

All times noted are Central Time Schedule is subject to change

| THURSDAY, MARCH 11, 2021 - MEN | | | | |
|---|-------------------|---|-------------------------|-------------------------|
| Competition | Venue | | | |
| Time | Access Time | MEN'S HEPTATHLON | DIVISION | ROUND |
| 11:00 AM | 9:45 AM | 60 Meters | Men | Final |
| 11:40 AM | N/A | Long Jump (1 runway) | Men | Final |
| 1:10 PM | N/A | Shot Put (1 ring) | Men | Final |
| 2:40 PM | N/A | High Jump (2 pits) | Men | Final |
| Competition | Venue | | | - |
| Time | Access Time | MEN'S FIELD EVENTS | DIVISION | ROUND |
| 6:30 PM | 5:00 PM | Weight Throw | Men | Prelim/Final |
| | | | | |
| THURSDAY, M | IARCH 11, 2021 | L - WOMEN | | |
| Competition | Venue | | | |
| Time | Access Time | WOMEN'S PENTATHLON | DIVISION | ROUND |
| | | | | |
| 11:30 AM | 10:15 AM | 60 Hurdles | Women | Final |
| 11:30 AM 12:30 PM | 10:15 AM N/A | 60 Hurdles High Jump (2 pits) | Women Women | Final Final |
| | | | | |
| 12:30 PM | N/A | High Jump (2 pits) | Women | Final |
| 12:30 PM 2:30 PM 3:45 PM 5:15 PM | N/A N/A N/A | High Jump (2 pits) Shot Put (1 ring) | Women Women | Final Final |
| 12:30 PM 2:30 PM 3:45 PM | N/A N/A N/A | High Jump (2 pits) Shot Put (1 ring) Long Jump (1 runway) | Women Women Women | Final Final Final |
| 12:30 PM 2:30 PM 3:45 PM 5:15 PM | N/A N/A N/A | High Jump (2 pits) Shot Put (1 ring) Long Jump (1 runway) | Women Women Women | Final Final Final |

| Competition | Venue | | | |
|-------------|-------------|-----------------------|----------|-------------|
| Time | Access Time | MEN'S TRACK EVENTS | DIVISION | ROUND |
| 2:00 PM | 12:45 PM | Mile | Men | Semifinal |
| 2:15 PM | 1:00 PM | 60 Hurdles | Men | Semifinal |
| 2:25 PM | 1:10 PM | 400 Meters | Men | Semifinal |
| 2:45 PM | 1:30 PM | 60 Meters | Men | Semifinal |
| 2:55 PM | 1:40 PM | 800 Meters | Men | Semifinal |
| 3:05 PM | 1:50 PM | 5000 Meters | Men | Final |
| 3:25 PM | 2:10 PM | 200 Meters | Men | Semifinal |
| 3:45 PM | 2:30 PM | Distance Medley Relay | Men | Final |
| Competition | Venue | | | |
| Time | Access Time | MEN'S FIELD EVENTS | DIVISION | ROUND |
| 11:00 AM | 9:30 AM | Shot Put | Men | Prelim/Fina |
| 11:30 AM | 10:00 AM | High Jump | Men | Final |
| 2:00 PM | 12:30 PM | Long Jump | Men | Prelim/Fina |
| Competition | Venue | | | |
| Time | Access Time | MEN'S HEPTATHLON | DIVISION | ROUND |
| 10:00 AM | 8:45 AM | 60 Hurdles | Men | Final |
| | | | 1 | |
| 11:00 AM | N/A | Pole Vault | Men | Final |

| FRIDAY, MARCH 12, 2021 - WOMEN | |
|--------------------------------|--|
| FRIDAT, WARCH 12, 2021 - WOWEN | |

| Competition | Venue | | | |
|-------------|-------------|-----------------------|----------|--------------|
| Time | Access Time | WOMEN'S TRACK EVENTS | DIVISION | ROUND |
| 7:00 PM | 5:45 PM | Mile | Women | Semifinal |
| 7:15 PM | 6:00 PM | 60 Hurdles | Women | Semifinal |
| 7:25 PM | 6:10 PM | 400 Meters | Women | Semifinal |
| | | | | |
| 7:45 PM | 6:30 PM | 60 Meters | Women | Semifinal |
| 7:55 PM | 6:40 PM | 800 Meters | Women | Semifinal |
| 8:05 PM | 6:50 PM | 5000 Meters | Women | Final |
| 8:25 PM | 7:10 PM | 200 Meters | Women | Semifinal |
| 8:45 PM | 7:30 PM | Distance Medley Relay | Women | Final |
| Competition | Venue | | | |
| Time | Access Time | WOMEN'S FIELD EVENTS | DIVISION | ROUND |
| 11:00 AM | 9:30 AM | Shot Put | Women | Prelim/Final |
| 4:30 PM | 3:00 PM | High Jump | Women | Final |
| 6:15 PM | 4:45 PM | Pole Vault | Women | Final |
| 6:30 PM | 5:00 PM | Long Jump | Women | Prelim/Final |

| SATURDAY, MARCH 13, 2021 - MEN | | | | |
|--------------------------------|-------------|--------------------|----------|--------------|
| Competition | Venue | | | |
| Time | Access Time | MEN'S TRACK EVENTS | DIVISION | ROUND |
| 2:00 PM | 12:45 PM | Mile | Men | Final |
| 2:10 PM | 12:55 PM | 60 Meters | Men | Final |
| 2:20 PM | 1:05 PM | 400 Meters | Men | Final |
| 2:30 PM | 1:15 PM | 60 Hurdles | Men | Final |
| | | | | |
| 2:40 PM | 1:25 PM | 800 Meters | Men | Final |
| 2:50 PM | 1:35 PM | 200 Meters | Men | Final |
| 3:00 PM | 1:45 PM | 3000 Meters | Men | Final |
| 3:20 PM | 2:05 PM | 4x400 Relay | Men | Final |
| Competition | Venue | | | |
| Time | Access Time | MEN'S FIELD EVENTS | DIVISION | ROUND |
| 12:30 PM | 11:00 AM | Pole Vault | Men | Final |
| 1:00 PM | 11:30 AM | Triple Jump | Men | Prelim/Final |
| | | | | |

SATURDAY, MARCH 13, 2021 - WOMEN

| Competition | Venue | | | |
|-------------|-------------|----------------------|----------|--------------|
| Time | Access Time | WOMEN'S TRACK EVENTS | DIVISION | ROUND |
| | | | | |
| 6:00 PM | 4:45 PM | Mile | Women | Final |
| 6:10 PM | 4:55 PM | 60 Meters | Women | Final |
| 6:20 PM | 5:05 PM | 400 Meters | Women | Final |
| 6:30 PM | 5:15 PM | 60 Hurdles | Women | Final |
| | | | | |
| 6:40 PM | 5:25 PM | 800 Meters | Women | Final |
| 6:50 PM | 5:35 PM | 200 Meters | Women | Final |
| 7:00 PM | 5:45 PM | 3000 Meters | Women | Final |
| 7:20 PM | 6:05 PM | 4x400 Relay | Women | Final |
| Competition | Venue | | | |
| Time | Access Time | WOMEN'S FIELD EVENTS | DIVISION | ROUND |
| 5:00 PM | 3:30 PM | Triple Jump | Women | Prelim/Final |