

# ARKANSAS INDOOR | TOP 10 MARKS

## 60 METERS

|    |      |                   |      |
|----|------|-------------------|------|
| 1  | 7.15 | Kiara Parker      | 2019 |
|    | 7.15 | Jada Baylark      | 2021 |
| 3  | 7.18 | Shawnti Jackson   | 2024 |
| 4  | 7.20 | Veronica Campbell | 2004 |
|    | 7.20 | Ackera Nugent     | 2023 |
| 6  | 7.24 | Anyia Jackson     | 2025 |
| 7  | 7.26 | Kyla Shoemake     | 1998 |
|    | 7.26 | Elisha Brewer     | 1998 |
| 9  | 7.27 | Janeek Brown      | 2019 |
| 10 | 7.29 | Tiana Wilson      | 2021 |

## 3,000 METERS

|    |         |                      |             |
|----|---------|----------------------|-------------|
| 1  | 8:47.17 | <b>Paityn Noe</b>    | <b>2025</b> |
| 2  | 8:49.47 | <b>Sydney Vaught</b> | <b>2026</b> |
| 3  | 8:52.57 | Dominique Scott      | 2015        |
| 4  | 8:53.76 | Lauren Gregory       | 2022        |
| 5  | 8:55.67 | Katie Izzo           | 2020        |
| 6  | 8:56.63 | Carina Viljoen       | 2020        |
| 7  | 8:56.97 | Taylor Werner        | 2019        |
| 8  | 9:01.34 | Isabel Van Camp      | 2022        |
| 9  | 9:03.02 | Logan Jolly          | 2022        |
| 10 | 9:04.64 | Nikki Hiltz          | 2018        |

## POLE VAULT

|    |      |          |                    |      |
|----|------|----------|--------------------|------|
| 1  | 4.68 | 15-4.25  | Lexi Jacobus       | 2019 |
| 2  | 4.66 | 15-3.50  | Sandi Morris       | 2015 |
| 3  | 4.61 | 15-1.50  | Tori Hoggard       | 2018 |
| 4  | 4.55 | 14-11    | Tina Sutej         | 2012 |
| 5  | 4.54 | 14-10.75 | Amanda Fassold     | 2023 |
| 6  | 4.47 | 14-8     | Elien Vekemans     | 2022 |
| 7  | 4.46 | 14-7.50  | Desiree Freier     | 2019 |
|    | 4.46 | 14-7.50  | Bailee McCorkle    | 2020 |
| 9  | 4.45 | 14-7.25  | Nastassja Campbell | 2022 |
| 10 | 4.38 | 14-4.50  | Lauren Martinez    | 2020 |

## 200 METERS

|   |       |                     |      |
|---|-------|---------------------|------|
| 1 | 22.43 | Veronica Campbell   | 2004 |
| 2 | 22.51 | Rosey Effiong       | 2024 |
| 3 | 22.60 | Amber Anning        | 2024 |
| 4 | 22.62 | Nickisha Pryce      | 2024 |
| 5 | 22.77 | Shawnti Jackson     | 2024 |
| 6 | 22.87 | Anyia Jackson       | 2025 |
| 7 | 22.89 | Jada Baylark        | 2022 |
| 8 | 22.97 | Payton Chadwick     | 2019 |
| 9 | 22.99 | Taylor Ellis-Watson | 2016 |
|   | 22.99 | Jayla Hollis        | 2022 |

## 5,000 METERS

|    |          |                           |             |
|----|----------|---------------------------|-------------|
| 1  | 15:11.27 | <b>Paityn Noe</b>         | <b>2025</b> |
| 2  | 15:13.09 | Katie Izzo                | 2019        |
| 3  | 15:32.95 | Lauren Gregory            | 2022        |
| 4  | 15:42.45 | <b>Sydney Thorvaldson</b> | <b>2024</b> |
| 5  | 15:46.89 | Amy Yoder Begley          | 2000        |
| 6  | 15:50.88 | Diane Robison             | 2015        |
| 7  | 15:52.80 | Deena Drossin             | 1993        |
| 8  | 15:55.02 | Isabel Van Camp           | 2022        |
| 9  | 15:55.43 | Lilli Kleinmann           | 2001        |
| 10 | 15:59.09 | Devin Clark               | 2020        |

## LONG JUMP

|    |      |          |                     |             |
|----|------|----------|---------------------|-------------|
| 1  | 6.67 | 21-10.75 | Funminiyl Olajide   | 2025        |
| 2  | 6.57 | 21-6.75  | Taliyah Brooks      | 2018        |
| 3  | 6.56 | 21-6.25  | Nia Robinson        | 2024        |
| 4  | 6.41 | 21-0.50  | G'Auna Edwards      | 2021        |
| 5  | 6.38 | 20-11.25 | Angel Heath         | 2003        |
| 6  | 6.36 | 20-10.50 | Peter-Gaye Beckford | 2008        |
| 7  | 6.35 | 20-10    | <b>Heidi Hudson</b> | <b>2026</b> |
| 8  | 6.33 | 20-9.25  | Tamara Myers        | 2015        |
| 9  | 6.30 | 20-8     | Payton Chadwick     | 2018        |
| 10 | 6.27 | 20-7     | Antoinette Reed     | 1994        |

## 400 METERS

|    |       |                       |             |
|----|-------|-----------------------|-------------|
| 1  | 49.24 | Isabella Whittaker    | 2025        |
| 2  | 49.48 | Britton Wilson        | 2023        |
| 3  | 50.43 | Amber Anning          | 2024        |
| 4  | 50.54 | Rosey Effiong         | 2023        |
| 5  | 50.70 | <b>Kaylyn Brown</b>   | <b>2025</b> |
| 4  | 50.83 | Nickisha Pryce        | 2024        |
| 7  | 51.05 | Regina George         | 2013        |
| 8  | 51.41 | <b>Sanaria Butler</b> | <b>2026</b> |
| 9  | 51.51 | Taylor Ellis-Watson   | 2016        |
| 10 | 51.76 | Joanne Reid           | 2023        |

## 60m HURDLES

|    |      |                     |             |
|----|------|---------------------|-------------|
| 1  | 7.72 | Ackera Nugent       | 2023        |
| 2  | 7.93 | Payton Chadwick     | 2018        |
| 3  | 7.95 | Janeek Brown        | 2019        |
| 4  | 7.99 | Daszay Freeman      | 2021        |
|    | 7.99 | Yoveinny Mota       | 2022        |
|    | 7.99 | Destiny Huven       | 2024        |
| 6  | 8.05 | Taliyah Brooks      | 2018        |
| 8  | 8.08 | Jayla Hollis        | 2022        |
| 9  | 8.10 | Rachel Glenn        | 2025        |
| 10 | 8.12 | <b>Shania Myers</b> | <b>2026</b> |

## TRIPLE JUMP

|    |       |          |                      |      |
|----|-------|----------|----------------------|------|
| 1  | 13.51 | 44-4     | Gi-Gi Miller         | 2001 |
| 2  | 13.41 | 44-0     | Nia Robinson [TWICE] | 2025 |
| 3  | 13.40 | 43-11.75 | Tamara Myers         | 2015 |
| 4  | 12.95 | 42-6     | Cynthia Moore        | 1990 |
| 5  | 12.91 | 42-4.25  | Angel Heath          | 2003 |
| 6  | 12.85 | 42-2     | Shantel Thompson     | 2011 |
| 7  | 12.78 | 41-11.25 | Mariann Ahuna        | 2003 |
| 8  | 12.72 | 41-8.75  | Toshei Woods         | 1993 |
| 9  | 12.50 | 41-0.25  | Alexis Torns         | 2022 |
| 10 | 12.40 | 40-8.25  | Peter-Gaye Beckford  | 2008 |

## 600 METERS

|   |         |                             |             |
|---|---------|-----------------------------|-------------|
| 1 | 1:24.19 | <b>Sanu Jallow-Lockhart</b> | <b>2026</b> |
| 2 | 1:25.16 | Britton Wilson              | 2023        |
| 3 | 1:26.95 | Anna Podogil                | 2025        |
| 4 | 1:28.69 | <b>Makenna Herbst</b>       | <b>2026</b> |
| 5 | 1:28.83 | <b>Ainsley Erzen</b>        | <b>2026</b> |

## 4x400 RELAY

|         |                                                              |             |
|---------|--------------------------------------------------------------|-------------|
| 3:21.75 | A. Anning, J. Reid, R. Effiong, B. Wilson                    | 2023        |
| 3:24.09 | R. Effiong, J. Hollis, S. Maloney, B. Wilson                 | 2022        |
| 3:25.20 | J. Reid, <b>S. Butler, K. Brown, I. Whittaker</b>            | <b>2025</b> |
| 3:25.59 | R. Effiong, A. Anning, N. Pryce, <b>S. Jallow-Lockhart</b>   | <b>2024</b> |
| 3:25.82 | <b>S. Prince, A. Batista, S. Jallow-Lockhart, S. Butler</b>  | <b>2026</b> |
| 3:26.33 | J. Reid, R. Glenn, <b>S. Jallow-Lockhart, K. Brown</b>       | <b>2024</b> |
| 3:26.40 | A. Anning, N. Pryce, P. Peoples, R. Effiong                  | 2023        |
| 3:27.23 | R. Effiong, J. Hollis, S. Maloney, B. Wilson                 | 2022        |
| 3:27.47 | R. Glenn, I. Whittaker, <b>S. Butler, S. Jallow-Lockhart</b> | <b>2025</b> |
| 3:27.57 | J. Reid, R. Effiong, A. Anning, B. Wilson                    | 2023        |

## SHOT PUT

|    |       |          |                    |      |
|----|-------|----------|--------------------|------|
| 1  | 15.78 | 51-9.25  | Amber Crumbo       | 2000 |
| 2  | 15.50 | 50-10.25 | Marie LeJour       | 2001 |
| 3  | 15.35 | 50-4.50  | Jessica Sommerfeld | 2002 |
| 4  | 14.76 | 48-5.25  | Micah Dennis       | 2015 |
| 5  | 14.71 | 48-3.25  | Michelle Rossio    | 2008 |
| 6  | 14.61 | 47-11    | Kelley Bickham     | 1997 |
| 7  | 14.20 | 46-7.25  | Elizabeth Everts   | 2003 |
| 8  | 14.18 | 46-6.25  | Stacy Tiefenauer   | 1999 |
| 9  | 14.09 | 46-2.75  | Sheila Sims        | 1993 |
| 10 | 13.92 | 45-8     | Beyonka McDowell   | 2005 |

## 800 METERS

|    |         |                             |             |
|----|---------|-----------------------------|-------------|
| 1  | 1:59.76 | <b>Sanu Jallow-Lockhart</b> | <b>2026</b> |
| 2  | 2:01.22 | Shafiqua Maloney            | 2021        |
| 3  | 2:01.60 | <b>Analisse Batista</b>     | <b>2025</b> |
| 4  | 2:01.96 | Aneita Denton               | 2005        |
| 5  | 2:02.12 | Anna Podogil                | 2025        |
| 6  | 2:02.13 | Britton Wilson              | 2023        |
| 7  | 2:02.46 | <b>Ainsley Erzen</b>        | <b>2024</b> |
| 8  | 2:02.68 | Isabella Whittaker          | 2025        |
| 9  | 2:02.95 | Chrishuna Williams          | 2015        |
| 10 | 2:03.21 | Stephanie Brown             | 2014        |
| 11 | 2:03.40 | <b>Makenna Herbst</b>       | <b>2026</b> |

## DISTANCE MEDLEY RELAY

|          |                                                                   |             |
|----------|-------------------------------------------------------------------|-------------|
| 10:49.14 | M. Eudaly, A. Anning, L. Quandt, L. Gregory                       | 2023        |
| 10:49.41 | T. LoStracco, A. Denton, A. Erzen, M. Eudaly                      | 2024        |
| 10:51.37 | I. Van Camp, P. Peoples, K. Gear, L. Jolly                        | <b>2022</b> |
| 10:51.43 | <b>A. Erzen, S. Butler, M. Herbst, S. Vaught</b>                  | <b>2026</b> |
| 10:51.63 | K. Gear, B. Wilson, S. Maloney, L. Gregory                        | 2022        |
| 10:51.89 | J. Kamilos, S. McKnight, T. Haiss, D. Scott                       | 2015        |
| 10:53.77 | K. Thomson, K. Campbell, S. Maloney, K. Gear                      | 2021        |
| 10:55.09 | A. Podogil, I. Whittaker, <b>S. Jallow-Lockhart, T. LoStracco</b> | <b>2025</b> |
| 10:56.15 | M. Cochran, J. Reid, <b>S. Jallow, T. LoStracco</b>               | <b>2024</b> |
| 10:56.61 | M. Eudaly, P. Peoples, L. Quandt, L. Gregory                      | 2023        |
| 10:56.73 | M. Eudaly, P. Peoples, A. Erzen, L. Gregory                       | 2023        |

## WEIGHT

|    |       |          |                    |      |
|----|-------|----------|--------------------|------|
| 1  | 20.89 | 68-6.50  | Brandy Blackwood   | 2005 |
| 2  | 19.57 | 64-2.50  | Marie LeJour       | 2002 |
| 3  | 18.13 | 59-5.75  | Amber Crumbo       | 2000 |
| 4  | 17.65 | 57-11    | Kelley Bickham     | 1998 |
| 5  | 17.36 | 56-11.50 | Michelle Rossio    | 2007 |
| 6  | 16.32 | 53-6.50  | Stacy Tiefenauer   | 1998 |
| 7  | 16.15 | 53-0     | Monica Ballow      | 1999 |
| 8  | 14.70 | 48-2.75  | Jessica Sommerfeld | 2002 |
| 9  | 13.03 | 42-9     | Angie Scott        | 2007 |
| 10 | 12.77 | 41-10.75 | Micah Dennis       | 2015 |

## 1,000 METERS

|   |         |                      |             |
|---|---------|----------------------|-------------|
| 1 | 2:42.60 | Dominique Scott      | 2015        |
| 2 | 2:42.83 | Stephanie Brown      | 2012        |
| 3 | 2:43.68 | <b>Ainsley Erzen</b> | <b>2024</b> |
| 4 | 2:44.44 | Lauren Gregory       | 2019        |
| 5 | 2:45.94 | Nikki Hiltz          | 2016        |

## HIGH JUMP

|    |      |         |                                 |             |
|----|------|---------|---------------------------------|-------------|
| 1  | 2.00 | 6-6.75  | Rachel Glenn                    | 2024        |
| 2  | 1.89 | 6-2.25  | Makeba Alcide                   | 2013        |
| 3  | 1.87 | 6-1.50  | <b>Heidi Hudson</b>             | <b>2026</b> |
| 4  | 1.85 | 6-0.75  | Sydney Billington               | 2025        |
| 5  | 1.84 | 6-0.50  | Taliyah Brooks                  | 2018        |
|    | 1.84 | 6-0.50  | <b>Maria I. Arboleda Angulo</b> | <b>2026</b> |
| 6  | 1.81 | 5-11.25 | Jessica Johnson                 | 2003        |
|    | 1.81 | 5-11.25 | Kelsey Herman                   | 2016        |
| 8  | 1.80 | 5-10.75 | Kirsten Hesseltine              | 2013        |
|    | 1.80 | 5-10.75 | Alex Gochenour                  | 2015        |
| 10 | 1.78 | 5-10    | Jennifer McDonald               | 1989        |

## PENTATHLON

|    |       |                        |             |
|----|-------|------------------------|-------------|
| 1  | 4,580 | Taliyah Brooks         | 2017        |
| 2  | 4,569 | Makeba Alcide          | 2013        |
| 3  | 4,430 | Alex Gochenour         | 2015        |
| 4  | 4,379 | Leigha Brown           | 2017        |
| 5  | 4,371 | Payton Chadwick        | 2016        |
| 6  | 4,330 | Kelsey Herman          | 2019        |
| 7  | 4,260 | <b>Heidi Hudson</b>    | <b>2026</b> |
| 8  | 4,148 | G'Auna Edwards         | 2021        |
| 9  | 4,141 | DeeDee Brown           | 2002        |
| 10 | 4,111 | Madison Langley-Walker | 2023        |

## MILE

|    |         |                      |             |
|----|---------|----------------------|-------------|
| 1  | 4:31.83 | Krissy Gear          | 2021        |
| 2  | 4:31.88 | Lauren Gregory       | 2023        |
| 3  | 4:32.48 | Dominique Scott      | 2015        |
| 4  | 4:32.59 | Nikki Hiltz          | 2018        |
| 5  | 4:33.35 | <b>Sydney Vaught</b> | <b>2026</b> |
| 6  | 4:33.88 | Carina Viljoen       | 2019        |
| 7  | 4:33.95 | Kennedy Thomson      | 2021        |
| 8  | 4:34.02 | <b>Paityn Noe</b>    | <b>2025</b> |
| 9  | 4:34.22 | Grace Heymsfield     | 2014        |
| 10 | 4:34.39 | Katie Izzo           | 2021        |

# ARKANSAS OUTDOOR | TOP 10 MARKS

## 100 METERS

|    |       |                     |
|----|-------|---------------------|
| 1  | 11.02 | Kiara Parker        |
| 2  | 11.04 | Jada Baylark        |
| 3  | 11.07 | Ariane Linton       |
| 4  | 11.10 | Veronica Campbell   |
| 5  | 11.12 | Tiana Wilson        |
|    | 11.12 | Ackera Nugent       |
| 7  | 11.26 | LaShaunte'a Moore   |
| 8  | 11.29 | Elisha Brewer       |
| 9  | 11.33 | Taylor Ellis-Watson |
| 10 | 11.34 | Janeek Brown        |

## 200 METERS

|    |       |                     |
|----|-------|---------------------|
| 1  | 22.40 | Janeek Brown        |
| 2  | 22.41 | Veronica Campbell   |
| 3  | 22.48 | Taylor Ellis-Watson |
| 4  | 22.66 | Amber Anning        |
| 5  | 22.67 | Nickisha Pryce      |
| 6  | 22.77 | <b>Kaylyn Brown</b> |
| 7  | 22.78 | Rosey Effiong       |
| 8  | 22.86 | Jada Baylark        |
| 9  | 22.90 | Kethlin Campbell    |
| 10 | 22.93 | Tiana Wilson        |

## 400 METERS

|    |       |                     |
|----|-------|---------------------|
| 1  | 48.57 | Nickisha Pryce      |
| 2  | 49.13 | Britton Wilson      |
|    | 49.13 | <b>Kaylyn Brown</b> |
| 4  | 49.29 | Amber Anning        |
| 5  | 49.72 | Rosey Effiong       |
| 6  | 50.25 | Taylor Ellis-Watson |
| 7  | 50.60 | Paris Peoples       |
| 8  | 50.64 | Daina Harper        |
| 9  | 50.99 | Regina George       |
| 10 | 51.03 | Kethlin Campbell    |

## 800 METERS

|    |         |                             |
|----|---------|-----------------------------|
| 1  | 1:59.29 | <b>Sanu Jallow-Lockhart</b> |
| 2  | 2:01.61 | Chrishuna Williams          |
| 3  | 2:01.91 | Aneita Denton               |
| 4  | 2:02.54 | Shafiqua Maloney            |
| 5  | 2:02.59 | Stephanie Brown             |
| 6  | 2:03.57 | Rebekka Simko               |
| 7  | 2:03.78 | Tanya Blake                 |
| 8  | 2:03.79 | Regina George               |
| 9  | 2:03.80 | Tiana LoStracco             |
| 10 | 2:04.24 | Nicole Teter                |

## 1,500 METERS

|    |         |                   |
|----|---------|-------------------|
| 1  | 4:08.65 | Dominique Scott   |
| 2  | 4:09.00 | Krissy Gear       |
| 3  | 4:09.14 | Nikki Hiltz       |
| 4  | 4:09.73 | Lauren Gregory    |
| 5  | 4:10.49 | Christin Wurth    |
| 6  | 4:11.02 | Dacia Barr        |
| 7  | 4:11.40 | Stephanie Brown   |
| 8  | 4:12.38 | Kennedy Thomson   |
| 9  | 4:13.27 | Carina Viljoen    |
| 10 | 4:13.33 | Kristen Gillespie |

## 5,000 METERS

|    |          |                           |
|----|----------|---------------------------|
| 1  | 15:25.07 | <b>Sydney Thorvaldson</b> |
| 2  | 15:25.10 | Dominique Scott           |
| 3  | 15:25.17 | Lauren Gregory            |
| 4  | 15:28.04 | <b>Paityn Noe</b>         |
| 5  | 15:35.64 | Isabel Van Camp           |
| 6  | 15:38.51 | Taylor Werner             |
| 7  | 15:38.74 | Devin Clark               |
| 8  | 15:41.33 | Katie Izzo                |
| 9  | 15:47.62 | Diane Robison             |
| 10 | 15:48.53 | Abby Gray                 |

## 10,000 METERS

|    |          |                           |
|----|----------|---------------------------|
| 1  | 31:36.91 | <b>Paityn Noe</b>         |
| 2  | 31:56.84 | Dominique Scott           |
| 3  | 32:21.37 | <b>Sydney Thorvaldson</b> |
| 4  | 32:26.38 | Taylor Werner             |
| 5  | 32:34.16 | Katie Izzo                |
| 6  | 32:34.21 | Lauren Gregory            |
| 7  | 32:58.20 | Claire Lavers             |
| 8  | 33:06.84 | Amy Yoder Begley          |
| 9  | 33:15.08 | Jamie Park                |
| 10 | 33:32.77 | Michelle Byrne            |

## 100m HURDLES

|    |       |                 |
|----|-------|-----------------|
| 1  | 12.40 | Janeek Brown    |
| 2  | 12.43 | Ackera Nugent   |
| 3  | 12.70 | Payton Chadwick |
| 4  | 12.82 | Daszay Freeman  |
| 5  | 12.85 | Destiny Huven   |
| 6  | 12.87 | Yoveinny Mota   |
| 7  | 12.94 | Taliyah Brooks  |
| 8  | 12.98 | Elisha Brewer   |
|    | 12.98 | Alex Gochenour  |
| 10 | 12.99 | Jayla Hollis    |

### wind-aided:

|       |               |      |
|-------|---------------|------|
| 12.25 | Ackera Nugent | 2023 |
|-------|---------------|------|

## 400m HURDLES

|    |       |                        |
|----|-------|------------------------|
| 1  | 53.08 | Britton Wilson         |
| 2  | 53.46 | Rachel Glenn           |
| 3  | 55.49 | <b>Saira Prince</b>    |
| 4  | 55.71 | Sparkle McKnight       |
| 5  | 56.05 | Madison Langley-Walker |
| 6  | 56.46 | Damajahnee Birch       |
|    | 56.46 | Brittany Hyter         |
| 8  | 56.99 | Tawa Babatunde         |
| 9  | 57.85 | Shannon Carter         |
| 10 | 57.88 | Gwendolyn Flowers      |

## 3,000m STEEPLECHASE

|    |          |                  |
|----|----------|------------------|
| 1  | 9:34.76  | Logan Jolly      |
| 2  | 9:35.67  | Laura Taborda    |
| 3  | 9:38.62  | Krissy Gear      |
| 4  | 9:41.28  | Jessica Kamilos  |
| 5  | 9:48.35  | Devin Clark      |
| 6  | 9:49.01  | Grace Heymsfield |
| 7  | 9:57.88  | Gracie Hyde      |
| 8  | 10:01.52 | Lilli Kleinmann  |
| 9  | 10:07.62 | Shannon Klenke   |
| 10 | 10:08.23 | Regan Ward       |

## 4x100 RELAY

|       |                                                      |      |
|-------|------------------------------------------------------|------|
| 42.45 | A. Linton, R. Effiong, <b>K. Brown</b> , A. Anning   | 2024 |
| 42.65 | T. Kuykendall, P. Chadwick, J. Brown, K. Parker      | 2019 |
| 42.70 | A. Linton, R. Effiong, <b>K. Brown</b> , A. Anning   | 2024 |
| 42.71 | A. Linton, R. Effiong, <b>K. Brown</b> , A. Anning   | 2024 |
| 42.83 | A. Nugent, A. Linton, M. Kelley, R. Effiong          | 2023 |
| 42.90 | A. Jackson, R. Effiong, <b>K. Brown</b> , S. Jackson | 2025 |
| 43.11 | K. Parker, P. Chadwick, J. Brown, K. Campbell        | 2019 |
| 43.26 | K. Parker, J. Baylark, J. Brown, T. Brooks           | 2018 |
| 43.34 | J. Baylark, P. Stumbaugh, D. Harper, K. Parker       | 2017 |
| 43.38 | J. Brown, K. Parker, J. Baylark, M. Burks-Magee      | 2018 |

## 4x400 RELAY

|         |                                                                   |      |
|---------|-------------------------------------------------------------------|------|
| 3:17.96 | A. Anning, R. Effiong, N. Pryce, <b>K. Brown</b>                  | 2024 |
| 3:21.92 | R. Effiong, N. Pryce, <b>K. Brown</b> , A. Anning                 | 2024 |
| 3:22.55 | M. Burks-Magee, R. Effiong, J. Baylark, B. Wilson                 | 2022 |
| 3:23.69 | M. Burks-Magee, R. Effiong, J. Baylark, B. Wilson                 | 2022 |
| 3:23.69 | <b>K. Brown</b> , S. Butler, R. Glenn, R. Effiong                 | 2025 |
| 3:24.05 | P. Peoples, J. Reid, N. Pryce, R. Effiong                         | 2023 |
| 3:24.45 | P. Peoples, R. Effiong, J. Reid, B. Wilson                        | 2023 |
| 3:24.25 | <b>S. Butler</b> , K. Davis, S. Jallow-Lockhart, R. Effiong       | 2025 |
| 3:25.03 | <b>S. Jallow-Lockhart</b> , S. Jackson, R. Glenn, <b>K. Brown</b> | 2025 |
| 3:25.16 | M. Burks-Magee, R. Effiong, J. Baylark, B. Wilson                 | 2022 |

## HIGH JUMP

|   |      |         |                    |      |
|---|------|---------|--------------------|------|
| 1 | 1.94 | 6-4.25  | Rachel Glenn       | 2024 |
| 2 | 1.88 | 6-2     | Makeba Alcide      | 2013 |
| 3 | 1.86 | 6-1.25  | Jessica Johnson    | 2003 |
| 4 | 1.82 | 5-11.50 | Taliyah Brooks     | 2017 |
| 5 | 1.81 | 5-11.25 | Jennifer McDonald  | 1990 |
| 6 | 1.80 | 5-10.75 | Kirsten Hesseltine | 2014 |
| 7 | 1.79 | 5-10.5  | Sydney Billington  | 2024 |
| 8 | 1.78 | 5-10    | Alex Gochenour     | 2015 |
| 9 | 1.76 | 5-9.25  | Claire Phythian    | 1995 |
|   | 1.76 | 5-9.25  | DeeDee Brown       | 2001 |
|   | 1.76 | 5-9.25  | Michelle Martin    | 2005 |
|   | 1.76 | 5-9.25  | Leigha Brown       | 2017 |
|   | 1.76 | 5-9.25  | Payton Chadwick    | 2017 |

## POLE VAULT

|    |      |          |                    |      |
|----|------|----------|--------------------|------|
| 1  | 4.72 | 15-5.75  | Sandi Morris       | 2015 |
| 2  | 4.70 | 15-5     | Lexi Jacobus       | 2016 |
| 3  | 4.61 | 15-1.50  | Tina Sutej         | 2011 |
| 4  | 4.56 | 14-11.50 | Tori Hoggard       | 2019 |
| 5  | 4.55 | 14-11    | Amanda Fassold     | 2022 |
| 6  | 4.54 | 14-10.75 | Nastassja Campbell | 2021 |
| 7  | 4.49 | 14-8.75  | Lauren Martinez    | 2021 |
| 8  | 4.41 | 14-5.50  | Katie Stripling    | 2010 |
| 9  | 4.38 | 14-4.50  | Desiree Freier     | 2015 |
| 10 | 4.35 | 14-3.25  | Mackenzie Hayward  | 2023 |

## LONG JUMP

|    |      |          |                     |      |
|----|------|----------|---------------------|------|
| 1  | 6.78 | 22-3     | Taliyah Brooks      | 2018 |
| 2  | 6.55 | 21-6     | Nia Robinson        | 2024 |
| 3  | 6.42 | 21-0.75  | G'Auna Edwards      | 2019 |
| 4  | 6.36 | 20-10.50 | Funminiyl Olajide   | 2025 |
| 5  | 6.35 | 20-10    | Toshei Woods        | 1993 |
| 6  | 6.31 | 20-8.50  | Tamara Myers        | 2014 |
| 7  | 6.28 | 20-7.25  | Cynthia Moore       | 1990 |
| 8  | 6.27 | 20-7     | Peter-Gaye Beckford | 2008 |
|    | 6.27 | 20-7     | Etienne Chaplin     | 2009 |
| 10 | 6.25 | 20-6.25  | Kelsey Herman       | 2017 |

## TRIPLE JUMP

|    |       |          |                    |      |
|----|-------|----------|--------------------|------|
| 1  | 13.60 | 44-7.50  | Gi-Gi Miller       | 2001 |
| 2  | 13.29 | 43-7.25  | Shantel Thompson   | 2011 |
| 3  | 13.28 | 43-7     | Tamara Myers       | 2013 |
| 4  | 13.06 | 42-10.25 | Mariann Ahuna      | 2003 |
| 5  | 13.05 | 42-9.75  | Cynthia Moore      | 1991 |
| 6  | 12.82 | 42-0.75  | Toshei Woods       | 1993 |
| 7  | 12.53 | 41-1.50  | Alexis Torns       | 2022 |
| 8  | 12.49 | 40-11.75 | Peta-Gaye Beckford | 2007 |
| 9  | 12.37 | 40-7     | Stephanie Adams    | 1985 |
| 10 | 12.27 | 40-3.25  | Kerri-Ann Mitchell | 2002 |

## SHOT PUT

|    |       |         |                    |      |
|----|-------|---------|--------------------|------|
| 1  | 16.09 | 52-9.50 | Micah Dennis       | 2016 |
| 2  | 15.75 | 51-8    | Amber Crumbo       | 2000 |
| 3  | 15.11 | 49-7    | Sheila Sims        | 1996 |
| 4  | 14.87 | 48-9.50 | Jessica Sommerfeld | 2002 |
| 5  | 14.73 | 48-4    | Kelley Bickham     | 1998 |
| 6  | 14.67 | 48-1.50 | Stacy Tiefenauer   | 1997 |
| 7  | 14.65 | 48-0.75 | Marie LeJour       | 2001 |
| 8  | 14.61 | 47-11   | Michelle Rossio    | 2007 |
| 9  | 13.95 | 45-9.25 | Marilyn Banks      | 1982 |
| 10 | 13.89 | 45-7    | Beyonka McDowell   | 2005 |

## DISCUS

|    |       |        |                    |      |
|----|-------|--------|--------------------|------|
| 1  | 51.53 | 169-0  | Marie LeJour       | 2001 |
| 2  | 50.86 | 166-10 | Kelley Bickham     | 1997 |
| 3  | 49.80 | 163-4  | Amber Crumbo       | 2000 |
| 4  | 49.05 | 160-11 | Amanda Allen       | 1993 |
| 5  | 47.63 | 156-3  | Jessica Sommerfeld | 2002 |
| 6  | 47.26 | 155-0  | Michelle Rossio    | 2008 |
| 7  | 45.57 | 149-6  | Sheila Sims        | 1994 |
| 8  | 44.96 | 147-6  | Lana Boydston      | 1983 |
| 9  | 44.28 | 145-3  | Kelly Bertka       | 1986 |
| 10 | 43.41 | 142-5  | Susan Cope         | 1992 |

## HAMMER

|   |       |        |                  |      |
|---|-------|--------|------------------|------|
| 1 | 58.76 | 192-9  | Brandy Blackwood | 2005 |
| 2 | 58.10 | 190-7  | Marie LeJour     | 2002 |
| 3 | 54.67 | 179-4  | Michelle Rossio  | 2008 |
| 4 | 53.48 | 175-5  | Kelley Bickham   | 1998 |
| 5 | 52.72 | 172-11 | Amber Crumbo     | 2000 |

## JAVELIN

|    |       |        |                     |      |
|----|-------|--------|---------------------|------|
| 1  | 49.76 | 163-3  | Amethyst Boyd       | 2014 |
| 2  | 49.64 | 162-10 | Carly Bloomfield    | 2007 |
| 3  | 48.24 | 158-3  | Jessica Sommerfeld  | 2002 |
| 4  | 47.08 | 154-5  | Peter-Gaye Beckford | 2007 |
| 5  | 46.36 | 152-1  | Susan Cope          | 1992 |
| 6  | 44.96 | 147-6  | Michelle Rossio     | 2006 |
| 7  | 44.72 | 146-8  | Pernille Jorgensen  | 1988 |
| 8  | 44.62 | 146-4  | Kelsey Mollenkamp   | 2007 |
| 9  | 42.78 | 140-4  | Elizabeth Everts    | 2003 |
| 10 | 42.14 | 138-3  | DeeDee Brown        | 2001 |

## HEPTATHLON

|    |       |                  |      |
|----|-------|------------------|------|
| 1  | 6,099 | Taliyah Brooks   | 2017 |
| 2  | 6,050 | Makeba Alcide    | 2013 |
| 3  | 6,027 | Alex Gochenour   | 2015 |
| 4  | 6,023 | Payton Chadwick  | 2017 |
| 5  | 5,925 | Gi-Gi Miller     | 2001 |
| 6  | 5,852 | Leigha Brown     | 2017 |
| 7  | 5,820 | Kelsey Herman    | 2017 |
| 8  | 5,700 | DeeDee Brown     | 2001 |
| 9  | 5,594 | Etienne Chaplin  | 2009 |
| 10 | 5,518 | Beyonka McDowell | 2005 |