



ARKANSAS SPRING INVITATIONAL

SATURDAY, APRIL 6, 2024

SCHEDULE OF EVENTS

SATURDAY RUNNING EVENTS

Time	Event	Gender
1:00 PM	3,000 Meter Steeplechase	Women
1:15 PM	3,000 Meter Steeplechase	Men
1:30 PM	4x100 Meter Relay	Women
1:35 PM	4x100 Meter Relay	Men
1:40 PM	1,500 Meters	Women
1:55 PM	1,500 Meters	Men
2:10 PM	100 Meter Hurdles	Women
2:15 PM	110 Meter Hurdles	Men
2:30 PM	100 Meters	Women
2:45 PM	100 Meters	Men
3:00 PM	800 Meters	Women
3:10 PM	800 Meters	Men
3:20 PM	400 Meters	Women
3:35 PM	400 Meters	Men
3:50 PM	400 Meter Hurdles	Women
3:55 PM	400 Meter Hurdles	Men
4:05 PM	200 Meters	Women
4:20 PM	200 Meters	Men
4:35 PM	800 Meters Invitational	Women
4:40 PM	800 Meters Invitational	Men
4:45 PM	3,000 Meters	Women
4:58 PM	3,000 Meters	Men
5:10 PM	1,500 Meters Invitational	Women
5:17 PM	1,500 Meters Invitational	Men
5:25 PM	4x400 Meter Relay	Women
5:35 PM	4x400 Meter Relay	Men

SATURDAY FIELD EVENTS

Time	Event	Gender
9:00 AM	Hammer Throw	Women
9:50 AM	Hammer Throw	Men
11:00 AM	Discus	Women
12:05 PM	Discus	Men
1:35 PM	Shot Put	Women
2:00 PM	High Jump	Women
2:25 PM	Pole Vault	Men
3:00 PM	Shot Put	Men
3:00 PM	Long Jump	Women
3:10 PM	Long Jump	Men
4:00 PM	High Jump	Men
4:15 PM	Javelin	Women
4:30 PM	Pole Vault	Women
5:00 PM	Javelin	Men
5:05 PM	Triple Jump	Men
5:10 PM	Triple Jump	Women