

ARKANSAS INVITATIONAL

SATURDAY, JANUARY 16, 2021

MEET INSTRUCTIONS

PACKETS

- Coaches may pick up team packets at the Randal Tyson Track Center on Friday from 5:30 p.m. to 7:30 p.m. and Saturday from 9:30 a.m. to 12:30 p.m.
- We will distribute the packet to the first coach who arrives at the packet pick-up area. This packet will contain the access credentials for the entire team. Please make arrangements to meet your team at a designated location outside the Tyson Center to distribute credentials if you are planning to arrive at different times. We will not hold the packet at the packet pick-up area. **Athletes and Staff will not be permitted entry to the Tyson Center without appropriate access credential.**

FACILITY ACCESS

- The Randal Tyson Track Center will open to competitors and coaches on Saturday at 9:30 a.m. Only athletes will be permitted inside the competition areas. The facility is not open for practice on competition days.
- Venue attendance will be limited to essential personnel to allow coaches, support staff and student-athletes to achieve physical distancing. Spectators, including athlete guests, will not be permitted into the venue.
- Athletes and team personnel should enter the facility through the NE entrance to the track, shown on the venue map.

MASK POLICY

- All coaches, staff and non-competing student-athletes are required to wear a mask/neck gaiter. Physical distancing should be employed to the extent possible. All competing student-athletes are required to wear a face mask/neck gaiter during warm-ups and at the starting line which may be removed just prior to the start of a race. All track and field officials are required to wear a face mask/neck gaiter in the competition area at all times.

TEAM CAMP AREAS

- Teams will be assigned a team camp location in the grandstands at the Tyson Center. All athletes not competing or actively preparing for competition should remain in their assigned team camp area with masks on. Athletic trainers will be assigned a location inside the Fowler Center to use for treatment and final preparations for athletes. Athletes should not camp in the Fowler Center. Food is permitted in team camp areas inside the Tyson Center but not inside the Fowler Center.
- To the extent possible, institutions should arrange to have student-athletes arrive to the competition facility no more than two hours prior to his/her scheduled event. Consideration should also be given to transport student-athletes who have completed competition away from the facility following their last event. Please direct student-athletes to limit interaction between camps and with athletes from other teams.

ENTERING AND EXITING THE COMPETITION TRACK

- Only competing student-athletes and track & field officials are allowed in the competition area. Medical personnel are allowed to enter the competition area in the event of an injury or illness to provide medical assistance.
- Coaches are not permitted into the competition area at any time. Coaching locations will be indicated surrounding the track. Per NCAA rules, athletes are not permitted to cross the track at any time to receive instruction.

WARM-UPS

- No warm-ups will be permitted on the competition track at any time. Athletes should use the warm-up facility located in the Fowler Training Center or warm-up outside the venue. Hurdles and starting blocks will be located on the practice track in the Fowler Center. Athletes will not be permitted entry to the Fowler Center until 90 minutes prior to the scheduled start of their event. Athletes in field events will not be permitted in the competition area until 20 minutes prior to the scheduled start of their scheduled flight.
- Athletic trainers will be assigned a location inside the Fowler Center to use for treatment and final preparations for athletes. Athletes should not camp in the Fowler Center. Physical distancing should be employed to the extent possible in the medical and warmup areas as these are typically the most congested sites.

HOSPITALITY

- Unfortunately due to COVID-19, hospitality areas are limited to officials, media and working event staff only. Coaches and team personnel are not permitted access to the hospitality area.



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SPORTS MEDICINE

- Medical personnel must stage team training areas in designated space in the Fowler Center warm-up area. Medical personnel may enter the competition only in the event of injury or illness. Teams are responsible for providing their own water and nutritional needs; there will not be water coolers available. The meet's medical area is reserved for emergency situations only. Athletic trainers can contact Cole Peterson (cwpeters@uark.edu) to discuss modality availability.

DECLARATIONS

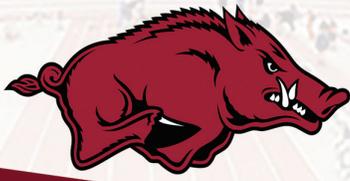
- Final declarations for all events occur at initial check in for each event. For running events, this occurs at the clerking area not less than 20 minutes before the scheduled start of the event. For field events, this occurs by checking in with the official at the field event site not less than 20 minutes before the scheduled start of the athletes scheduled flight. Athletes not declared by this time will be scratched from their event.

RUNNING EVENTS INFORMATION

- **Masks must be worn during warm-up, clerking and staging.** Masks will be able to be removed at the final call area. Disinfectant wipes will be available at the starting line if athletes wish to wipe starting blocks prior to use.
- Please make all scratches as soon as possible for all events. To do this ahead of the meet, please email your scratches to downsm@uark.edu. During the meet, please scratch your athletes with the Clerk located near the southwest corner of the Fowler Center. We appreciate you making these scratches as soon as possible.
- Athletes in running events are not permitted to warm-up in the Fowler Center until **90 minutes** prior to the scheduled start of their event.
- Athletes in running events may check in for all events at any time **BUT NO LATER than 20 minutes** before the scheduled start of the event. Athletes not checked in by this time will be scratched from their event.
- Athletes in all running events will follow the same protocol, which is outlined below.
 1. Athletes must report to the Clerks' table located near the southwest corner of the Fowler Center **NOT later than 20 minutes** before the scheduled start of the event. Athletes failing to report by this deadline will be scratched.
 2. Athletes will be asked to report back to the Clerk's area approximately **5 minutes** prior to the scheduled start time of their heat based upon the clerking schedule.
 3. Athletes will be escorted from the Clerk's area to the final staging area inside the Tyson Center near the finish line and then to the starting line. Masks will be able to be removed in the final staging area.
 4. At the conclusion of the running event, athletes must exit the track on the backstretch and return the final staging area to collect any warm-ups or belongings.

FIELD EVENT INFORMATION

- **Masks must be worn by all competitors at all times with the exception of competition attempts.** In the pole vault and throws, no chalk will be provided (athletes must bring their own personal). In the throws, each team will be required to use only their implement (no sharing implements between teams). Masks must be worn between competition attempts and during warm-ups.
- Field event athletes should check in **NOT later than 20 minutes** before the scheduled start of their flight at the field event site. Athletes not checked in by this time will be scratched from their event. Athletes are not permitted to report until their assigned flight warm-up time and must depart the competition area at the conclusion of their flight
- Horizontal Jumps and Throws will utilize a 20 minute flight specific warm up time. After the conclusion of their flight, athletes must depart the competition area. Pole Vault athletes will be permitted a 90 minute warm up period, while high jump athletes will be permitted a 45 minute warm up period.
- Athletes in all field events will follow the same protocol, which is outlined below.
 1. Athletes must walk directly to the field event site by carefully crossing the track. Athletes will only be permitted inside the competition area within the designated warm-up time for their flight/event.
 2. Athletes in field events must check-in with the appropriate official at the field event site and not with the Clerks.
 3. At the conclusion of their flight, athletes must exit the infield immediately.
- Coaches and non-competing athletes are not permitted inside the competition area at any time.



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COMPETITOR'S BIBS

- Competitor's bibs will be worn on the front in all events, except the vertical jumps where athletes may choose to wear the bib on their back.

IMPLEMENT INSPECTION

- Implements must be inspected at the east end of the Fowler Center in the track storage room NOT LATER THAN sixty minutes before the scheduled start of the event. Implements will be impounded until they are brought by the officials to the event site.

SPIKES

- Athletes may only use 1/4" pyramid spikes. Spikes will be checked and those not meeting the regulations must be replaced. No pin/needle/Christmas tree spikes will be allowed on the competition track.

TEAM SCORE

- The meet will be scored according to NCAA Rule 1.5.5.2 (6 scoring positions). All individual entries shall have the ability to score in the competition, One relay entry per institution shall score. In the throws and horizontal jumps, if the number of competitors at the start of the competition is not greater than the maximum number allowed in the final (9) automatic advancement to the final will be used (NCAA Rule 1.5.2.7).

RESULTS

- Results and start lists will be available on FlashResults.com.

MEDIA

- Media inquiries, including team sports information directors and photographers, should be directed to Shawn Price (sdp013@uark.edu). A pool photographer will be available for visiting teams; contact Shawn Price for more information. Photographers and videographers must remain outside the competition area in their designated positions.



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VENUE MAP

