PRESS RELEASE

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2020 SEC Gymnastics Community Service Team Announced

BIRMINGHAM, Ala. – The SEC sponsors Community Service Teams for all 21 league sponsored sports. The Community Service Team looks to highlight an athlete from each school who gives back to their community in superior service efforts. The 2020 SEC Gymnastics Community Service Team is as follows:

Alonza Klopfer, Junior, All-Around, Alabama
Klopfer Led the Crimson Tide in community service hours as a junior, giving of her time to ReadBAMARead, the Crimson Tide's Halloween Extravaganza, Project Angel Tree, Alabama's Thank-a-Thon and the RISE Center Holiday Party as well as helping guide the Tide's community service efforts as a member of the Alabama Student-Athlete Advisory Committee. A two-time Scholastic All-American and two-year member of the SEC Academic Honor Roll, she has been a mainstay of the Crimson Tide's balance beam lineup throughout her career, with a career-best score of 9.9 coming this season at Florida. A President's List (4.0 grade points average) and Dean's List (3.5 or better GPA) student during her UA tenure, Klopfer also competed in the Tide's floor exercise lineup, scoring a career-best of 9.850 on multiple occasions.

Sarah Shaffer, Redshirt Junior, Arkansas
Shaffer volunteered at the Northwest Children's Hospital Picnic, where she interacted with kids with cancer and their families. They played games, took pictures, signed autographs and enjoyed good food served by the hospital staff. Shaffer participated in the Down Syndrome Walk at Arvest Ball Park. She spoke at Folsom Elementary School for the Sweat Hogs Striving For Success program. Shaffer spoke to the elementary school kids about prioritizing their health and physical fitness, drinking enough water, getting enough sleep, eating fruits and vegetables and exercising daily. She was a member of the Student-Athlete Advisory Committee from 2017-2019 and an All-SEC selection in 2018 and 2019. Shaffer was voted as the 2018 SEC Freshman of the Year in 2018. She has 10 career titles, including two in the 2020 season.

Skyler Sheppard, Senior, Auburn
Sheppard has been very active in the Auburn community since joining the squad three years ago. She volunteers 12 hours a week with the Lee County Literacy Coalition and also spends every Wednesday with the Opelika Boys and Girls Club. In addition, Sheppard takes part in the many team volunteer activities throughout the year. She and the team visit local elementary schools during university breaks to teach students fundamentals of gymnastics. Sheppard also takes part in door openings during the mornings at elementary schools and also volunteers her time during recess hours to play games with kids. Sheppard has spent time volunteering with the Ronald McDonald House and has been a consistent participant on Read Aloud Day, where she reads to students at local schools. She is also a part of the Breakfast Club at Drake Middle School, speaking to students about everyday situations and how to handle them.

Amelia Hundley, Senior, Florida
Since the start of 2019, Hundley leads the Gator gymnasts with 45 community service hours. She has made 14 visits to local schools, which includes leading elementary students in active study breaks dubbed 'Brain Breaks' by the participants. Hundley also helped at the Hidden Oak Carnival. At Gainesville's annual Making Strides Against Breast Cancer last fall, she led the warm-up session for the walkers. Hundley also led the warm-up and was part of the staff for the 2019 Harvest Food

Drive. At the annual event, aspiring gymnasts can join the Gators for a gymnastics clinic. Admission is six non-perishable food items and the team contributed almost 900 pounds of food items to a local food after the 2019 event. Hundley helped distribute shoes at local elementary schools as part of the annual Florida student-athlete led Gator Tracks. Gator student-athletes purchased and distributed more than 400 pairs of shoes to local children in need of a new pair of shoes in December of 2019. The Gator gymnastics team served a meal to the residents of Gainesville's Hope Lodge in the spring of 2019 and 2020. Hundley been a part of the SEC Academic Honor Roll the last two years and earned 2019 Women's Gymnastics Coaches Association (WGCA) Scholastic Academic All-America honors. She earned four All-America honors (two at NCAA Championships; two WGCA regular season). Hundley is an active member of Florida's Student-Athlete Advisory Committee.

Rachael Lukacs, Sophomore, Georgia

For the second consecutive year, Lukacs stands out as Georgia's leader in Community Service. With her bubbly personality and genuine heart for others, she goes above and beyond her call of duty to the UGA and Athens community. Lukacs is heavily involved with Extra Special People (ESP), participated in Extra Special People's Annual Prom and volunteers at swim practice at least two hours a week on top of hosting the Special Olympics Gymnastics group in the facility each week. She is involved with "Reading with the Stars," reading to young children at a local elementary school. Lukacs has given her time to the animal shelter and the Food Bank of Northeast Georgia, donating and packing food, as well as volunteering at numerous marathons and those of the like around the Athens area.

Megan Monfredi, Junior, Kentucky

Monfredi has recorded the second-most career community service hours on the Kentucky gymnastics team, despite only being in her third season. Her 33.5 hours have been dedicated to God's Pantry, Read Across America, Ronald McDonald House, Special Olympics Kentucky and a local elementary school. Monfredi was one of 29 athletes from all University of Kentucky sports to be inducted into the Frank G. Ham Society of Character, honoring those who have shown an extraordinary commitment to academic excellence, athletic participation, personal development, career preparation and serving as a role model. Monfredi was named to the 2019 SEC Academic Honor Roll and the 2018 SEC First-Year Academic Honor Roll.

Ruby Harrold, Senior, LSU

As a student athlete, Harrold has participated in Wheels to Succeed, a bike event the team attends held by McMain's Children's Hospital for children with physical disabilities. The volunteers assist kids in going around a track on their specially adapted bikes. The four-hour long event is an opportunity with the children and their parents to be active. Harrold and the team also attends an annual "Halloween Boozer," which is a Halloween event LSU athletics holds on Sorority Row. It is a friendly trick-or-treat event for local families to attend, meet the athletes and fill their baskets with candy. Harrold and the team attended Louisiana Key Academy and held a PE classes for children during their free period at school. The team did obstacle races, simple gymnastics drills and parachute games to entertain the kids and help them be for active for an hour. Harrold began work with students from Highland Elementary School in 2018. She was assigned a third-grade student to read with for the entire school year. Following the school year, Harrold worked with students from the Gardere Community Christian School as a member of their reading program. The three-event gymnast has worked with students at the Gardere school since she came to Baton Rouge. She assists in the classroom and with reading assignments. In her three and a half years in Baton Rouge, Harrold has volunteered more than 160 hours of community service.

Chelsey Christensen, Junior, Missouri

Christensen has been an active member of the Columbia community since she arrived on the Missouri campus. Throughout her time at Mizzou, she has volunteered her time with Playing 4 Hope and Caleb's Pitch, two organizations that give experiences and services to children facing serious illness. Christensen has also spent time at Ronald McDonald House, the Food Recovery Network, Mizzou Moves, The Food Bank for Central and Northeast Missouri and Girls on the Run.