

ARKANSAS INDOOR | TOP 10 MARKS

60 METERS

1	7.15	Kiara Parker	2019
	7.15	Jada Baylark	2021
3	7.18	Shawnti Jackson	2024
4	7.20	Veronica Campbell	2004
	7.20	Ackera Nugent	2023
6	7.24	Anyia Jackson	2025
7	7.26	Kyla Shoemake	1998
	7.26	Elisha Brewer	1998
9	7.27	Janeek Brown	2019
10	7.29	Tiana Wilson	2021

200 METERS

1	22.43	Veronica Campbell	2004
2	22.51	Rosey Effiong	2024
3	22.60	Amber Anning	2024
4	22.62	Nickisha Pryce	2024
5	22.77	Shawnti Jackson	2024
6	22.87	Anyia Jackson	2025
7	22.89	Jada Baylark	2022
8	22.97	Payton Chadwick	2019
9	22.99	Taylor Ellis-Watson	2016
	22.99	Jayla Hollis	2022

400 METERS

1	49.24	Isabella Whittaker	2025
2	49.48	Britton Wilson	2023
3	50.43	Amber Anning	2024
4	50.54	Rosey Effiong	2023
5	50.70	Kaylyn Brown	2025
4	50.83	Nickisha Pryce	2024
7	51.05	Regina George	2013
8	51.41	Sanaria Butler	2026
9	51.51	Taylor Ellis-Watson	2016
10	51.54	Analisse Batista	2026

600 METERS

1	1:24.19	Sanu Jallow-Lockhart	2026
2	1:25.16	Britton Wilson	2023
3	1:26.95	Anna Podogil	2025
4	1:28.69	Makenna Herbst	2026
5	1:28.83	Ainsley Erzen	2026

800 METERS

1	1:59.76	Sanu Jallow-Lockhart	2026
2	2:01.10	Analisse Batista	2026
3	2:01.22	Shafiqua Maloney	2021
4	2:01.96	Aneita Denton	2005
5	2:02.12	Anna Podogil	2025
6	2:02.13	Britton Wilson	2023
7	2:02.46	Ainsley Erzen	2024
8	2:02.68	Isabella Whittaker	2025
9	2:02.95	Chrishuna Williams	2015
10	2:03.21	Stephanie Brown	2014
11	2:03.40	Makenna Herbst	2026

1,000 METERS

1	2:42.60	Dominique Scott	2015
2	2:42.83	Stephanie Brown	2012
3	2:43.68	Ainsley Erzen	2024
4	2:44.44	Lauren Gregory	2019
5	2:45.94	Nikki Hiltz	2016

MILE

1	4:31.83	Krissy Gear	2021
2	4:31.88	Lauren Gregory	2023
3	4:32.48	Dominique Scott	2015
4	4:32.59	Nikki Hiltz	2018
5	4:33.35	Sydney Vaught	2026
6	4:33.88	Carina Viljoen	2019
7	4:33.95	Kennedy Thomson	2021
8	4:34.02	Paityn Noe	2025
9	4:34.22	Grace Heymsfield	2014
10	4:34.39	Katie Izzo	2021

3,000 METERS

1	8:47.17	Paityn Noe	2025
2	8:49.02	Sydney Vaught	2026
3	8:52.57	Dominique Scott	2015
4	8:53.76	Lauren Gregory	2022
5	8:55.67	Katie Izzo	2020
6	8:56.63	Carina Viljoen	2020
7	8:56.97	Taylor Werner	2019
8	9:01.34	Isabel Van Camp	2022
9	9:03.02	Logan Jolly	2022
10	9:04.64	Nikki Hiltz	2018

5,000 METERS

1	15:02.52	Sydney Thorvaldson	2026
2	15:11.27	Paityn Noe	2025
3	15:13.09	Katie Izzo	2019
4	15:32.95	Lauren Gregory	2022
5	15:46.89	Amy Yoder Begley	2000
6	15:50.88	Diane Robison	2015
7	15:52.80	Deena Drossin	1993
8	15:55.02	Isabel Van Camp	2022
9	15:55.43	Lilli Kleinmann	2001
10	15:59.09	Devin Clark	2020

60m HURDLES

1	7.72	Ackera Nugent	2023
2	7.93	Payton Chadwick	2018
3	7.95	Janeek Brown	2019
4	7.99	Daszay Freeman	2021
	7.99	Yoveinny Mota	2022
	7.99	Destiny Huven	2024
6	8.05	Taliyah Brooks	2018
8	8.08	Jayla Hollis	2022
9	8.10	Rachel Glenn	2025
10	8.12	Shania Myers	2026

4x400 RELAY

3:21.75	A. Anning, J. Reid, R. Effiong, B. Wilson	2023
3:24.09	R. Effiong, J. Hollis, S. Maloney, B. Wilson	2022
3:25.20	J. Reid, S. Butler, K. Brown, I. Whittaker	2025
3:25.59	R. Effiong, A. Anning, N. Pryce, S. Jallow-Lockhart	2024
3:25.82	S. Prince, A. Batista, S. Jallow-Lockhart, S. Butler	2026
3:26.33	J. Reid, R. Glenn, S. Jallow-Lockhart, K. Brown	2024
3:26.40	A. Anning, N. Pryce, P. Peoples, R. Effiong	2023
3:26.81	K. Brown, A. Batista, S. Jallow-Lockhart, S. Butler	2026
3:27.23	R. Effiong, J. Hollis, S. Maloney, B. Wilson	2022
3:27.47	R. Glenn, I. Whittaker, S. Butler, S. Jallow-Lockhart	2025

DISTANCE MEDLEY RELAY

10:44.09	A. Ezen, S. Butler, Ma. Herbst, S. Vaught	2026
10:49.14	M. Eudaly, A. Anning, L. Quandt, L. Gregory	2023
10:49.41	T. LoStracco, A. Denton, A. Erzen, M. Eudaly	2024
10:51.37	I. Van Camp, P. Peoples, K. Gear, L. Jolly	2022
10:51.43	A. Erzen, S. Butler, Ma. Herbst, S. Vaught	2026
10:51.63	K. Gear, B. Wilson, S. Maloney, L. Gregory	2022
10:51.89	J. Kamilos, S. McKnight, T. Haiss, D. Scott	2015
10:53.77	K. Thomson, K. Campbell, S. Maloney, K. Gear	2021
10:55.09	A. Podogil, I. Whittaker, S. Jallow-Lockhart, T. LoStracco	2025
10:56.15	M. Cochran, J. Reid, S. Jallow, T. LoStracco	2024

HIGH JUMP

1	2.00	6-6.75	Rachel Glenn	2024
2	1.89	6-2.25	Makeba Alcide	2013
3	1.87	6-1.50	Heidi Hudson	2026
	1.87	6-1.50	Maria Arboleda Angulo	2026
5	1.85	6-0.75	Sydney Billington	2025
6	1.84	6-0.50	Taliyah Brooks	2018
7	1.81	5-11.25	Jessica Johnson	2003
	1.81	5-11.25	Kelsey Herman	2016
9	1.80	5-10.75	Kirsten Hesseltine	2013
	1.80	5-10.75	Alex Gochenour	2015

POLE VAULT

1	4.68	15-4.25	Lexi Jacobus	2019
2	4.66	15-3.50	Sandi Morris	2015
3	4.61	15-1.50	Tori Hoggard	2018
4	4.55	14-11	Tina Sutej	2012
5	4.54	14-10.75	Amanda Fassold	2023
6	4.47	14-8	Elien Vekemans	2022
7	4.46	14-7.50	Desiree Freier	2019
	4.46	14-7.50	Bailee McCorkle	2020
9	4.45	14-7.25	Nastassja Campbell	2022
10	4.38	14-4.50	Lauren Martinez	2020

LONG JUMP

1	6.67	21-10.75	Funminiyl Olajide	2025
2	6.57	21-6.75	Taliyah Brooks	2018
3	6.56	21-6.25	Nia Robinson	2024
4	6.51	21-4.25	Heidi Hudson	2026
5	6.41	21-0.50	G'Auna Edwards	2021
6	6.38	20-11.25	Angel Heath	2003
7	6.36	20-10.50	Peter-Gaye Beckford	2008
8	6.33	20-9.25	Tamara Myers	2015
9	6.30	20-8	Payton Chadwick	2018
10	6.27	20-7	Antoinette Reed	1994

TRIPLE JUMP

1	13.51	44-4	Gi-Gi Miller	2001
2	13.41	44-0	Nia Robinson [TWICE]	2025
3	13.40	43-11.75	Tamara Myers	2015
4	12.95	42-6	Cynthia Moore	1990
5	12.91	42-4.25	Angel Heath	2003
6	12.85	42-2	Shantel Thompson	2011
7	12.78	41-11.25	Mariann Ahuna	2003
8	12.72	41-8.75	Toshei Woods	1993
9	12.50	41-0.25	Alexis Torns	2022
10	12.40	40-8.25	Peter-Gaye Beckford	2008

SHOT PUT

1	15.78	51-9.25	Amber Crumbo	2000
2	15.50	50-10.25	Marie LeJour	2001
3	15.35	50-4.50	Jessica Sommerfeld	2002
4	14.76	48-5.25	Micah Dennis	2015
5	14.71	48-3.25	Michelle Rossio	2008
6	14.61	47-11	Kelley Bickham	1997
7	14.20	46-7.25	Elizabeth Everts	2003
8	14.18	46-6.25	Stacy Tiefenauer	1999
9	14.09	46-2.75	Sheila Sims	1993
10	13.92	45-8	Beyonka McDowell	2005

WEIGHT

1	20.89	68-6.50	Brandy Blackwood	2005
2	19.57	64-2.50	Marie LeJour	2002
3	18.13	59-5.75	Amber Crumbo	2000
4	17.65	57-11	Kelley Bickham	1998
5	17.36	56-11.50	Michelle Rossio	2007
6	16.32	53-6.50	Stacy Tiefenauer	1998
7	16.15	53-0	Monica Ballow	1999
8	14.70	48-2.75	Jessica Sommerfeld	2002
9	13.03	42-9	Angie Scott	2007
10	12.77	41-10.75	Micah Dennis	2015

PENTATHLON

1	4,580	Taliyah Brooks	2017
2	4,569	Makeba Alcide	2013
3	4,430	Alex Gochenour	2015
4	4,379	Leigha Brown	2017
5	4,371	Payton Chadwick	2016
6	4,330	Kelsey Herman	2019
7	4,260	Heidi Hudson	2026
8	4,148	G'Auna Edwards	2021
9	4,141	DeeDee Brown	2002
10	4,111	Madison Langley-Walker	2023

ARKANSAS OUTDOOR | TOP 10 MARKS

100 METERS

1	11.02	Kiara Parker
2	11.04	Jada Baylark
3	11.07	Ariane Linton
4	11.10	Veronica Campbell
5	11.12	Tiana Wilson
	11.12	Ackera Nugent
7	11.26	LaShaunte'a Moore
8	11.29	Elisha Brewer
9	11.33	Taylor Ellis-Watson
10	11.34	Janeek Brown

200 METERS

1	22.40	Janeek Brown
2	22.41	Veronica Campbell
3	22.48	Taylor Ellis-Watson
4	22.66	Amber Anning
5	22.67	Nickisha Pryce
6	22.77	Kaylyn Brown
7	22.78	Rosey Effiong
8	22.86	Jada Baylark
9	22.90	Kethlin Campbell
10	22.93	Tiana Wilson

400 METERS

1	48.57	Nickisha Pryce
2	49.13	Britton Wilson
	49.13	Kaylyn Brown
4	49.29	Amber Anning
5	49.72	Rosey Effiong
6	50.25	Taylor Ellis-Watson
7	50.60	Paris Peoples
8	50.64	Daina Harper
9	50.99	Regina George
10	51.03	Kethlin Campbell

800 METERS

1	1:59.29	Sanu Jallow-Lockhart
2	2:01.61	Chrishuna Williams
3	2:01.91	Aneita Denton
4	2:02.54	Shafiqua Maloney
5	2:02.59	Stephanie Brown
6	2:03.57	Rebekka Simko
7	2:03.78	Tanya Blake
8	2:03.79	Regina George
9	2:03.80	Tiana LoStracco
10	2:04.24	Nicole Teter

1,500 METERS

1	4:08.65	Dominique Scott
2	4:09.00	Krissy Gear
3	4:09.14	Nikki Hiltz
4	4:09.73	Lauren Gregory
5	4:10.49	Christin Wurth
6	4:11.02	Dacia Barr
7	4:11.40	Stephanie Brown
8	4:12.38	Kennedy Thomson
9	4:13.27	Carina Viljoen
10	4:13.33	Kristen Gillespie

5,000 METERS

1	15:25.07	Sydney Thorvaldson
2	15:25.10	Dominique Scott
3	15:25.17	Lauren Gregory
4	15:28.04	Paityn Noe
5	15:35.64	Isabel Van Camp
6	15:38.51	Taylor Werner
7	15:38.74	Devin Clark
8	15:41.33	Katie Izzo
9	15:47.62	Diane Robison
10	15:48.53	Abby Gray

10,000 METERS

1	31:36.91	Paityn Noe
2	31:56.84	Dominique Scott
3	32:21.37	Sydney Thorvaldson
4	32:26.38	Taylor Werner
5	32:34.16	Katie Izzo
6	32:34.21	Lauren Gregory
7	32:58.20	Claire Lavers
8	33:06.84	Amy Yoder Begley
9	33:15.08	Jamie Park
10	33:32.77	Michelle Byrne

100m HURDLES

1	12.40	Janeek Brown
2	12.43	Ackera Nugent
3	12.70	Payton Chadwick
4	12.82	Daszay Freeman
5	12.85	Destiny Huven
6	12.87	Yoveinny Mota
7	12.94	Taliyah Brooks
8	12.98	Elisha Brewer
	12.98	Alex Gochenour
10	12.99	Jayla Hollis

wind-aided:

12.25	Ackera Nugent	2023
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400m HURDLES

1	53.08	Britton Wilson
2	53.46	Rachel Glenn
3	55.49	Saira Prince
4	55.71	Sparkle McKnight
5	56.05	Madison Langley-Walker
6	56.46	Damajahnee Birch
	56.46	Brittany Hyter
8	56.99	Tawa Babatunde
9	57.85	Shannon Carter
10	57.88	Gwendolyn Flowers

3,000m STEEPLECHASE

1	9:34.76	Logan Jolly
2	9:35.67	Laura Taborda
3	9:38.62	Krissy Gear
4	9:41.28	Jessica Kamilos
5	9:48.35	Devin Clark
6	9:49.01	Grace Heymsfield
7	9:57.88	Gracie Hyde
8	10:01.52	Lilli Kleinmann
9	10:07.62	Shannon Klenke
10	10:08.23	Regan Ward

4x100 RELAY

42.45	A. Linton, R. Effiong, K. Brown , A. Anning	2024
42.65	T. Kuykendall, P. Chadwick, J. Brown, K. Parker	2019
42.70	A. Linton, R. Effiong, K. Brown , A. Anning	2024
42.71	A. Linton, R. Effiong, K. Brown , A. Anning	2024
42.83	A. Nugent, A. Linton, M. Kelley, R. Effiong	2023
42.90	A. Jackson, R. Effiong, K. Brown , S. Jackson	2025
43.11	K. Parker, P. Chadwick, J. Brown, K. Campbell	2019
43.26	K. Parker, J. Baylark, J. Brown, T. Brooks	2018
43.34	J. Baylark, P. Stumbaugh, D. Harper, K. Parker	2017
43.38	J. Brown, K. Parker, J. Baylark, M. Burks-Magee	2018

4x400 RELAY

3:17.96	A. Anning, R. Effiong, N. Pryce, K. Brown	2024
3:21.92	R. Effiong, N. Pryce, K. Brown , A. Anning	2024
3:22.55	M. Burks-Magee, R. Effiong, J. Baylark, B. Wilson	2022
3:23.69	M. Burks-Magee, R. Effiong, J. Baylark, B. Wilson	2022
3:23.69	K. Brown , S. Butler, R. Glenn, R. Effiong	2025
3:24.05	P. Peoples, J. Reid, N. Pryce, R. Effiong	2023
3:24.45	P. Peoples, R. Effiong, J. Reid, B. Wilson	2023
3:24.25	S. Butler , K. Davis, S. Jallow-Lockhart, R. Effiong	2025
3:25.03	S. Jallow-Lockhart , S. Jackson, R. Glenn, K. Brown	2025
3:25.16	M. Burks-Magee, R. Effiong, J. Baylark, B. Wilson	2022

HIGH JUMP

1	1.94	6-4.25	Rachel Glenn	2024
2	1.88	6-2	Makeba Alcide	2013
3	1.86	6-1.25	Jessica Johnson	2003
4	1.82	5-11.50	Taliyah Brooks	2017
5	1.81	5-11.25	Jennifer McDonald	1990
6	1.80	5-10.75	Kirsten Hesseltine	2014
7	1.79	5-10.5	Sydney Billington	2024
8	1.78	5-10	Alex Gochenour	2015
9	1.76	5-9.25	Claire Phythian	1995
	1.76	5-9.25	DeeDee Brown	2001
	1.76	5-9.25	Michelle Martin	2005
	1.76	5-9.25	Leigha Brown	2017
	1.76	5-9.25	Payton Chadwick	2017

POLE VAULT

1	4.72	15-5.75	Sandi Morris	2015
2	4.70	15-5	Lexi Jacobus	2016
3	4.61	15-1.50	Tina Sutej	2011
4	4.56	14-11.50	Tori Hoggard	2019
5	4.55	14-11	Amanda Fassold	2022
6	4.54	14-10.75	Nastassja Campbell	2021
7	4.49	14-8.75	Lauren Martinez	2021
8	4.41	14-5.50	Katie Stripling	2010
9	4.38	14-4.50	Desiree Freier	2015
10	4.35	14-3.25	Mackenzie Hayward	2023

LONG JUMP

1	6.78	22-3	Taliyah Brooks	2018
2	6.55	21-6	Nia Robinson	2024
3	6.42	21-0.75	G'Auna Edwards	2019
4	6.36	20-10.50	Funminiyl Olajide	2025
5	6.35	20-10	Toshei Woods	1993
6	6.31	20-8.50	Tamara Myers	2014
7	6.28	20-7.25	Cynthia Moore	1990
8	6.27	20-7	Peter-Gaye Beckford	2008
	6.27	20-7	Etienne Chaplin	2009
10	6.25	20-6.25	Kelsey Herman	2017

TRIPLE JUMP

1	13.60	44-7.50	Gi-Gi Miller	2001
2	13.29	43-7.25	Shantel Thompson	2011
3	13.28	43-7	Tamara Myers	2013
4	13.06	42-10.25	Mariann Ahuna	2003
5	13.05	42-9.75	Cynthia Moore	1991
6	12.82	42-0.75	Toshei Woods	1993
7	12.53	41-1.50	Alexis Torns	2022
8	12.49	40-11.75	Peta-Gaye Beckford	2007
9	12.37	40-7	Stephanie Adams	1985
10	12.27	40-3.25	Kerri-Ann Mitchell	2002

SHOT PUT

1	16.09	52-9.50	Micah Dennis	2016
2	15.75	51-8	Amber Crumbo	2000
3	15.11	49-7	Sheila Sims	1996
4	14.87	48-9.50	Jessica Sommerfeld	2002
5	14.73	48-4	Kelley Bickham	1998
6	14.67	48-1.50	Stacy Tiefenauer	1997
7	14.65	48-0.75	Marie LeJour	2001
8	14.61	47-11	Michelle Rossio	2007
9	13.95	45-9.25	Marilyn Banks	1982
10	13.89	45-7	Beyonka McDowell	2005

DISCUS

1	51.53	169-0	Marie LeJour	2001
2	50.86	166-10	Kelley Bickham	1997
3	49.80	163-4	Amber Crumbo	2000
4	49.05	160-11	Amanda Allen	1993
5	47.63	156-3	Jessica Sommerfeld	2002
6	47.26	155-0	Michelle Rossio	2008
7	45.57	149-6	Sheila Sims	1994
8	44.96	147-6	Lana Boydston	1983
9	44.28	145-3	Kelly Bertka	1986
10	43.41	142-5	Susan Cope	1992

HAMMER

1	58.76	192-9	Brandy Blackwood	2005
2	58.10	190-7	Marie LeJour	2002
3	54.67	179-4	Michelle Rossio	2008
4	53.48	175-5	Kelley Bickham	1998
5	52.72	172-11	Amber Crumbo	2000

JAVELIN

1	49.76	163-3	Amethyst Boyd	2014
2	49.64	162-10	Carly Bloomfield	2007
3	48.24	158-3	Jessica Sommerfeld	2002
4	47.08	154-5	Peter-Gaye Beckford	2007
5	46.36	152-1	Susan Cope	1992
6	44.96	147-6	Michelle Rossio	2006
7	44.72	146-8	Pernille Jorgensen	1988
8	44.62	146-4	Kelsey Mollenkamp	2007
9	42.78	140-4	Elizabeth Everts	2003
10	42.14	138-3	DeeDee Brown	2001

HEPTATHLON

1	6,099	Taliyah Brooks	2017
2	6,050	Makeba Alcide	2013
3	6,027	Alex Gochenour	2015
4	6,023	Payton Chadwick	2017
5	5,925	Gi-Gi Miller	2001
6	5,852	Leigha Brown	2017
7	5,820	Kelsey Herman	2017
8	5,700	DeeDee Brown	2001
9	5,594	Etienne Chaplin	2009
10	5,518	Beyonka McDowell	2005