

ARKANSAS

SPIRIT SQUADS

2023-24 University of Arkansas Dance Team Tryout Requirements

TECHNIQUE REQUIREMENTS

- Right triple pirouette
- Side aerial
- Headspring
- Extension or leg hold turn
- Elite leaps/jumps including 1 switch variation
- 6 turns in second with a triple pirouette out

PREFERRED REQUIREMENTS

- Right quadruple+ pirouette
- Left triple+ pirouette
- Front Aerial
- Right Aerial
- Any other aerial variations
- Kip Up
- Leg hold turn variations
- Elite turn combinations (e.g. triple floats, changing spots, etc.)
- Misc. Elite leaps/jumps
- Standing or running tumbling



UNIVERSITY OF ARKANSAS SPIRIT SQUADS

FRANK BROYLES ATHLETIC CENTER | POST OFFICE BOX 7777 | FAYETTEVILLE, AR 72702-7777 | OFFICE: 479.575.6534

ARKANSASRAZORBACKS.COM