ARKANSAS SCHEDULE | 2024 U.S. OLYMPIC TRIALS

PACIFIC TIMES LISTED

DAY 1 - Friday, June 21, 2024 Morning Session

10:00	100m Dec	M Heats	Daniel Spejcher
11:00	Hammer Throw	W Q	
11:01	Long Jump Dec	M A & B	Daniel Spejcher
12:11	Shot Put Dec	M A & B	Daniel Spejcher

DAY 1 - Friday, June 21, 2024 Evening Session

15:20	400m	M R1	Chris Bailey, James Benson II, TJ Tomlyanovich
15:30	Javelin Throw	M Q	
15:48	400m	W R1	Kaylyn Brown, Rosey Effiong, Alexis Holmes, Shamier Little. Paris Peoples
16:17	800m	W R1	Stephanie Brokaw
16:30	High Jump Dec	M A & B	Daniel Spejcher
16:49	3000m Steeplechase	M R1	
17:22	1500m	M R1	
17:50	Pole Vault	M Q	
17:53	100m	W R1	Jada Baylark, Ariane Linton
18:15	Shot Put	M Q	Ryan Crouser, Jordan West
18:22	5000m	W R1	Lauren Gregory
18:50	Triple Jump	W Q	
19:05	400m Dec	M Heats	Daniel Spejcher
19:27	10,000m	M Final	

DAY 2 - Saturday, June 22, 2024 Morning Session

10:00	110m Hurdles Dec	M Heats	Daniel Spejcher
11:08	Discus Throw Dec	M A & B	Daniel Spejcher
13:17	Pole Vault Dec	M A & B	Daniel Spejcher

DAY 2 - Saturday, June 22, 2024 Evening Session

16:45	Long Jump	M Q	Jarrion Lawson
17:00	High Jump	W Q	Rachel Glenn
17:15	Javelin Throw Dec	M A & B	Daniel Spejcher
18:00	100m	W SF	(Jada Baylark, Ariane Linton)
18:20	Triple Jump	W Final	
18:22	100m	M R1	
18:40	Shot Put	M Final	(Ryan Crouser, Jordan West)
18:54	1500m	M SF	
19:14	400m	W SF	(Kaylyn Brown, Rosey Effiong, Alexis Holmes, Shamier Little. Paris Peoples)
19:38	1500m Dec	M Final	Daniel Spejcher
19:50	100m	W Final	(Jada Baylark, Ariane Linton)

DAY 3 - Sunday, June 23, 2024 Morning Session

10:00	100m Hurdles Hept	W Heats	Taliyah Brooks, Alex Gochenour-Brondyke
11:23	High Jump Hept	W A & B	Taliyah Brooks, Alex Gochenour-Brondyke

DAY 3 - Sunday, June 23, 2024 Evening Session

17:00	Hammer Throw	W Final	
17:45	Pole Vault	M Final	
17:48	100m	M SF	
18:10	Shot Put Hept	W A & B	Taliyah Brooks, Alex Gochenour-Brondyke
18:11	800m	W SF	(Stephanie Brokaw)
18:35	400m	M SF	(Chris Bailey, James Benson II, TJ Tomlyanovich)
18:40	Javelin Throw	M Final	
18:58	400m	W Final	(Kaylyn Brown, Rosey Effiong, Alexis Holmes, Shamier Little. Paris Peoples)
19:07	3000m Steeplechase	M Final	
19:26	200m Hept	W Heats	Taliyah Brooks, Alex Gochenour-Brondyke
19:49	100m	M Final	

DAY 4 - Monday, June 24, 2024 Morning Session

10:00	Long Jump Hept	W A & B	Taliyah Brooks, Alex Gochenour-Brondyke
11:10	Javelin Throw Hept	W A	Taliyah Brooks, Alex Gochenour-Brondyke

DAY 4 - Monday, June 24, 2024 Evening Session

17:00	Discus Throw	W Q	
17:05	110m Hurdles	M R1	Jamal Britt, Matthew Lewis-Banks, Elijah Morris
17:15	High Jump	W Final	(Rachel Glenn)
17:25	Long Jump	M Final	(Jarrion Lawson)
17:47	1500m	M Final	
17:59	3000m Steeplechase	W R1	(Krissy Gear, Logan Jolly)
18:37	800m Heptathlon A	W Heats	Taliyah Brooks, Alex Gochenour-Brondyke
18:48	800m Heptathlon B	W Heats	
18:59	400m	M Final	(Chris Bailey, James Benson II, TJ Tomlyanovich)
19:09	5000m	W Final	(Lauren Gregory)
19:32	800m	W Final	(Stephanie Brokaw)

DAY 5 - Tuesday, June 25, 2024

Practice Day - No Competition

DAY 6 - Wednesday, June 26, 2024

Practice Day - No Competition

DAY 7 - Thursday, June 27, 2024 Evening Session

16:30	800m	M R1	
16:55	Discus Throw	W Final	
17:00	High Jump	M Q	Kason O'Riley
17:01	110m Hurdles	M SF	(Jamal Britt, Matthew Lewis-Banks, Elijah Morris)
17:23	1500m	W R1	Nikki Hiltz
17:51	200m	W R1	Jada Baylark, Brittany Brown, Rosey Effiong
18:18	Long Jump	W Q	Tara Davis-Woodhall
18:20	400m Hurdles	M R1	Khallifah Rosser
18:45	Discus Throw	M Q	
18:49	400m Hurdles	W R1	Anna Cockrell, Rachel Glenn, Shamier Little, Dalilah Muhammad
19:18	3000m Steeplechase	W Final	(Krissy Gear, Logan Jolly)
19:33	200m	M R1	Lance Lang
20:03	5000m	M R1	

DAY 8 - Friday, June 28, 2024 Evening Session

16:00	Javelin Throw	W Q	
16:30	Hammer Throw	M Q	
17:28	100m Hurdles	W R1	Gabbi Cunningham, Alex Gochenhour-Brondyke, Destiny Huven
17:55	Pole Vault	W Q	Sandi Morris
17:58	1500m	W SF	(Nikki Hiltz)
18:20	Triple Jump	M Q	
18:21	400m Hurdles	M SF	(Khallifah Rosser)
18:44	800m	M SF	
19:06	200m	W SF	(Jada Baylark, Brittany Brown, Rosey Effiong)
19:15	Shot Put	W Q	
19:28	200m	M SF	(Lance Lang)
19:50	110m Hurdles	M Final	(Jamal Britt)

DAY 9 - Saturday, June 29, 2024 Evening Session

16:30	Discus Throw	M Final	
17:04	100m Hurdles	W SF	(Gabbi Cunningham, Alex Gochenhour-Brondyke, Destiny Huven)
17:20	Long Jump	W Final	(Tara Davis-Woodhall)
17:27	200m	W Final	(Jada Baylark, Brittany Brown, Rosey Effiong)
17:41	400m Hurdles	W SF	(Anna Cockrell, Rachel Glenn, Shamier Little, Dalilah Muhammad)
17:50	Shot Put	W Final	
18:09	10,000m	W Final	Katie Izzo
18:49	200m	M Final	(Lance Lang)

DAY 10 - Sunday, June 30, 2024 Evening Session

15:15	Pole Vault	W Final	(Sandi Morris)
15:15	Hammer Throw	M Final	
15:30	High Jump	M Final	(Kason O'Riley)
15:55	Triple Jump	M Final	
16:10	Javelin Throw	W Final	
16:30	5000m	M Final	
16:51	800m	M Final	
17:00	100m Hurdles	W Final	(Gabbi Cunningham, Alex Gochenhour-Brondyke, Destiny Huven)
17:09	1500m	W Final	(Nikki Hiltz)
17:20	400m Hurdles	M Final	(Khallifah Rosser)
17:29	400m Hurdles	W Final	(Anna Cockrell, Rachel Glenn, Shamier Little, Dalilah Muhammad)