FRIDAY, FEBRUARY 16,2024

## **SCHEDULE OF EVENTS**

Running Events			
Time	Event	Gender	
1:55 PM	National Anthem		
2:00 PM	Distance Medley Relay Invitational	Men	
2:10 PM	60 Meter Hurdles Prelims	Women	
2:17 PM	60 Meter Hurdles Prelims	Men	
2:30 PM	60 Meter Dash Prelims	Women	
2:47 PM	60 Meter Dash Prelims – OPEN	Women	
2:50 PM	60 Meter Dash Prelims	Men	
3:07 PM	60 Meter Dash Prelims – OPEN	Men	
3:10 PM	400 Meter Dash	Women	
3:40 PM	400 Meter Dash	Men	
4:20 PM	60 Meter Hurdles Final	Women	
4:24 PM	60 Meter Hurdles Final	Men	
4:28 PM	60 Meter Dash Final	Women	
4:32 PM	60 Meter Dash Final – OPEN	Women	
4:36 PM	60 Meter Dash Final	Men	
4:40 PM	60 Meter Dash Final – OPEN	Men	
4:45 PM	3,000 Meters	Women	
5:15 PM	3,000 Meters	Men	
5:35 PM	800 Meter Dash	Women	
5:45 PM	800 Meter Dash	Men	
6:00 PM	200 Meter Dash	Women	
6:25 PM	200 Meter Dash	Men	
6:45 PM	1 Mile Run	Women	
7:00 PM	1 Mile Run	Men	
7:20 PM	4x400 Meter Relay	Women	
7:30 PM	4x400 Meter Relay	Men	

<b>Field Events</b>		
Time	Event	Gender
12:30 PM	High Jump	Women
12:45 PM	Weight Throw	Men
12:45 PM	Long Jump	Men
1:30 PM	Pole Vault	Women
2:30 PM	Weight Throw	Women
2:45 PM	Long Jump	Women
4:30 PM	Shot Put	Men
4:45 PM	Triple Jump	Men
5:30 PM	Pole Vault	Men
6:00 PN	High Jump	Men
6:00 PM	Shot Put	Women
6:15 PM	Triple Jump	Women