



Arkansas Qualifier

February 20, 2026

FINAL SCHEDULE OF EVENTS

Running Events

Time	Event	Gender
2:25 PM	National Anthem	
2:30 PM	Distance Medley Relay Invitational	Men
2:45 PM	Distance Medley Relay Invitational	Women
3:00 PM	60 Meter Hurdles Prelims	Men
3:15 PM	60 Meter Hurdles Prelims	Women
3:30 PM	400 Meters	Men
3:50 PM	400 Meters	Women
4:10 PM	60m Hurdles Final	Men
4:15 PM	60m Hurdles Final	Women
4:25 PM	60 Meter Prelim	Men
4:35 PM	60 Meter Prelim	Women
4:45 PM	3000 Meters	Men
5:00 PM	3000 Meters	Women
5:25 PM	60 Meter Final	Men
5:35 PM	60 Meter Final	Women
5:40 PM	800 Meters	Men
6:00 PM	800 Meters	Women
6:20 PM	200 Meters	Men
6:40 PM	200 Meters	Women
7:00 PM	1 Mile	Men
7:30 PM	1 Mile	Women
7:45 PM	4x400 Meter Relay	Men
7:55 PM	4x400 Meter Relay	Women

Field Events

Time	Event	Gender
12:30 PM	Long Jump	Women
12:30 PM	Weight Throw	Men
12:30 PM	High Jump	Women
1:30 PM	Pole Vault	Women
2:30 PM	Weight Throw	Women
2:45 PM	Long Jump	Men
4:30 PM	Shot Put	Men
5:25 PM	Triple Jump	Women
5:30 PM	Pole Vault	Men
6:30 PM	Shot Put	Women
6:40 PM	High Jump	Men
6:45 PM	Triple Jump	Men