



ARKANSAS QUALIFIER

FRIDAY, FEBRUARY 5, 2021

MEET INSTRUCTIONS

PACKETS

- Coaches may pick up team packets at the Randal Tyson Track Center on Thursday from 4:15 p.m. to 8:15 p.m. or during open hours on Friday.
- We will distribute the packet to the first coach who arrives at the packet pick-up area. This packet will contain the access credentials for the entire team. Please make arrangements to meet your team at a designated location outside the Tyson Center to distribute credentials if you are planning to arrive at different times. We will not hold the packet at the packet pick-up area. **Athletes and Staff will not be permitted entry to the Tyson Center without appropriate access credential.**

FACILITY ACCESS

- The Randal Tyson Track Center will open to competitors and coaches beginning two hours before competition begins on Friday. Only athletes will be permitted inside the competition areas. The facility is not open for practice on competition days.
- Venue attendance will be limited to essential personnel to allow coaches, support staff and student-athletes to achieve physical distancing. Spectators, including athlete guests, will not be permitted into the venue.
- Athletes and team personnel should enter the facility through the NE entrance to the track, shown on the venue map.

MASK POLICY

- All coaches, staff and non-competing student-athletes are required to wear a mask/neck gaiter. Physical distancing should be employed to the extent possible. All competing student-athletes are required to wear a face mask/neck gaiter during warm-ups and at the starting line which may be removed just prior to the start of a race. All track and field officials are required to wear a face mask/neck gaiter in the competition area at all times.

TEAM CAMP AREAS

- Teams will be assigned a team camp location in the grandstands at the Tyson Center. All athletes not competing or actively preparing for competition should remain in their assigned team camp area with masks on. Athletic trainers will be assigned a location inside the Fowler Center to use for treatment and final preparations for athletes. **Athletes should not camp in the Fowler Center. Unfortunately, there is not an area for athletes non-competing to spectate the throwing events. The area is limited to competing student-athletes and coaches/staff only.** Food is permitted in team camp areas inside the Tyson Center but not inside the Fowler Center.
- To the extent possible, institutions should arrange to have student-athletes arrive to the competition facility no more than two hours prior to his/her scheduled event. Consideration should also be given to transport student-athletes who have completed competition away from the facility following their last event. Please direct student-athletes to limit interaction between camps and with athletes from other teams.

ENTERING AND EXITING THE COMPETITION TRACK

- Only competing student-athletes and track & field officials are allowed in the competition area. Medical personnel are allowed to enter the competition area in the event of an injury or illness to provide medical assistance.
- Coaches are not permitted into the competition area at any time. Coaching locations will be indicated surrounding the track. Field event athletes can view video, taken outside the competition area and not brought in the competition area, between attempts. Under the direction of an official they are permitted to cross the track.

WARM-UPS

- No warm-ups will be permitted on the competition track at any time. Athletes should use the warm-up facility located in the Fowler Training Center or warm-up outside the venue. Hurdles and starting blocks will be located on the practice track in the Fowler Center. Athletes will not be permitted entry to the Fowler Center until 90 minutes prior to the scheduled start of their event. Athletes in field events will not be permitted in the competition area until 20 minutes prior to the scheduled start of their scheduled flight.
- Athletic trainers will be assigned a location inside the Fowler Center to use for treatment and final preparations for athletes. Athletes should not camp in the Fowler Center. Physical distancing should be employed to the extent possible in the medical and warmup areas as these are typically the most congested sites.



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COACHING AREAS

- SEC policy dictates that coaches are not permitted into the competition area at any time. Field event athletes can view video, taken outside the competition area and not brought in the competition area, between attempts. Under the direction of an official, they are permitted to cross the track to confer with a coach.
- Coaching locations are indicated at socially distanced intervals surrounding the competition track. Please respect social distancing measures. **Please respect other teams in attendance by not entering their team camp area.**
- Additional coaching locations are found on the venue map in the following locations. These areas can be used for coaches or other team personnel to video events as needed. Please respect other teams by not entering their team camp areas.
 - A section of the stands nearest to the high jump apron (north side, underneath press box) will be reserved.
 - Three rows at the top of the middle section of the south side stands will be reserved. Please limit this area to two individuals per institution at a time.
- A coaching area will be defined for throwing events at the event site. Please limit spectating of the throws to coaches and team personnel only. Non-competing athletes are not permitted in this area.

RUNNING EVENTS INFORMATION

- **Masks must be worn during warm-up, clerking and staging.** Masks will be able to be removed at the final call area. Disinfectant wipes will be available at the starting line if athletes wish to wipe starting blocks prior to use.
- Please make all scratches as soon as possible for all events. To do this ahead of the meet, please email your scratches to downsm@uark.edu. During the meet, please scratch your athletes with the Clerk located near the southwest corner of the Fowler Center. We appreciate you making these scratches as soon as possible.
- Athletes in running events are not permitted to warm-up in the Fowler Center until **90 minutes** prior to the scheduled start of their event.
- Athletes in running events may check in for all events at any time BUT NO LATER than **20 minutes** before the scheduled start of the event. Athletes not checked in by this time will be scratched from their event.
- Athletes in all running events will follow the same protocol, which is outlined below.
 1. Athletes must report to the Clerks' table located near the southwest corner of the Fowler Center NOT later than **20 minutes** before the scheduled start of the event. Athletes failing to report by this deadline will be scratched.
 2. Athletes will be asked to report back to the Clerk's area approximately **5 minutes** prior to the scheduled start time of their heat based upon the clerking schedule.
 3. Athletes will be escorted from the Clerk's area to the final staging area inside the Tyson Center near the finish line and then to the starting line. Masks will be able to be removed in the final staging area.
 4. At the conclusion of the running event, athletes must exit the track on the backstretch and return the final staging area to collect any warm-ups or belongings.

FIELD EVENT INFORMATION

- **Masks must be worn by all competitors at all times with the exception of competition attempts.** In the pole vault and throws, no chalk will be provided (athletes must bring their own personal). In the throws, each team will be required to use only their implement (no sharing implements between teams). Masks must be worn between competition attempts and during warm-ups.
- Field event athletes should check in NOT later than **20 minutes** before the scheduled start of their flight at the field event site. Athletes not checked in by this time will be scratched from their event. Athletes are not permitted to report until their assigned flight warm-up time and must depart the competition area at the conclusion of their flight.
- Horizontal Jumps and Throws will utilize a 20 minute flight specific warm up time. After the conclusion of their flight, athletes must depart the competition area. Pole Vault athletes will be permitted a 90 minute warm up period, while high jump athletes will be permitted a 45 minute warm up period.
- Athletes in all field events will follow the same protocol, which is outlined below.
 1. Athletes must walk directly to the field event site by carefully crossing the track. Athletes will only be permitted inside the competition area within the designated warm-up time for their flight/event.
 2. Athletes in field events must check-in with the appropriate official at the field event site and not with the Clerks.
 3. At the conclusion of their flight, athletes must exit the infield immediately.
- Coaches and non-competing athletes are not permitted inside the competition area at any time.



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DECLARATIONS

- Final declarations for all events occur at initial check in for each event. For running events, this occurs at the clerking area not less than 20 minutes before the scheduled start of the event. For field events, this occurs by checking in with the official at the field event site not less than 20 minutes before the scheduled start of the athletes scheduled flight. Athletes not declared by this time will be scratched from their event.

HORIZONTAL JUMPS

- A single runway (closest to the sprint straightaway) will be used for both the men's and women's horizontal jumps.
- The runway is 62 meters (203'5") and has a landing pit of 8 meters (26'3").
- In the long jump, the men's take-off board is 4 meters from the landing pit (runway length of 58 meters) and the women's take-off board is 2 meters from the landing pit (runway length of 60 meters).
- In the triple jump, the men's take of board is 13 meters from the landing pit (runway length 49 meters) and the women's take-off board is 11 meters from the landing pit (runway length 51 meters).

COMPETITOR'S BIBS

- Competitor's bibs will be worn on the front in all events, except the vertical jumps where athletes may choose to wear the bib on their back.

IMPLEMENT INSPECTION

- Implements must be inspected at the east end of the Fowler Center in the track storage room NOT LATER THAN sixty minutes before the scheduled start of the event. Implements will be impounded until they are brought by the officials to the event site.

SPIKES

- Athletes may only use 1/4" pyramid spikes, with the exception of the high jump where 3/8" will be permitted. Spikes will be checked and those not meeting the regulations must be replaced. No pin/needle/Christmas tree spikes will be allowed on the competition track.

TEAM SCORE

- The meet will be scored according to NCAA Rule 1.5.5.2 (6 scoring positions). All individual entries shall have the ability to score in the competition, One relay entry per institution shall score. In the throws and horizontal jumps, if the number of competitors at the start of the competition is not greater than the maximum number allowed in the final (9) automatic advancement to the final will be used (NCAA Rule 1.5.2.7).

SPORTS MEDICINE

- Medical personnel must stage team training areas in designated space in the Fowler Center warm-up area. Medical personnel may enter the competition only in the event of injury or illness. Teams are responsible for providing their own water and nutritional needs; there will not be water coolers available. The meet's medical area is reserved for emergency situations only. Athletic trainers can contact Cole Peterson (cwpeters@uark.edu) to discuss modality availability.

RESULTS

- Results and start lists will be available on FlashResults.com.

MEDIA

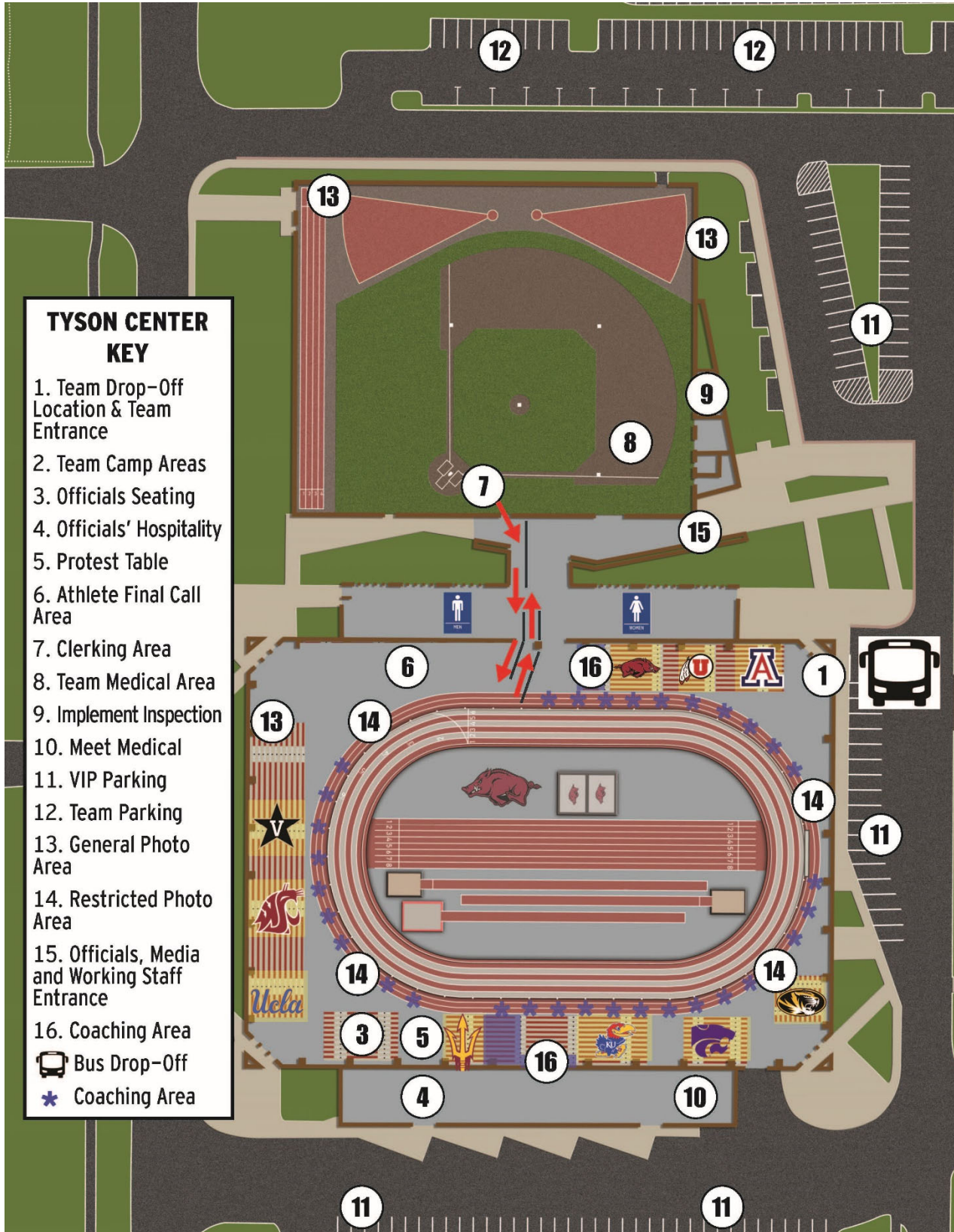
- Media inquiries, including team sports information directors and photographers, should be directed to Shawn Price (sdp013@uark.edu). A pool photographer will be available for visiting teams; contact Shawn Price for more information. Photographers and videographers must remain outside the competition area in their designated positions.





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VENUE MAP



TYSON CENTER KEY

1. Team Drop-Off Location & Team Entrance
 2. Team Camp Areas
 3. Officials Seating
 4. Officials' Hospitality
 5. Protest Table
 6. Athlete Final Call Area
 7. Clerking Area
 8. Team Medical Area
 9. Implement Inspection
 10. Meet Medical
 11. VIP Parking
 12. Team Parking
 13. General Photo Area
 14. Restricted Photo Area
 15. Officials, Media and Working Staff Entrance
 16. Coaching Area
-  Bus Drop-Off
-  Coaching Area



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SCHEDULE OF EVENTS

Time	Running Event	Gender
1:55 PM	<i>National Anthem</i>	
2:00 PM	60 Meter Hurdles Prelims	Women
2:15 PM	60 Meter Hurdles Prelims	Men
2:25 PM	60 Meter Dash Prelims	Women
2:40 PM	60 Meter Dash Prelims	Men
2:50 PM	1 Mile Run	Women
3:05 PM	1 Mile Run	Men
3:20 PM	60 Meter Hurdles Final	Women
3:25 PM	60 Meter Hurdles Final	Men
3:30 PM	400 Meter Dash	Women
3:55 PM	400 Meter Dash	Men
4:20 PM	60 Meter Dash Final	Women
4:25 PM	60 Meter Dash Final	Men
4:30 PM	800 Meter Run	Women
4:45 PM	800 Meter Run	Men
4:55 PM	200 Meter Dash	Women
5:15 PM	200 Meter Dash	Men
5:30 PM	3,000 Meters	Women
5:42 PM	3,000 Meters	Men
5:52 PM	4x400 Meter Relay	Women
6:05 PM	4x400 Meter Relay	Men

Time	Field Event	Gender
12:00 PM	Weight Throw	Men
12:00 PM	Pole Vault	Women
12:00 PM	Long Jump	Women
12:30 PM	High Jump	Women
1:40 PM	Long Jump	Men
1:45 PM	Weight Throw	Women
3:15 PM	Triple Jump	Women
3:30 PM	Shot Put	Men
4:30 PM	Pole Vault	Men
4:50 PM	Shot Put	Women
5:00 PM	Triple Jump	Men
5:30 PM	High Jump	Men