

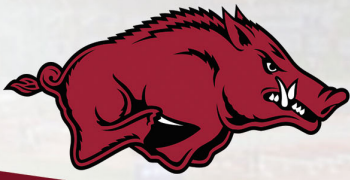


# ARKANSAS TWILIGHT

FRIDAY, MAY 7, 2021

## MEET INFORMATION

- Entry Procedure** Entry into all meets hosted by the University of Arkansas is by invitation only. Teams and individuals interested in competing must request an invitation by emailing Matt Downs at DownsM@uark.edu. Teams and individuals granted an invitation to compete will be given access to enter online at DirectAthletics.com.
- When entering, please submit marks that were achieved during the 2020 or 2021 seasons only.
- Individual Entries** A limited number of open, club, and unattached entries will be accepted to enhance the fields for the meet. Interested individuals must request an invitation by e-mailing Matt Downs at DownsM@uark.edu. Please include (1) the event(s) for which you are requesting entry and (2) your performances in those event(s) from 2020 or 2021. Not all requests will be granted an invitation. Approved athletes will be sent an email with further entry instructions.
- Entry Deadline** All entries are due online at DirectAthletics.com by **5:00 p.m. Central Time on Monday, May 3**
- Accepted Entries** A list of accepted entries will be sent to coaches by 5:00 p.m. on Tuesday, May 4.
- Entry Fee Structure** Entry fees are \$450 per team, per gender (i.e. \$450 for women, \$450 for men). **All entry fees must be paid in full on DirectAthletics before the close of entries.** It is important to note that entries cannot be altered once entry fees are paid. Please wait to complete the payment process until all entries are entered online. Once entry fees are paid, no refunds can be given.
- Schedule of Events** The time schedule will be revised based upon the entries received. The final schedule will be sent to coaches and posted on ArkansasRazorbacks.com on Wednesday, May 5.
- Practice Times** **Teams interested in reserving practice time Thursday at John McDonnell Field must email downsM@uark.edu by Thursday, May 6. Visiting teams will be assigned times in an effort to reduce the number of athletes inside the venue. Due to COVID-19 precautions, no weight room will be available for 2021.**
- Facility Access** John McDonnell Field will open to competitors and coaches two hours prior to the start of competition on Friday. Only athletes will be permitted inside the competition areas.
- Spikes** Athletes may only use pyramid spikes. Spikes will be checked and those not meeting the regulations must be replaced. No pin/needle/Christmas tree spikes will be allowed on the competition track.
- Packets** Coaches may pick up team packets at John McDonnell Field on Thursday from 5:30 p.m. to 7:30 p.m. and Friday from 9:30 a.m. to 12:30 p.m.
- We will distribute the packet to the first coach who arrives at the packet pick-up area. This packet will contain the access credentials for the entire team. Please make arrangements to meet your team at a designated location outside John McDonnell Field to distribute credentials if you are planning to arrive at different times. We will not hold the packet at the packet pick-up area. **Athletes and Staff will not be permitted entry to the John McDonnell Field without appropriate access credential.**
- Declarations** Final declarations for all events occur at initial check in for each event. For running events, this occurs at the clerking area not less than 20 minutes before the scheduled start of the event. For field events, this occurs by checking in with the official at the field event site not less than 20 minutes before the scheduled start of the athletes scheduled flight
- Implement Inspection** Implement inspection will begin on Friday at 10:00a.m. at the weights and measures area in the northwest corner of John McDonnell Field. All implements must be inspected not later than ninety minutes before the scheduled start of the event. Implements will be impounded until they are brought by the officials to the event site.
- Results** Results and start lists will be available on FlashResults.com.



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## COVID-19 IMPACT

*Please take special note of the following COVID-19 related changes from our usual operations for the 2021 season. Athletes and coaches must abide by all guidelines for Outdoor Track & Field set by the SEC Medical Guidance Task Force. Failure to follow requirements below may result in removal from the facility and disqualification from the competition.*

### **COVID-19 Testing**

Athletes and institutions from outside the SEC, ACC and Big-12 Conferences must at minimum follow the SEC Conference testing requirements for outdoor track & field: either a PCR test no more than three days prior to the start of the competition or a Rapid Antigen test within one day of competition. No attestation form is required.

### **Spectator Attendance**

A limited number of spectators will be permitted into John McDonnell Field. A player guest list can be submitted, but must be received 24 hours prior to the start of the competition. Spectators must wear a mask at all times while inside John McDonnell Field.

### **Mask Policy**

All coaches, staff and non-competing student-athletes are required to wear a mask/neck gaiter when physical distancing is not possible. Physical distancing should be employed to the extent possible. All competing student-athletes are required to wear a face mask/neck gaiter during warm-ups and at the starting line which may be removed just prior to the start of a race. All track and field officials are required to wear a face mask/neck gaiter in the competition area at all times.

### **Competition & Coaching Areas**

Only competing student-athletes and track & field officials are allowed in the competition area. Medical personnel are allowed to enter the competition area in the event of an injury or illness to provide medical assistance. Coaches are not permitted into the competition area at any time. Coaching locations will be indicated surrounding the track.

### **Team Camp Areas**

Teams will be assigned a team camp location in a tent on the warm-up area on the football practice field as well as an area in the West Grandstands. All athletes not competing or actively preparing for competition should remain in their assigned team camp areas with masks on.

To the extent possible, institutions should arrange to have student-athletes arrive to the competition facility no more than two hours prior to his/her scheduled event. Consideration should also be given to transport student-athletes who have completed competition away from the facility following their last event. Please direct student-athletes to limit interaction between camps and with athletes from other teams

### **Warm-up Areas**

No warm-ups will be permitted on the competition track at any time. Athletes should use the warm-up facility located on the practice football fields or warm-up outside the venue. Horizontal Jumps and Throws will utilize a 30 minute flight specific warm up time. Pole Vault athletes will be permitted a 90 minute warm up period, while high jump athletes will be permitted a 45 minute warm up period.



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## COVID-19 IMPACT

### Field Event Specific Protocols

Athletes in the horizontal jumps and throws will not be permitted into the competition area until 30 minutes prior to the scheduled start of their event. Horizontal Jumps and Throws will utilize a 30 minute flight specific warm up time. Pole Vault athletes will be permitted a 90 minute warm up period, while high jump athletes will be permitted a 45 minute warm up period. Athletes are not permitted to report until their assigned flight warm-up time and must depart the competition area at the conclusion of their flight. In the pole vault and throws, no chalk will be provided (athletes must bring their own personal). In the throws, each team will be required to use only their implement (no sharing implements between teams). Masks must be worn between competition attempts and during warm-ups.

### Running Event Specific Protocols

Athletes in running events must check in at clerks' area not less than 20-minutes prior to the scheduled start of their event. At the assigned time (approximately 5 minutes prior to the start time of their heat), athletes will be asked to report back to the clerking area to be escorted to the starting line. At the conclusion of their event, athletes must exit the track and return the final staging area to collect any warm-ups or belongings. Masks must be worn during warm-up and clerking. Masks will be able to be removed at final call.

### Visiting Team Media

Visiting team media (sports information, photographers, videographers) must be included in the institution's testing pool and request access credentials at least 48 hours prior to the start of the competition. Photographers and videographers must remain outside the competition area. A pool photographer will be available for visiting teams; contact Shawn Price (sdp013@uark.edu) for more information.

### Sports Medicine

Medical personnel must stage team training areas in designated team tent on the practice football facility. Medical personnel may enter the competition only in the event of injury or illness. Teams are responsible for providing their own water and nutritional needs; there not will be water coolers available. The meet's medical area is reserved for emergency situations only. Athletic trainers can contact Deanna Prentice (deannap@uark.edu) to discuss modality availability.



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## TENTATIVE SCHEDULE OF EVENTS

<b>Time</b>	<b>Running Event</b>	<b>Gender</b>
5:30 PM	3,000 Meter Steeplechase	Women
5:45 PM	3,000 Meter Steeplechase	Men
6:00 PM	4x100 Meter Relay	Women
6:05 PM	4x100 Meter Relay	Men
6:10 PM	3,000 Meters	Women
6:20 PM	3,000 Meters	Men
6:35 PM	100 Meters	Women
6:40 PM	100 Meters	Men
6:45 PM	400 Meters	Women
6:50 PM	400 Meters	Men
7:00 PM	100 Meter Hurdles	Women
7:05 PM	110 Meter Hurdles	Men
7:10 PM	800 Meters	Women
7:17 PM	800 Meters	Men
7:25 PM	200 Meters	Women
7:35 PM	200 Meters	Men
7:45 PM	400 Meter Hurdles	Women
7:50 PM	400 Meter Hurdles	Men
7:55 PM	1,500 Meters	Women
8:05 PM	1,500 Meters	Men
8:15 PM	4x400 Meter Relay	Women
8:20 PM	4x400 Meter Relay	Men

<b>Time</b>	<b>Field Event</b>	<b>Gender</b>
11:00 AM	Hammer Throw	Women
12:30 PM	Hammer Throw	Men
1:45 PM	Discus Throw	Women
2:30 PM	Discus Throw	Men
4:00 PM	Javelin Throw	Women
4:30 PM	Long Jump	Women
5:00 PM	Pole Vault	Women
5:30 PM	Long Jump	Men
5:45 PM	Shot Put	Men
6:00 PM	Javelin Throw	Men
6:00 PM	High Jump	Women
6:30 PM	Triple Jump	Women
7:00 PM	High Jump	Men
7:30 PM	Pole Vault	Men
7:30 PM	Triple Jump	Men



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## VENUE MAP

