

ARKANSAS OUTDOOR | TOP 10 MARKS

100 METERS

1	10.04	Jarrion Lawson	2015
2	10.07	Kenzo Cotton	2016
3	10.08	J-Mee Samuels	2008
4	10.11	Vincent Henderson	1993
5	10.18	Roman Turner	2022
6	10.19	Marek Niit	2012
	10.19	Marqueze Washington	2016
8	10.20	Derrick Thompson	1994
9	10.21	Wallace Spearmon, Jr.	2005
10	10.22	Kristoffer Hari	2021

200 METERS

1	19.89	Wallace Spearmon, Jr.	2005
2	20.17	Jarrion Lawson	2016
3	20.20	Jimmy French	1991
4	20.31	Derrick Thompson	1995
5	20.32	J-Mee Samuels	2008
6	20.35	Kenzo Cotton	2016
7	20.36	Wallace Spearmon, Sr.	1984
8	20.43	Omar Brown	2005
	20.43	Marek Niit	2011
10	20.45	Akheem Gauntlett	2012

400 METERS

1	44.48	Roddie Haley	1986
2	44.93	Terry Gatson	2005
3	44.94	Obi Igbokwe	2018
4	45.04	Calvin Davis	1993
5	45.07	Ayden Owens-Delerme	2022
6	45.13	Akheem Gauntlett	2012
7	45.30	Chris Bailey	2023
8	45.36	James Benson II	2022
9	45.85	Eric Janise	2017
10	45.91	Marek Niit	2012

800 METERS

1	1:44.97	Brandon Rock	1995
2	1:45.18	Seneca Lassiter	1999
3	1:45.70	Graham Hood	1994
4	1:46.13	Stanley Redwine	1983
5	1:46.20	James Karanu	1999
6	1:46.23	Randy Stephens	1981
7	1:46.46	Patrick Rono	2014
8	1:46.52	Lorenzo Brown	1987
9	1:46.62	Robbie Stevens	2003
10	1:46.76	Robert Bradley	1990

1,500 METERS

1	3:33.27	Seneca Lassiter	1999
2	3:35.23	Dorian Ulrey	2009
3	3:35.27	Graham Hood	1992
4	3:35.42	Joe Falcon	1989
5	3:35.82	Doug Consiglio	1988
6	3:35.94	Said Ahmed	2006
7	3:36.91	Andy McClary	2008
8	3:37.16	Niall Bruton	1993
9	3:37.71	Frank O'Mara	1983
10	3:38.31	Paul Donovan	1984

5,000 METERS

1	13:12.74	Alistair Cragg	2004
2	13:20.39	Kemoy Campbell	2015
3	13:22.08	Jason Bunston	1997
4	13:24.46	Paul Donovan	1984
5	13:24.78	Reuben Reina	1991
6	13:28.26	Joshat Boit	2006
7	13:28.57	Jack Bruce	2018
8	13:28.60	Ryan Wilson	1996
9	13:28.81	Shawn Forrest	2009
10	13:30.96	Amon Kemboi	2022

10,000 METERS

1	27:52.10	Shawn Forrest	2009
2	28:00.58	Patrick Kiprop	2023
3	28:02.24	Amon Kemboi	2022
4	28:07.27	Joshat Boit	2005
5	28:08.97	Peter Kosgei	2005
6	28:09.11	Gilbert Boit	2021
7	28:20.20	Daniel Lincoln	2003
8	28:20.29	Alistair Cragg	2003
9	28:28.73	Jacob McLeod	2023
10	28:29.27	James Strang	2009

110m HURDLES

1	12.97	Omar McLeod	2015
2	13.21	Phillip Lemonious	2021
3	13.41	Kevin White	1997
	13.41	Tre'Bien Gilbert	2021 & 2022
5	13.50	Michael Thomas	2003
6	13.57	John Register	1987
7	13.58	Chris Phillips	1993
8	13.62	Carl Elliott, III	2021
9	13.66	Eddie Jackson	2002
10	13.69	Harry Jones	1996

400m HURDLES

1	48.49	Kemar Mowatt	2017
2	49.08	Sam Glover	2000
3	49.75	Travean Caldwell	2019
4	49.92	Nick Hilson	2019
5	50.14	Caleb Cross	2013
6	50.28	Fred Cleary	1985
7	50.31	D'Marcus Brown	1998
8	50.34	Maurice Bridges	2004
9	50.38	Charley Moss	1986
10	50.83	Chris Phillips	1991

3,000m STEEPLECHASE

1	8:22.34	Daniel Lincoln	2002
2	8:23.93	Stanley Kebenei	2015
3	8:25.49	Godfrey Siamusiye	1996
4	8:29.13	Peter Kosgei	2005
5	8:30.67	Frankline Tonui	2016
6	8:32.05	Matt Kerr	1998
7	8:34.89	Alex Hallock	1991
8	8:35.35	Richard Cooper	1989
9	8:38.87	Scott MacPherson	2009
10	8:41.47	Cale Wallace	2016

4x100 RELAY

38.47	O. McLeod, J. Lawson, K. Cotton, M. Washington	2015
38.49	K. Cotton, J. Lawson, J. Washington, K. Mowatt	2016
38.54	K. Hari, K. Mowatt, K. Harris, Cotton	2018
38.58	J. Oglesby, K. Hari, T. Gilbert, R. Ejiaquekwu	2019
38.59	R. Ejiaquekwu, K. Mowatt, K. Harris, K. Cotton	2018
38.77	R. Ejiaquekwu, K. Mowatt, M. Washington, K. Cotton	2017
38.81	F. Cleary, R. Haley, M. Conley, W. Spearmon, Sr.	1985
38.95	R. Ejiaquekwu, O. Igboke, M. Washington, K. Cotton	2017
38.96	K. Cotton, J. Lawson, R. Ejiaquekwu, M. Washington	2016
39.12	E. Hawkins, J. Lawson, K. Cotton, M. Washington	2015

4x400 RELAY

3:01.84	R. Schwartz, E. Janise, R. Ejiaquekwu, O. Igboke	2017
3:02.02	M. Lister, S. Glover, R. Stanley, K. Baker	2000
3:02.25	J. Register, M. Clemmons, L. Brown, R. Haley	1987
3:02.47	M. Niit, A. Gauntlett, B. Skidmore, N. Braddy	2012
3:02.89	N. Braddy, A. Kokorin, C. Cross, A. Gauntlett	2013
3:03.06	M. Niit, T. Southard, B. Skidmore, N. Braddy	2012
3:03.33	B. Battle, J. Benson, C. Washington, C. Bailey	2023
3:03.36	J. Stephen, K. Mowatt, R. Ejiaquekwu, O. Igboke	2018
3:03.40	J. Winn, H. Woodhall, J. Brown, R. Schwartz	2019
3:03.61	V. Henderson, J. French, M. Boykins, C. Davis	1993

HIGH JUMP

1	2.29	7-6.5	Ray Doakes	1995
	2.29	7-6.5	Matt Hemingway	1996
	2.29	7-6.5	James Ballard	1997
	2.29	7-6.5	Kenny Evans	2000
5	2.28	7-6	Bill Jasinski	1985
6	2.24	7-4.25	Anthony May II	2013
7	2.22	7-3.75	Lavar Miller	2001
8	2.21	7-3	Shannon King	1996
9	2.20	7-2.5	Ken LeGassey	2015
10	2.19	7-2.25	Brede Ellingsen	2010

POLE VAULT

1	5.72	18-9.25	Andrew Irwin	2012
2	5.56	18-2.75	Jeremy Scott	2004
3	5.51	18-0.75	Mark Klee	1985
4	5.50	18-0.5	Jeff Pascoe	1986
5	5.35	17-6.5	Etamar Bhastekar	2021
6	5.33	17-6	Troy Smith	1988
7	5.32	17-5.5	Chris Adams	1991
8	5.30	17-4.5	Kevin Lazas	2013
9	5.25	17-2.75	Spencer McCorkel	2008
10	5.20	17-0.75	Mark McGahee	1990
	5.20	17-0.75	P.J. Brown	2005

LONG JUMP

1	8.74	28-8.25	Erick Walder	1994
2	8.58	28-1.75	Jarrion Lawson	2016
3	8.49	27-10.25	Melvin Lister	2000
4	8.40	27-6.75	Robert Howard	1997
5	8.38	27-6	Mike Conley	1983
6	8.35	27-4.75	Alain Bailey	2010
7	8.17	26-9.75	Tarik Batchelor	2011
8	8.15	26-9	Raymond Higgs	2011
9	8.14	26-8.50	Mike Davis	1986
	8.14	26-8.50	Tyrus Jefferson	1988

TRIPLE JUMP

1	17.54	57-6.5	Mike Conley	1985
2	17.40	57-1.25	Brian Wellman	1991
3	17.29	56-8.75	Edrick Floréal	1989
4	17.24	56-6.75	Jerome Romain	1995
5	17.19	56-5	Robert Howard	1996
6	17.18	56-4.50	Brandon Craven	1996
7	17.12	56-2	Erick Walder	1994
8	17.02	55-10.25	Melvin Lister	1999
9	16.90	55-5.50	Clive Pullen	2016
10	16.72	54-10.25	Nkosinza Balumbu	2009

Wind-aided

17.71	58-1.25	Mike Conley	1985
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SHOT PUT

1	20.35	66-9.50	Marty Kobza	1985
2	20.12	66-0.25	Jordan West	2023
3	20.08	65-10.50	Rojé Stona	2023
4	19.58	64-3	Marcus Clavelle	2000
5	19.34	63-5.50	Scott Lofquist	1982
6	18.87	61-11.25	Sam Kempka	2019
7	18.37	60-3.50	Mike Chism	1989
8	17.84	58-6.50	Gerry McEvoy	1979
9	17.58	57-8.25	Jeff Rogers	2019
10	17.45	57-3	Keith Gray	1979

DISCUS

1	66.64	218-8	Rojé Stona	2023
2	62.79	206-0	Ralford Mullings	2023
3	62.60	205-4	Scott Lofquist	1982
4	59.98	196-9	Marty Kobza	1985
5	56.82	186-5	Marcus Clavelle	2000
6	55.32	181-6	Devin Randall	2014
7	54.05	177-4	Erich Sullins	2018
8	53.75	176-4	Justin Holmes	2012
9	53.04	174-0	Markus Ballengee	2021
10	52.69	172-10	Jordan West	2023

HAMMER

1	67.84	222-7	Erich Sullins	2019
2	66.85	219-4	Ruben Banks	2021
3	61.59	202-0	Ben Ryer	2022
4	49.63	162-10	Devin Randall	2015
5	49.58	162-8	Brandon Heeger	2010
6	47.07	154-5	Justin Holmes	2011
7	45.19	148-3	Tony Ugoh	2005
8	42.95	140-11	Marlon Dwyer	2012

JAVELIN

1	78.11	256-3	Eric Brown	2006
2	73.74	241-11	Ed Kaminski	1990
3	69.60	228-4	Luke Laird	2008
4	69.01	226-5	Jeff Woods	2013
5	68.14	223-7	Clark Morman	1977
6	66.57	218-5	Steve Pickert	1977
7	66.07	216-9	Pete Mirocke	2014
8	65.91	216-3	Alex Springer	2018
9	65.84	216-0	Mike Mordica	1972
10	64.52	211-8	Kyle Komarek	2008

DECATATHLON

1	8,532	Ayden Owens-Delerme	2022
2	8,097	Markus Ballengee	2021
3	7,991	Yariel Soto Torrado	2023
4	7,955	Kevin Lazas	2012
5	7,901	Gabe Moore	2018
6	7,892	Gunnar Nixon	2012
7	7,881	Daniel Spejcher	2022
8	7,635	Derek Jacobus	2017
9	7,585	Terry Prentice	2012
10	7,549	Marcus Weaver	2023

ARKANSAS OUTDOOR | TOP 10 MARKS

100 METERS

1	11.02	Kiara Parker	2019
2	11.04	Jada Baylark	2018
3	11.10	Veronica Campbell	2004
4	11.12	Tiana Wilson	2021
	11.12	Ackera Nugent	2023
6	11.26	LaShaunte'a Moore	2004
7	11.29	Elisha Brewer	1998
8	11.33	Taylor Ellis-Watson	2016
9	11.31	Ariane Linton	2023
10	11.34	Janeek Brown	2018

200 METERS

1	22.40	Janeek Brown	2019
2	22.41	Veronica Campbell	2004
3	22.48	Taylor Ellis-Watson	2016
4	22.86	Jada Baylark	2021
5	22.90	Kethlin Campbell	2019
6	22.91	Rosey Effiong	2023
7	22.93	Tiana Wilson	2021
8	23.07	Payton Chadwick	2019
9	23.10	Ackera Nugent	2023
10	23.16	Ariane Linton	2023

400 METERS

1	49.51	Britton Wilson	2023
2	50.25	Taylor Ellis-Watson	2016
3	50.64	Daina Harper	2017
4	50.93	Rosey Effiong	2023
5	50.99	Regina George	2013
6	51.03	Kethlin Campbell	2019
7	51.21	Tiana Wilson	2021
8	51.47	Nickisha Pryce	2023
9	51.67	Paris Peoples	2021
10	51.71	Shelise Williams	2010

800 METERS

1	2:01.61	Chrishuna Williams	2015
2	2:01.91	Aneita Denton	2005
3	2:02.54	Shafiqua Maloney	2021
4	2:02.59	Stephanie Brown	2011
5	2:03.57	Rebekka Simko	2015
6	2:03.78	Tanya Blake	1994
7	2:03.79	Regina George	2013
8	2:04.24	Nicole Teter	1992
9	2:04.79	Krissy Gear	2021
10	2:05.29	Erica Sigmont	2005

1,500 METERS

1	4:08.65	Dominique Scott	2015
2	4:09.00	Krissy Gear	2021
3	4:09.14	Nikki Hiltz	2018
4	4:09.73	Lauren Gregory	2022
5	4:10.49	Christin Wurth	2003
6	4:11.02	Dacia Barr	2008
7	4:11.40	Stephanie Brown	2014
8	4:12.38	Kennedy Thomson	2021
9	4:13.27	Carina Viljoen	2019
10	4:13.33	Kristen Gillespie	2012

5,000 METERS

1	15:25.10	Dominique Scott	2016
2	15:25.17	Lauren Gregory	2022
3	15:35.64	Isabel Van Camp	2022
4	15:38.51	Taylor Werner	2019
5	15:38.74	Devin Clark	2019
6	15:41.33	Katie Izzo	2021
7	15:41.58	Sydney Thorvaldson	2023
8	15:47.62	Diane Robison	2014
9	15:48.53	Abby Gray	2021
10	15:48.89	Jessica Dailey	2000

10,000 METERS

1	31:56.84	Dominique Scott	2016
2	32:26.38	Taylor Werner	2019
3	32:34.16	Katie Izzo	2021
4	32:34.21	Lauren Gregory	2022
5	32:58.20	Claire Lavers	1991
6	33:03.36	Sydney Thorvaldson	2023
7	33:06.84	Amy Yoder Begley	2000
8	33:15.08	Jamie Park	1991
9	33:32.77	Michelle Byrne	1993
10	33:37.40	Aisling Ryan	1988

100m HURDLES

1	12.40	Janeek Brown	2019
2	12.70	Payton Chadwick	2019
3	12.82	Daszay Freeman	2021
4	12.87	Yoveinny Mota	2022
5	12.94	Taliyah Brooks	2018
6	12.98	Elisha Brewer	1998
	12.98	Alex Gochenour	2016
8	12.99	Jayla Hollis	2021
9	13.05	Kyla Shoemake	2000
10	13.11	Gi-Gi Miller	2001

400m HURDLES

1	53.08	Britton Wilson	2022
2	55.71	Sparkle McKnight	2013
3	56.46	Damajahnee Birch	2016
	56.46	Brittany Hyter	2011
5	56.99	Tawa Babatunde	2001
6	57.39	Madison Langley-Walker	2023
7	57.85	Shannon Carter	1992
8	57.88	Gwendolyn Flowers	2013
9	58.42	Brianna Swinton	2016
10	58.77	Leah Orley	2010

3,000m STEEPLECHASE

1	9:34.76	Logan Jolly	2022
2	9:38.62	Krissy Gear	2021
3	9:41.28	Jessica Kamilos	2016
4	9:48.35	Devin Clark	2019
5	9:49.01	Grace Heymsfield	2014
6	9:50.86	Laura Taborda	2023
7	9:57.88	Gracie Hyde	2021
8	10:01.52	Lilli Kleinmann	2001
9	10:07.62	Shannon Klenke	2015
10	10:08.23	Regan Ward	2017

4x100 RELAY

42.65	T. Kuykendall, P. Chadwick, J. Brown, K. Parker	2019
43.11	K. Parker, P. Chadwick, J. Brown, K. Campbell	2019
43.26	K. Parker, J. Baylark, J. Brown, T. Brooks	2018
43.34	J. Baylark, P. Stumbaugh, D. Harper, K. Parker	2017
43.38	J. Brown, K. Parker, J. Baylark, M. Burks-Magee	2018
43.46	Y. Mota, J. Baylark, J. Hollis, T. Wilson	2021
43.57	T. Brooks, P. Stumbaugh, D. Harper, K. Parker	2017
43.84	K. Williams, L. Moore, S. Neely, V. Campbell	2004
43.87	R. Effiong, J. Baylark, J. Hollis, J. Reid	2022
43.96	T. Wilson, J. Reid, A. Linton, R. Effiong	2023

4x400 RELAY

3:22.55	M. Burks-Magee, R. Effiong, J. Baylark, B. Wilson	2022
3:23.69	M. Burks-Magee, R. Effiong, J. Baylark, B. Wilson	2022
3:24.45	P. Peoples, R. Effiong, J. Reid, B. Wilson	2023
3:25.16	M. Burks-Magee, R. Effiong, J. Baylark, B. Wilson	2022
3:25.48	D. Birch, D. Harper, M. Dobbins, T. Ellis-Watson	2016
3:25.89	P. Peoples, K. Parker, P. Chadwick, K. Campbell	2019
3:26.63	P. Peoples, K. Campbell, M. Burks-Magee, S. Maloney	2021
3:26.40	P. Peoples, R. Effiong, J. Hollis, B. Wilson	2022
3:26.60	A. Pyatt, J. Reid, N. Pryce, R. Effiong	2023
3:27.09	C. Williams, S. McKnight, G. Flowers, R. George	2013

HIGH JUMP

1	1.88	6-2	Makeba Alcide	2013
2	1.86	6-1.25	Jessica Johnson	2003
3	1.82	5-11.50	Taliyah Brooks	2017
4	1.81	5-11.25	Jennifer McDonald	1990
5	1.80	5-10.75	Kirsten Hesselstine	2014
6	1.78	5-10	Alex Gochenour	2015
7	1.76	5-9.25	Claire Phythian	1995
	1.76	5-9.25	DeeDee Brown	2001
	1.76	5-9.25	Michelle Martin	2005
	1.76	5-9.25	Leigha Brown	2017
	1.76	5-9.25	Payton Chadwick	2017

POLE VAULT

1	4.72	15-5.75	Sandi Morris	2015
2	4.70	15-5	Lexi Jacobus	2016
3	4.61	15-1.50	Tina Sutej	2011
4	4.56	14-11.50	Tori Hoggard	2019
5	4.55	14-11	Amanda Fassold	2022
6	4.54	14-10.75	Nastassja Campbell	2021
7	4.49	14-8.75	Lauren Martinez	2021
8	4.41	14-5.50	Katie Stripling	2010
9	4.38	14-4.50	Desiree Freier	2015
10	4.34	14-2.75	Ariel Voskamp	2015

LONG JUMP

1	6.78	22-3	Taliyah Brooks	2018
2	6.42	21-0.75	G'Auna Edwards	2019
3	6.35	20-10	Toshei Woods	1993
4	6.31	20-8.50	Tamara Myers	2014
5	6.28	20-7.25	Cynthia Moore	1990
6	6.27	20-7	Peter-Gaye Beckford	2008
	6.27	20-7	Etienne Chaplin	2009
8	6.25	20-6.25	Kelsey Herman	2017
9	6.24	20-5.75	Beyonka McDowell	2005
10	6.19	20-3.75	Angel Heath	2002
	6.19	20-3.75	Kerri-Ann Mitchell	2002

TRIPLE JUMP

1	13.60	44-7.50	Gi-Gi Miller	2001
2	13.29	43-7.25	Shantel Thompson	2011
3	13.28	43-7	Tamara Myers	2013
4	13.06	42-10.25	Mariann Ahuna	2003
5	13.05	42-9.75	Cynthia Moore	1991
6	12.82	42-0.75	Toshei Woods	1993
7	12.53	41-1.50	Alexis Torns	2022
8	12.49	40-11.75	Peta-Gaye Beckford	2007
9	12.37	40-7	Stephanie Adams	1985
10	12.27	40-3.25	Kerri-Ann Mitchell	2002

SHOT PUT

1	16.09	52-9.50	Micah Dennis	2016
2	15.75	51-8	Amber Crumbo	2000
3	15.11	49-7	Sheila Sims	1996
4	14.87	48-9.50	Jessica Sommerfeld	2002
5	14.73	48-4	Kelley Bickham	1998
6	14.67	48-1.50	Stacy Tiefenauer	1997
7	14.65	48-0.75	Marie LeJour	2001
8	14.61	47-11	Michelle Rossio	2007
9	13.95	45-9.25	Marilyn Banks	1982
10	13.89	45-7	Beyonka McDowell	2005

DISCUS

1	51.53	169-0	Marie LeJour	2001
2	50.86	166-10	Kelley Bickham	1997
3	49.80	163-4	Amber Crumbo	2000
4	49.05	160-11	Amanda Allen	1993
5	47.63	156-3	Jessica Sommerfeld	2002
6	47.26	155-0	Michelle Rossio	2008
7	45.57	149-6	Sheila Sims	1994
8	44.96	147-6	Lana Boydston	1983
9	44.28	145-3	Kelly Bertka	1986
10	43.41	142-5	Susan Cope	1992

HAMMER

1	58.76	192-9	Brandy Blackwood	2005
2	58.10	190-7	Marie LeJour	2002
3	54.67	179-4	Michelle Rossio	2008
4	53.48	175-5	Kelley Bickham	1998
5	52.72	172-11	Amber Crumbo	2000

JAVELIN

1	49.76	163-3	Amethyst Boyd	2014
2	49.64	162-10	Carly Bloomfield	2007
3	48.24	158-3	Jessica Sommerfeld	2002
4	47.08	154-5	Peter-Gaye Beckford	2007
5	46.36	152-1	Susan Cope	1992
6	44.96	147-6	Michelle Rossio	2006
7	44.72	146-8	Pernille Jorgensen	1988
8	44.62	146-4	Kelsey Mollenkamp	2007
9	42.78	140-4	Elizabeth Everts	2003
10	42.14	138-3	DeeDee Brown	2001

HEPTATHLON

1	6,099	Taliyah Brooks	2017
2	6,050	Makeba Alcide	2013
3	6,027	Alex Gochenour	2015
4	6,023	Payton Chadwick	2017
5	5,925	Gi-Gi Miller	2001
6	5,852	Leigha Brown	2017
7	5,820	Kelsey Herman	2017
8	5,700	DeeDee Brown	2001
9	5,594	Etienne Chaplin	2009
10	5,518	Beyonka McDowell	2005