

# ARKANSAS INDOOR | TOP 10 MARKS

## 60 METERS

1	6.56	Kenzo Cotton	2016
2	6.59	<b>Jordan Anthony</b>	<b>2024</b>
3	6.60	Jarrion Lawson	2016
4	6.62	Kristoffer Hari	2020
5	6.63	J-Mee Samuels	2009
6	6.64	<b>Lance Lang</b>	<b>2024</b>
7	6.66	Roman Turner	2021
8	6.69	Roy Ejiakuekwu	2019
9	6.71	Omar McLeod	2015
10	6.72	Omar Brown	2004
	6.72	Wallace Spearmon, Jr.	2005
	6.72	Mychael Stewart	2007

## 200 METERS

1	20.10	Wallace Spearmon, Jr.	2005
2	20.47	<b>Lance Lang</b>	<b>2023</b>
3	20.52	Omar Brown	2005
4	20.61	Kenzo Cotton	2018
5	20.62	Akheem Gauntlett	2012
5	20.67	J-Mee Samuels	2008
7	20.69	Obi Igbokwe	2018
8	20.70	Marek Niit	2011
	20.70	<b>Connor Washington</b>	<b>2023</b>
10	20.71	Josh Washington	2017
	20.74	James Benson II	2023

## 400 METERS

1	45.09	Chris Bailey	2023
2	45.29	Terry Gatson	2005
3	45.38	Obi Igbokwe	2018
4	45.72	Marqueze Washington	2016
5	45.88	James Benson II	2022
6	45.96	Neil Braddy	2014
7	45.99	Marek Niit	2011
8	46.01	Eric Janise	2017
9	46.04	Ben Skidmore	2011
10	46.05	Jeremy Farr	2020

## 800 METERS

1	1:45.95	Dirk Heinze	2001
2	1:46.07	Leoman Momoh	2013
3	1:46.76	Tomas Squella	2013
4	1:46.97	Seneca Lassiter	1998
5	1:47.12	Kieran Taylor	2022
6	1:47.31	Leroy Russell III	2023
7	1:47.38	Carlton Orange	2016
8	1:47.40	James Hatch	2005
9	1:47.66	Patrick Rono	2013
10	1:47.70	James Karanu	1999

## MILE

1	3:55.4h	Niall O'Shaughnessy	1977
2	3:55.72	Graham Hood	1995
3	3:55.91	Doug Consiglio	1986
4	3:56.39	Paul Donovan	1986
5	3:56.77	Joe Falcon	1987
6	3:57.04	Said Ahmed	2005
7	3:57.08	Reuben Reina	1991
8	3:57.22	Seneca Lassiter	1999
9	3:57.60	Dorian Ulrey	2009
10	3:57.85	<b>Elias Schreml</b>	<b>2021</b>

## 3,000 METERS

1	7:38.59	Alistair Cragg	2004
2	7:42.29	Amon Kemboi	2022
3	7:46.42	Joe Falcon	1989
4	7:46.95	Kemoy Campbell	2013
5	7:46.96	<b>Ben Shearer</b>	<b>2024</b>
6	7:47.26	<b>Peter Maru</b>	<b>2024</b>
7	7:48.80	Reuben Reina	1991
8	7:49.78	Cameron Griffith	2019
9	7:49.84	<b>Lexington Hilton</b>	<b>2023</b>
10	7:50.25	Michael Power	1999

## 5,000 METERS

1	13:17.86	<b>Peter Maru</b>	<b>2024</b>
2	13:24.32	<b>Patrick Kiprof</b>	<b>2023</b>
3	13:24.36	<b>Kirami Yego</b>	<b>2023</b>
4	13:26.44	Amon Kemboi	2022
5	13:28.93	Alistair Cragg	2003
6	13:36.86	<b>Ben Shearer</b>	<b>2023</b>
7	13:36.87	Sean Kaley	1999
8	13:37.77	Shawn Forrest	2009
9	13:39.50	<b>Jacob McLeod</b>	<b>2021</b>
10	13:39.88	Peter Kosgei	2007

## 60m HURDLES

1	7.45	Omar McLeod	2015
2	7.54	<b>Phillip Lemonious</b>	<b>2021</b>
3	7.63	<b>Tai Brown</b>	<b>2024</b>
4	7.64	Michael Thomas	2003
5	7.65	Caleb Cross	2013
6	7.69	Tre'Ben Gilbert	2023
7	7.71	Ayden Owens-Delerme	2023
8	7.72	Matthew Lewis-Banks	2023
9	7.75	<b>Brevin Sims</b>	<b>2024</b>
10	7.76	Carl Elliott, III	2020

## 4X400 RELAY

3:01.09	<b>C. Washington</b> , J. Benson II, A. Owens-Delerme, C. Bailey	<b>2023</b>
3:02.09	<b>C. Washington</b> , J. Benson II, A. Owens-Delerme, C. Bailey	<b>2023</b>
3:03.07	T. Tomlyanovich, L. Lang, W. Spencer, S. McElroy	<b>2024</b>
3:03.18	J. Farr, <b>B. Battle</b> , A. Owens, J. Benson II	<b>2022</b>
3:03.34	B. DuPont, F. Cleary, C. Moss, R. Haley	1985
3:03.50	M. Niit, N. Braddy, C. Cross, A. Gauntlett	2013
3:03.76	M. Niit, A. Gauntlett, B. Skidmore, N. Braddy	2012
3:04.27	<b>C. Washington</b> , L. Lang, S. McElroy, T. Tomlyanovich	<b>2024</b>
3:04.29	<b>C. Washington</b> , T. Tomlyanovich, W. Spencer, S. McElroy	<b>2024</b>
3:04.42	<b>Lang, Washington</b> , Bailey, Archer	<b>2023</b>

## DISTANCE MEDLEY RELAY

9:20.09	<b>B. Shearer</b> , T. Tomlyanovich, R. Wells, P. Maru	<b>2024</b>
9:22.13	<b>B. Shearer</b> , J. Benson II, L. Russell III, E. Schreml	<b>2023</b>
9:24.56	A. Kibet, J. Benson II, K. Taylor, E. Schreml	<b>2022</b>
9:28.35	Al. McClary, B. Skidmore, C. Bilbrew, D. Ulrey	2009
9:28.37	A. Dalquist, J. Stephen, P. Rono, K. Campbell	2015
9:28.78	S. Lassiter, J. Huffman, R. Stanley, M. Power	1998
9:29.25	A. Perkins, T. Gatson, J. Hatch, S. Ahmed	2005
9:29.37	C. Wallace, N. Braddy, T. Squella, P. Rono	2014
9:30.07	N. Bruton, C. Davis, B. Baker, G. Hood	1994
9:30.08	D. LaCava, C. Bilbrew, An. McClary, K. Cobrin	2008

## HIGH JUMP

1	2.32	7-7.25	Ray Doakes	1994
2	2.31	7-7	Kenny Evans	2000
3	2.28	7-5.50	Bill Jasinski	1984
4	2.27	7-5.25	<b>Romaine Beckford</b>	<b>2024</b>
5	2.26	7-5	James Ballard	1997
6	2.25	7-4.50	Matt Hemingway	1995
7	2.24	7-4.25	Kevin Dotson	1997
	2.24	7-4.25	Lavar Miller	1999
9	2.22	7-3.25	Noah Kittelson	2012
	2.22	7-3.25	Ken LeGassey	2017
	2.22	7-3.25	Jah-Nhai Perinchief	2018

## POLE VAULT

1	5.75	18-10.25	Andrew Irwin	2015
2	5.44	17-10.25	Troy Smith	1998
3	5.41	17-9	Mark Klee	1985
	5.41	17-9	Kevin Lazas	2013
5	5.40	17-8.50	Mark McGahee	1990
	5.40	17-8.50	Etamar Bhastekar	2021
	5.40	17-8.50	<b>John Kendricks</b>	<b>2024</b>
8	5.34	17-6	Jeff Pascoe	1987
9	5.26	17-3	Spencer McCorkel	2008
10	5.25	17-2.75	P.J. Brown	2004

## LONG JUMP

1	8.43	27-8	Erick Walder	1994
2	8.40	27-6.75	Carey McLeod	2023
3	8.39	27-6.50	Jarrion Lawson	2014
4	8.34	27-4.5	<b>Wayne Pinnock</b>	<b>2024</b>
5	8.22	26-11.50	Mike Conley	1985
6	8.18	26-10	Melvin Lister	2000
7	8.17	26-9.75	Alain Bailey	2010
8	8.16	26-9.25	Robert Howard	1997
9	8.12	26-7.75	Ryan Brown	2021
10	8.09	26-6.50	Tarik Batchelor	2010

## TRIPLE JUMP

1	17.54	57-6.5	Jaydon Hibbert	2023
2	17.40	57-1	Mike Conley	1985
3	17.24	56-6.75	Erick Walder	1994
4	17.19	56-4.75	Clive Pullen	2017
5	17.14	56-2.75	Edrick Floréal	1989
6	17.04	55-11	Robert Howard	1997
7	16.82	55-2.25	Jerome Romain	1994
8	16.78	55-0.75	Melvin Lister	1999
9	16.77	55-0.25	Brian Wellman	1990
10	16.61	54-6	Jason Ward	2000

## SHOT PUT

1	20.47	67-2	Jordan West	2023
2	20.28	66-6.5	Scott Lofquist	1983
3	19.96	65-6	<b>Rojé Stona</b>	<b>2023</b>
4	19.91	65-4	Marty Kobza	1986
5	19.53	64-1	Marcus Clavelle	2000
6	18.77	61-7	Ralford Mullings	2023
7	18.37	60-3.50	Mike Chism	1989
8	17.92	58-9.50	Devin Randall	2014
9	17.68	58-0.25	Sam Kempka	2018
10	17.56	57-7.50	Gerry McEvoy	1980
	17.56	57-7.50	Jonathon Reeves	2002

## WEIGHT

1	21.75	71-4.25	Ruben Banks	2021
2	21.18	69-6	Erich Sullins	2019
3	18.40	60-4.50	Tony Ugoh	2005
4	18.13	59-5.75	Devin Randall	2016
5	17.27	56-8	Marlon Dwyer	2012
6	17.17	56-4	Justin Holmes	2012
7	16.51	54-2	Sam Kempka	2016
8	16.17	53-0.75	Ben Ryer	2021
9	15.21	49-11	Jeff Rogers	2016
10	14.84	48-8.25	Deatrich Wise	2013

## HEPTATHLON

1	6,518	Ayden Owens-Delerme	2023
2	6,175	Kevin Lazas	2013
3	6,047	<b>Yariel Soto Torrado</b>	<b>2023</b>
4	6,022	Gunnar Nixon	2012
5	6,000	<b>Jack Turner</b>	<b>2024</b>
6	5,975	Gabe Moore	2019
7	5,970	<b>Marcus Weaver</b>	<b>2024</b>
8	5,965	<b>Daniel Spejcher</b>	<b>2022</b>
9	5,898	Markus Ballengee	2021
10	5,680	Etamar Bhastekar	2021