



ARKANSAS SPRING INVITATIONAL

SATURDAY, APRIL 6, 2024

MEET INSTRUCTIONS

PACKETS

- Coaches may pick up team packets on Friday from 4:00pm to 7:00pm or beginning at 7:00am on Friday. Team Packets will be located at the officials'/weights and measures area (Position 7 on venue map).
- Please arrive to pick up the packet through the credentialed access entry gate (Position 8 on venue map). We will distribute the packet to the first coach who arrives at the packet pick-up area. This packet will contain access credentials for the entire team. Please make arrangements to meet your team at a designated location outside John McDonnell Field to distribute credentials if you are planning to arrive at different times. We will not hold the packet at the packet pick-up area. Athletes and Staff will not be permitted entry to John McDonnell Field without appropriate access credential.

FACILITY ACCESS

- John McDonnell Field will open to competitors and coaches beginning two hours before competition begins on Friday.
- Athletes and team personnel may enter the facility at any entrance, but will only be able to bring backpacks and bags through the credential personnel entrance (Position 8 on the venue map).
- Athletes and coaches must wear the wristbands included in the packet to enter the facility.
Staff wristband is **TEAL**. Athlete wristband is **YELLOW**.

PRACTICE TIMES AT JOHN MCDONNELL FIELD

- John McDonnell Field will be open for practice on Thursday from 4:00pm to 7:00pm. The weight room at the Frank O'Mara Center will be open from 4:00pm to 7:00pm on Thursday.

TEAM DROP-OFF AND PARKING

- Team buses and vans should drop athletes at the bus drop-off area on Meadow Street near the entrance to Parking Lot #55 on the east side of the track. Buses should NOT enter the parking lot.
- Buses should park in Lot 56, near the corner of Razorback Road and Martin Luther King Boulevard
(map: <https://parking.uark.edu/parkmap.pdf>).
- On Friday, team vans and cars should park at Position 2 on the attached venue map if arriving before 5:00pm. Parking after 5:00pm on Friday and any time on Saturday is open parking. Please see enclosing parking map.

TEAM CAMP AREAS

- For this year's meet, we do not have access to either the indoor or outdoor football practice facilities.
- All teams should set up their team camp areas in the bleachers on the west side of the facility. Athletic trainers should set up tables in the concourse area underneath the west stands.

WARM-UPS

- Because we do not have access to the football practice facilities this weekend, all warm-ups should occur either outside the competition venue or be conducted safely on the track and/or infield with an eye towards competing athletes in other events.
- Only athletes actively warming up for their event or in the midst of competition are permitted on the competition track. Please be mindful of other events and leave the competition area after the conclusion of your event.
- Horizontal Jumps and Throws will be permitted a warm-up period not greater than 20 minutes. Pole Vault athletes will be permitted a warm-up period not greater than 60 minutes, while high jump athletes will be permitted a warm-up period not greater than 40 minutes. After the conclusion of their flight, athletes must depart the competition area.



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RUNNING EVENTS INFORMATION

- Please make all scratches as soon as possible for all events. To do this ahead of the meet, please email your scratches to downsm@uark.edu. During the meet, please scratch your athletes with at the Clerk's Tent located at the southeast corner of the track. We appreciate you making these scratches as soon as possible.
- Athletes in running events may check in for all events at any time BUT NO LATER than **20 minutes** before the scheduled start of the event. Athletes not checked in by this time will be scratched.
- Athletes in all running events will follow the same protocol, which is outlined below.
 1. Athletes must report to the Clerks' Tent on the southeast corner of John McDonnell Field NOT later than **20 minutes** before the scheduled start of the event. Athletes failing to report by this deadline will be scratched.
 2. Athletes will be asked to report back to the Clerk's Tent approximately **5 minutes** prior to the scheduled start time of their assigned heat.
 3. Athletes will be escorted from the final staging area at the Clerk's Tent to the starting line for their event.
 4. At the conclusion of their running event, athletes will return to the Clerking Area to collect their belongings, exiting the facility through the same gate they entered on the southeast corner of the venue.
- Athletes not actively preparing for their event or engaged in competition are not permitted inside the competition area at any time.

FIELD EVENT INFORMATION

- Field event athletes should in check at the field event site NOT later than **20 minutes** before the scheduled start of their event. Athletes not checked in by this time will be scratched from their event.
- Horizontal Jumps and Throws will be permitted a warm-up period not greater than 20 minutes. Pole Vault athletes will be permitted a warm-up period not greater than 60 minutes, while high jump athletes will be permitted a warm-up period not greater than 40 minutes. After the conclusion of their flight, athletes must depart the competition area.
- Athletes not actively preparing for their event or engaged in competition are not permitted inside the competition area at any time.

DECLARATIONS

- Final declarations for all events occur at initial check in for each event. For running events, this occurs at the clerking area not less than 20-minutes before the scheduled start of the event. For field events, this occurs by checking in with the official at the field event site not less than 20-minutes before the scheduled start of their event (before the first flight for field events with multiple flights). Athletes not declared by this time will be scratched from their event.

IMPLEMENT INSPECTION

- Implement inspection will begin on Thursday at 2:00pm and Friday at 8:00am at the weights and measures area in the southeast corner of John McDonnell Field. All implements must be inspected not later than ninety minutes before the scheduled start of the event. Implements will be impounded until they are brought by the officials to the event site.

SPIKES

- Athletes may only use 1/4" pyramid spikes, with the exception of the high jump where 3/8" will be permitted. Spikes will be checked and those not meeting the regulations must be replaced. No pin/needle/Christmas tree spikes will be allowed on the competition track.

COMPETITOR'S BIBS

- Competitor's bibs will be worn on the front in all events, except the vertical jumps where athletes may choose to wear the bib on their back.



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SPORTS MEDICINE

- Medical personnel may enter the competition only in the event of injury or illness. The meet's medical area is reserved for emergency situations only.

RESULTS

- Results and start lists will be available on FlashResults.com.

PLAYER GUEST TICKETS/SPECTATOR ATTENDANCE POLICY

- If your team would like to submit a pass list for player guest tickets, please utilize the attached template and return to me via email (downsm@uark.edu) by 5:00pm on Thursday, April 4. Your pass list will be placed at the ticket office window. Teams will be invoiced for all tickets requested at a group rate of \$5 per ticket (Adult general admission ticket price is \$10). General admission tickets, for institutions that do not wish to utilize a pass list, will be available for sale on-site. All guests, including children do need a ticket to attend the meet. To assist our ticket office staff, please submit your pass list in alphabetical order by player's last name.

MEDIA

- Media inquiries, including team sports information directors and photographers, should be directed to Shawn Price (sdp013@uark.edu). Photographers and videographers who do not have a photo vest must remain outside the competition area in their designated positions.

WORLD ATHLETICS / USATF CHAMPIONSHIP QUALIFYING

- World Athletics and USA Track & Field policies require that marks to be considered for qualification to their championships (2024 outdoor championships) may only come from competitions that are sanctioned through World Athletics / USATF and abide by their rulebook. While this meet will be conducted under NCAA rules, it is also sanctioned by World Athletics and USATF. Results will be reported both to TFRRS (the NCAA results reporting system) and to World Athletics / USATF, with notations of any rule violations from the World Athletics rulebook.



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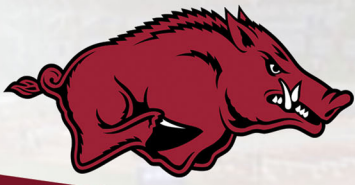
SCHEDULE OF EVENTS

SATURDAY RUNNING EVENTS

Time	Event	Gender
1:00 PM	3,000 Meter Steeplechase	Women
1:15 PM	3,000 Meter Steeplechase	Men
1:30 PM	4x100 Meter Relay	Women
1:35 PM	4x100 Meter Relay	Men
1:40 PM	1,500 Meters	Women
1:55 PM	1,500 Meters	Men
2:10 PM	100 Meter Hurdles	Women
2:15 PM	110 Meter Hurdles	Men
2:30 PM	100 Meters	Women
2:45 PM	100 Meters	Men
3:00 PM	800 Meters	Women
3:10 PM	800 Meters	Men
3:20 PM	400 Meters	Women
3:35 PM	400 Meters	Men
3:50 PM	400 Meter Hurdles	Women
3:55 PM	400 Meter Hurdles	Men
4:05 PM	200 Meters	Women
4:20 PM	200 Meters	Men
4:35 PM	800 Meters Invitational	Women
4:40 PM	800 Meters Invitational	Men
4:45 PM	3,000 Meters	Women
4:58 PM	3,000 Meters	Men
5:10 PM	1,500 Meters Invitational	Women
5:17 PM	1,500 Meters Invitational	Men
5:25 PM	4x400 Meter Relay	Women
5:35 PM	4x400 Meter Relay	Men

SATURDAY FIELD EVENTS

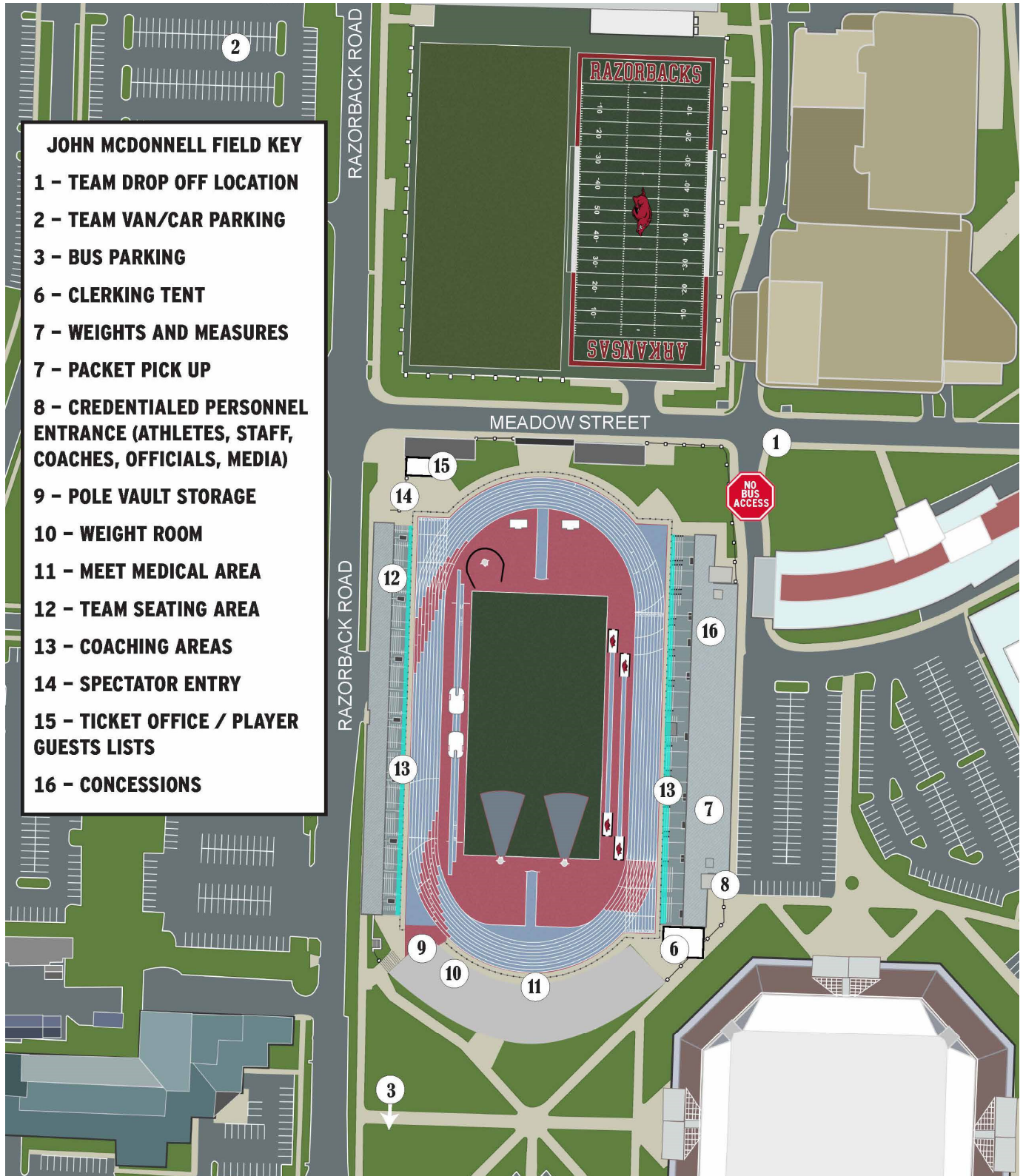
Time	Event	Gender
9:00 AM	Hammer Throw	Women
9:50 AM	Hammer Throw	Men
11:00 AM	Discus	Women
12:05 PM	Discus	Men
1:35 PM	Shot Put	Women
2:00 PM	High Jump	Women
2:25 PM	Pole Vault	Men
3:00 PM	Shot Put	Men
3:00 PM	Long Jump	Women
3:10 PM	Long Jump	Men
4:00 PM	High Jump	Men
4:15 PM	Javelin	Women
4:30 PM	Pole Vault	Women
5:00 PM	Javelin	Men
5:05 PM	Triple Jump	Men
5:10 PM	Triple Jump	Women

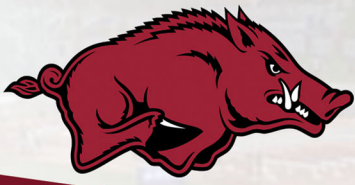


ARKANSAS SPRING INVITATIONAL

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VENUE MAP





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PARKING MAP

FREE PUBLIC PARKING
ON SATURDAY, APRIL 6

