



American Track League #1
1/24/2021

Time Table: (subject to change)

1:20	High Jump Women	(6 women expected to take 75 minutes)
1:30	60m Hurdles Women-Heat 1	
1:35	60m Hurdles Women-Heat 2	
1:45	Pole Vault Women	(8 women expected to take 100 minutes)
1:45	60m Hurdles Men-Heat 1	
1:50	60m Hurdles Men-Heat 2	
2:00	LIVE TV BROADCAST BEGINS	
	Commercial Break	
2:05	Shot Put Men	(5 throwers expected to take 25 minutes)
	(Shot Put and High Jump Conclude and Pole Vault continues into running program)	
	Commercial Break	
2:33	400M Women-Final	(straight final-5 athletes)
2:39	60m Women-Heat 1	
2:43	60m Women-Heat 2	
	Commercial Break	
2:50	60m Men-Heat 1	
2:53	60m Men-Heat 2	
	Commercial Break	
3:03	60m Hurdles Final-Men	
3:10	60m Hurdles Final-Women	
	Commercial Break	
3:20	60m Women-Final	
	Commercial Break	
3:28	400m Men-Final Section 1	
3:33	400m Men-Final Section 2	
	Commercial Break	
3:40	300m Women-Final Section 1	
3:47	300m Women-Final Section 2	
	Commercial Break	
3:55	60m Men Final	
4:00	LIVE TV BROADCAST ENDS	
4:05	300m Women-Final Section 3	
4:10	300m Women-Final Section 4	