



JOHN MCDONNELL INVITATIONAL

THURSDAY – FRIDAY, APRIL 20–21

MEET INSTRUCTIONS

PACKETS

- Coaches may pick up team packets on Thursday from 12:00pm to 6:00pm or beginning at 8:30am on Friday. Team Packets will be located in the officials/weights and measures area (Position 7 on venue map).
- Please arrive to pick up the packet through the credentialed access entry gate (position 8 on venue map). We will distribute the packet to the first coach who arrives at the packet pick-up area. This packet will contain access credentials for the entire team. Please make arrangements to meet your team at a designated location outside John McDonnell Field to distribute credentials if you are planning to arrive at different times. We will not hold the packet at the packet pick-up area. Athletes and Staff will not be permitted entry to John McDonnell Field without appropriate access credential.

FACILITY ACCESS

- John McDonnell Field will open to competitors and coaches beginning two hours before competition begins on Friday. Only athletes will be permitted inside the competition areas. The facility is not open for practice on Friday.
- Athletes and team personnel may enter the facility at any entrance, but will only be able to bring backpacks and bags through the credential personnel entrance (position 8 on the venue map).
- Athletes and coaches must wear the wristbands included in the packet to enter the facility.
Staff wristband is **ORANGE**. Athlete wristband is **BLUE**.

PRACTICE TIMES AT JOHN MCDONNELL FIELD

- John McDonnell Field will be open for practice on Thursday from 12:00pm to 3:00pm. Due to hammer throw competition on Thursday afternoon, availability for all competition sites will be limited beginning at 3:00pm.
- The warm-up fields will be available from 12:00pm to 7:00pm.

TEAM CAMP AREAS

- All teams should set up their team camp location on the football practice fields/ warm-up facility.
- To reserve a tent on the outdoor field, please contact In Tents Party Rentals. Individual team pop-up style tents are permitted on the warm-up field, but not in the grandstands at John McDonnell Field.

TEAM DROP-OFF AND PARKING

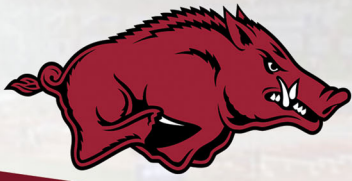
- Team buses and vans should drop athletes at the bus drop-off area on Razorback Road near the warm-up area indicated on the venue map.
- Buses should park in Lot 56, near the corner of Razorback Road and Martin Luther King Boulevard (map: <https://parking.uark.edu/parkmap.pdf>). Team vans and cars should park at location number 2 on the attached venue map.
- Please do not have buses or vans drop off at any other location than the location listed on the map.

ENTERING AND EXITING THE COMPETITION TRACK

- Only competing student-athletes and track & field officials are allowed in the competition area. Medical personnel are allowed to enter the competition area in the event of an injury or illness to provide medical assistance.
- Coaches are not permitted into the competition area at any time. Coaching locations are indicated on the venue map surrounding the track and in the grandstands. Field event athletes can view video, taken outside the competition area and not brought in the competition area, between attempts. Under the direction of an official they are permitted to cross the track.

WARM-UPS

- No warm-ups will be permitted on the competition track at any time. Athletes should use the warm-up facility located on the outdoor practice football fields or warm-up outside the venue.
- Horizontal Jumps and Throws will be permitted a warm-up period not greater than 30 minutes. Pole Vault athletes will be permitted a warm-up period not greater than 90 minutes, while high jump athletes will be permitted a warm-up period not greater than 45 minutes. After the conclusion of their flight, athletes must depart the competition area.



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COACHING AREAS

- Coaches are not permitted into the competition area at any time. Field event athletes can view video, taken outside the competition area and not brought in the competition area, between attempts. Under the direction of an official, they are permitted to cross the track to confer with a coach.
- Coaching locations are indicated on the venue map surrounding the competition track and in the grandstands.

ENTERING AND EXITING THE COMPETITION TRACK

- All athletes must enter and exit the competition area from the gate by clerks tent on the southeast corner of the facility.
- Only competing student-athletes and track & field officials are allowed in the competition area. Medical personnel are allowed to enter the competition area in the event of an injury or illness to provide medical assistance.
- Coaches are not permitted into the competition area at any time. Please provide instruction to athletes from areas outside of the competition areas. Field event athletes can view video, taken outside the competition area and not brought in the competition area, between attempts. Under the direction of an official they are permitted to cross the track.

RUNNING EVENTS INFORMATION

- Please make all scratches as soon as possible for all events. To do this ahead of the meet, please email your scratches to downsm@uark.edu. During the meet, please scratch your athletes with at the Clerk's Tent located at the southeast corner of the track. We appreciate you making these scratches as soon as possible.
- Athletes in running events may check in for all events at any time BUT NO LATER than **20-minutes** before the scheduled start of the event. Athletes not checked in by this time will be scratched.
- Athletes in all running events will follow the same protocol, which is outlined below.
 1. Athletes will have access to the outdoor football field for competition day warm-up (indoor football facility not available). Athletes must walk out the gate on the southeast corner of the warm-up venue, across Meadow Street and behind the east grandstands to enter the facility at Location 8 on the venue map.
 2. Athletes must report to the Clerks' Tent on the southeast corner of John McDonnell Field NOT later than **20-minutes** before the scheduled start of the event. Athletes failing to report by this deadline will be scratched.
 3. Athletes will be asked to report back to the Clerk's Tent approximately **5-minutes** prior to the scheduled start time of their heat based upon the clerking schedule.
 4. Athletes will be escorted from the final staging area at the Clerk's Tent to the starting line for their event.
 5. At the conclusion of their running event, athletes will return to the Clerking Area to collect their belongings, exiting the facility through the same gate they entered on the southeast corner of the venue.
- Coaches and non-competing athletes are not permitted inside the competition area at any time.

FIELD EVENT INFORMATION

- Field event athletes should in check at the field event site NOT later than **20-minutes** before the scheduled start of their event (before the first flight for field events with multiple flights). Athletes not checked in by this time will be scratched from their event.
- Horizontal Jumps and Throws will be permitted a warm-up period not greater than 30 minutes. Pole Vault athletes will be permitted a warm-up period not greater than 90 minutes, while high jump athletes will be permitted a warm-up period not greater than 45 minutes. After the conclusion of their flight, athletes must depart the competition area.
- Athletes in all field events will follow the same protocol, which is outlined below.
 1. Athletes will have access to the outdoor football field for competition day warm-up (indoor football facility not available). Athletes must walk out of the gate on the southeast corner of the warm-up venue, across Meadow Street and behind the east grandstands to enter the facility at Location 8 on the venue map.
 2. Athletes must enter the competition venue through the gate nearest to the Clerk's Tent on the southeast corner of the track.
 3. Athletes must walk directly to the field event site by carefully crossing the track. Athletes will only be permitted inside the competition area within the designated warm-up time for their event.



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MEET INSTRUCTIONS

- Athletes in field events must check-in with the appropriate official at the field event site and not with the Clerks.
 - At the conclusion of their flight, athletes must exit the infield immediately.
- Coaches and non-competing athletes are not permitted inside the competition area at any time.

DECLARATIONS

- Final declarations for all events occur at initial check in for each event. For running events, this occurs at the clerking area not less than 20-minutes before the scheduled start of the event. For field events, this occurs by checking in with the official at the field event site not less than 20-minutes before the scheduled start of their event (before the first flight for field events with multiple flights). Athletes not declared by this time will be scratched from their event.

COMPETITOR'S BIBS

- Competitor's bibs will be worn on the front in all events, except the vertical jumps where athletes may choose to wear the bib on their back.

IMPLEMENT INSPECTION

- Implement inspection will begin on Thursday at 2:30pm and Friday at 8:30am at the weights and measures area in the southeast corner of John McDonnell Field. All implements must be inspected not later than ninety minutes before the scheduled start of the event. Implements will be impounded until they are brought by the officials to the event site.

SPIKES

- Athletes may only use 1/4" pyramid spikes, with the exception of the high jump where 3/8" will be permitted. Spikes will be checked and those not meeting the regulations must be replaced. No pin/needle/Christmas tree spikes will be allowed on the competition track.

SPORTS MEDICINE

- Medical personnel must stage team training areas on the practice football fields on Friday. Medical personnel may enter the competition only in the event of injury or illness. The meet's medical area is reserved for emergency situations only.

RESULTS

- Results and start lists will be available on FlashResults.com.

PLAYER GUEST TICKETS/SPECTATOR ATTENDANCE POLICY

- If your team would like to submit a pass list for player guest tickets, please utilize the attached template and return to me via email (downsm@uark.edu) by 5:00pm on Thursday, April 11. Your pass list will be placed at the ticket office window. Teams will be invoiced for all tickets requested at a group rate of \$5 per ticket (Adult general admission ticket price is \$10). General admission tickets, for institutions that do not wish to utilize a pass list, will be available for sale on-site. All guests, including children do need a ticket to attend the meet. To assist our ticket office staff, please submit your pass list in alphabetical order by player's last name.
- Tickets are not required for Thursday's competition.

MEDIA

- Media inquiries, including team sports information directors and photographers, should be directed to Shawn Price (sdp013@uark.edu). Photographers and videographers must remain outside the competition area in their designated positions.

WORLD ATHLETICS / USATF CHAMPIONSHIP QUALIFYING

- World Athletics and USA Track & Field policies require that marks to be considered for qualification to their championships (2024 outdoor championships) may only come from competitions that are sanctioned through World Athletics / USATF and abide by their rulebook. While this meet will be conducted under NCAA rules, it is also sanctioned by World Athletics and USATF. Results will be reported both to TFRRS (the NCAA results reporting system) and to World Athletics / USATF, with notations of any rule violations from the World Athletics rulebook.



JOHN MCDONNELL INVITATIONAL

THURSDAY - FRIDAY, APRIL 18 - 19

SCHEDULE OF EVENTS

THURSDAY FIELD EVENTS

| Time | Event | Gender |
|---------|--------------|--------|
| 4:00 PM | Hammer Throw | Women |
| 5:45 PM | Hammer Throw | Men |

FRIDAY FIELD EVENTS

| Time | Event | Gender |
|----------|---------------|--------|
| 10:30 AM | Discus Throw | Women |
| 12:00 PM | Discus Throw | Men |
| 2:00 PM | Shot Put | Women |
| 3:00 PM | Long Jump | Men |
| 3:00 PM | Pole Vault | Women |
| 3:30 PM | High Jump | Men |
| 3:30 PM | Shot Put | Men |
| 3:30 PM | Long Jump | Women |
| 5:15 PM | Javelin Throw | Women |
| 6:15 PM | High Jump | Women |
| 6:30 PM | Pole Vault | Men |
| 6:30 PM | Triple Jump | Men |
| 7:00 PM | Javelin Throw | Men |
| 7:00 PM | Triple Jump | Women |

FRIDAY RUNNING EVENTS

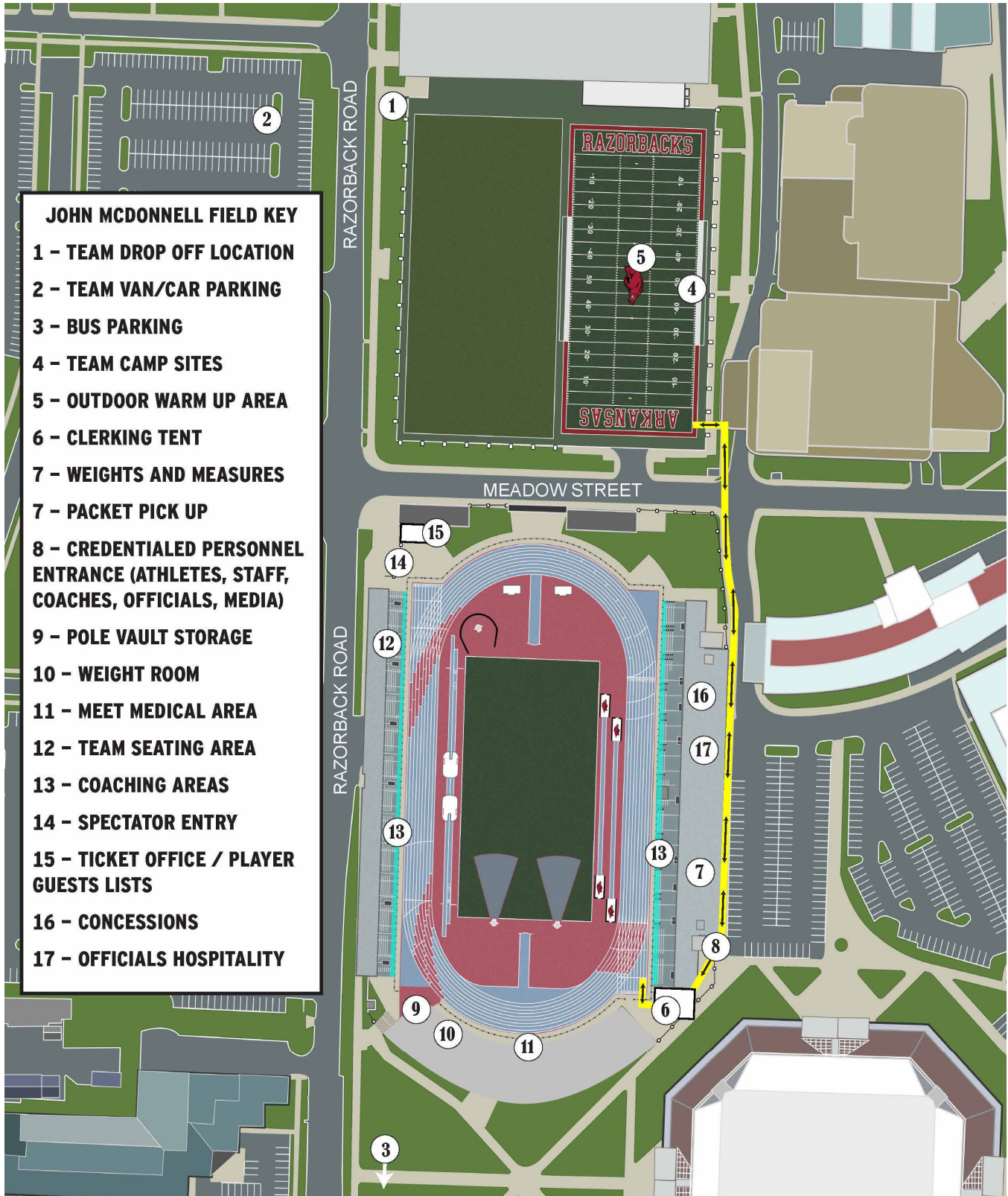
| Time | Event | Gender |
|----------------|---|--------|
| <i>2:55 PM</i> | <i>National Anthem</i> | |
| 3:00 PM | 3,000 Meter Steeplechase | Women |
| 3:13 PM | 3,000 Meter Steeplechase | Men |
| 3:25 PM | 4 x 100 Meters Relay | Women |
| 3:33 PM | 4 x 100 Meters Relay | Men |
| 3:38 PM | 3,000 Meters | Women |
| 3:50 PM | 3,000 Meters | Men |
| 4:05 PM | 100 Meter Hurdles | Women |
| 4:15 PM | 110 Meter Hurdles | Men |
| 4:30 PM | 400 Meters | Women |
| 4:50 PM | 400 Meters | Men |
| 5:10 PM | 100 Meters | Women |
| 5:25 PM | 100 Meters | Men |
| <i>5:40 PM</i> | <i>FASTEST KID IN FAYETTEVILLE 100M</i> | |
| 5:55 PM | 400 Meter Hurdles | Women |
| 6:05 PM | 400 Meter Hurdles | Men |
| 6:15 PM | 800 Meters | Women |
| 6:30 PM | 800 Meters | Men |
| 6:45 PM | 200 Meters | Women |
| 7:05 PM | 200 Meters | Men |
| 7:25 PM | 1,500 Meters | Women |
| 7:45 PM | 1,500 Meters | Men |
| 8:05 PM | 4 x 400 Meters Relay | Women |
| 8:15 PM | 4 x 400 Meters Relay | Men |
| 8:25 PM | 5,000 Meters | Women |



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VENUE MAP

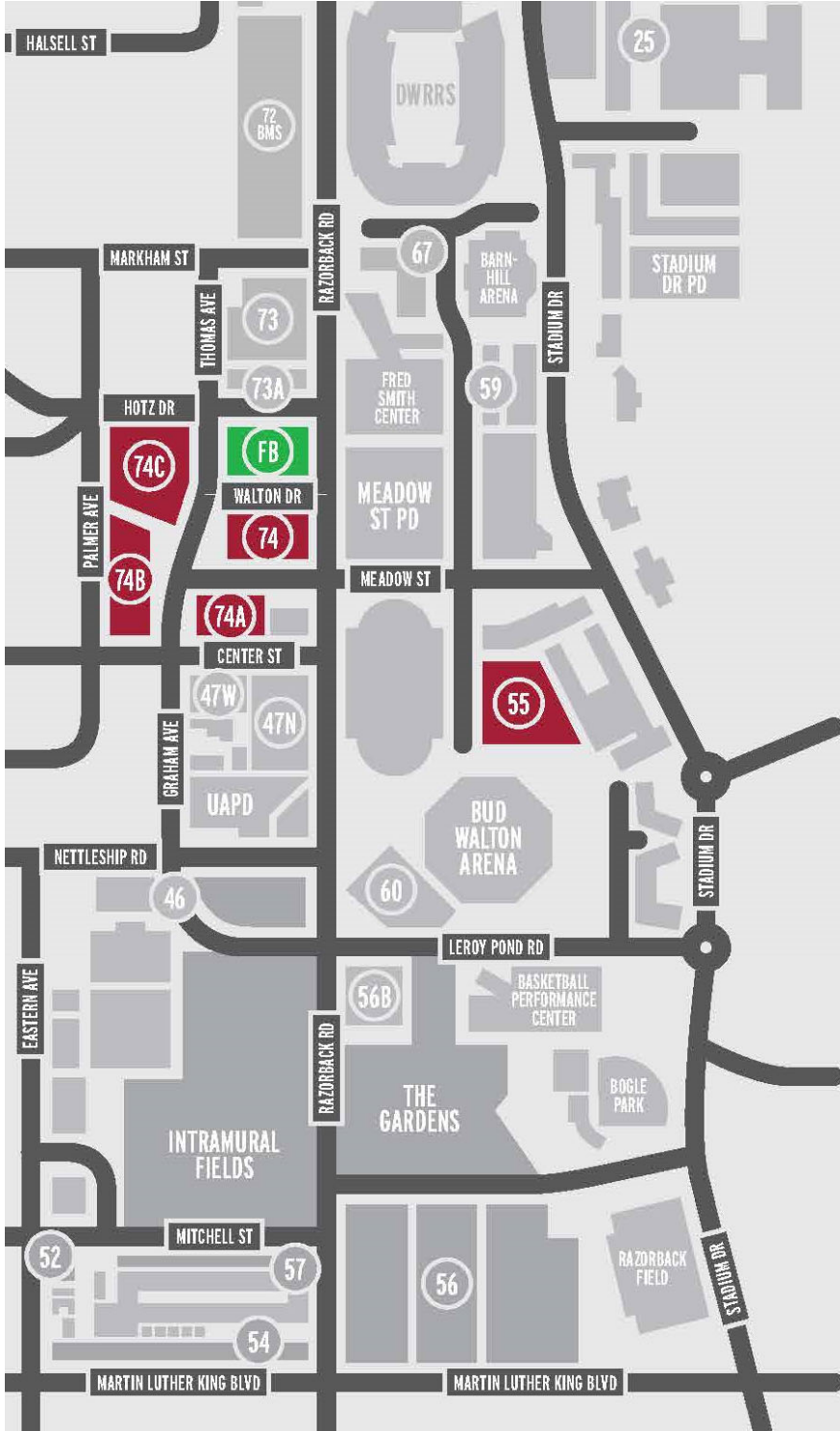




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PARKING MAP



ARKANSAS

2024 OUTDOOR T&F PARKING MAP

- 1 HOUR BEFORE MEET
- 4 HOURS BEFORE MEET