed on the competition track.



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Packets

College coaches and open athletes may pick up packets at the packet pickup area in the concession stand on the east side of John McDonnell Field. We will distribute the packet to the first coach who arrives at the packet pick-up area. This packet will contain the access credentials for the entire team. Please make arrangements to meet your team at a designated area to distribute credentials if you are planning to arrive at different times. We will not hold the packet at the packet pick-up area.

Declarations

Final declarations for all events occur at initial check in for each event. For running events, this occurs at the clerking area not less than one hour before the scheduled start of the event. For field events, this occurs by checking in with the official at the field event site not less than thirty minutes before the scheduled start of the event.

Player Guest Tickets

If your team would like to submit a pass list for player guest tickets, please email that to downsm@uark.edu by 5:00pm on Thursday, April 25. It will be placed at the ticket office tent at the northwest entrance for your team guests.

Implement Inspection

Implement inspection will begin on Thursday at 4:00 p.m. and Friday and Saturday at 8:00 a.m. in the implement storage room located in breezeway under the East Grandstands. All implements must be inspected NOT LATER THAN ninety minutes before the scheduled start of the event. Implements will be impounded until they are brought by the officials to the event site.

Clear Bag Policy

Please find the attached document outlining the Southeastern Conference Clear Bag Policy. This policy limits the type and size of bags/purses/backpacks that spectators can bring into athletics facilities at the University of Arkansas. Athletes and coaches with a wristband who enter through the athlete/coach entrances on the east side of the track will not be subject to this policy.

Results

Live results will be available at FlashResults.com during the meet.



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TENTATIVE SCHEDULE OF EVENTS

Friday Running Events

Time	Event	Gender
3:00 PM	110 Meter Hurdles	Men
3:20 PM	100 Meter Hurdles	Women
3:40 PM	400 Meters	Men
4:00 PM	400 Meters	Women
4:20 PM	100 Meters	Men
4:40 PM	100 Meters	Women
5:00 PM	3,000 Meter Steeplechase	Men
5:15 PM	3,000 Meter Steeplechase	Women
5:30 PM	800 Meters	Men
5:40 PM	800 Meters	Women
5:50 PM	400 Meter Hurdles	Men
6:05 PM	400 Meter Hurdles	Women
6:20 PM	1,500 Meters	Men
6:35 PM	1,500 Meters	Women
6:50 PM	200 Meters	Men
7:10 PM	200 Meters	Women
7:30 PM	4 x 1,500 Meters Relay	Men
8:00 PM	4 x 1,500 Meters Relay	Women
8:25 PM	Sprint Medley Relay	Men
8:35 PM	Sprint Medley Relay	Women

Thursday Field Events

Time	Event	Gender
5:00 PM	Hammer Throw	Women
7:00 PM	Hammer Throw	Men

Friday Field Events

Time	Event	Gender
10:00 AM	Discus Throw	Men
1:00 PM	Discus Throw	Women
3:00 PM	Long Jump	Men
3:00 PM	Long Jump	Women
4:00 PM	Javelin Throw	Men
5:00 PM	Pole Vault	Men
5:00 PM	Pole Vault	Women
6:30 PM	Triple Jump	Men
6:30 PM	Triple Jump	Women
7:00 PM	Javelin Throw	Women

SATURDAY - NATIONAL RELAY CHAMPIONSHIPS

Time	Event	Gender
10:02 AM	4 x 100 Meter Relay	Men
10:13 AM	4 x 100 Meter Relay	Women
10:22 AM	4 x 800 Meter Relay	Men
10:33 AM	4 x 800 Meter Relay	Women
10:45 AM	Shuttle Hurdle Relay	Men
10:55 AM	Shuttle Hurdle Relay	Women
11:10 AM	Distance Medley Relay	Men
11:25 AM	Distance Medley Relay	Women
11:40 AM	4 x 400 Meter Relay	Men
11:50 AM	4 x 400 Meter Relay	Women

Saturday Field Events

Time	Event	Gender
10:00 AM	High Jump	Men
10:00 AM	High Jump	Women
10:00 AM	Shot Put	Men
10:00 AM	Shot Put	Women

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