
Compliance

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1. Introduction to Compliance

Our Mission

The University of Arkansas Department of Athletics Compliance Office is dedicated to supporting the success of our student-athletes, coaches, and staff while ensuring full compliance with **NCAA**, **SEC**, and **institutional rules**.

We strive to foster an environment of **integrity, education, and prevention**, where compliance is a shared responsibility.

Our Goals

- Develop policies and procedures to **prevent rules violations**.
- Promote a **high standard of ethics and conduct**.
- Serve as an **educational resource** for student-athletes, coaches, and staff.
- Maintain **clear communication** throughout the university on compliance-related issues.

Remember: You are responsible for understanding the rules that apply to you as a Razorback student-athlete. When in doubt, **ask before you act**—contact the Compliance Office.

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2. Key NCAA/SEC Rules and Expectations

Amateurism

To compete as a Razorback student-athlete, you must maintain **amateur status**.
You may **lose eligibility** if you:

- Use your athletic skill **for pay** or accept a **promise of pay**, even if it comes after your college career.
- Sign a **professional contract** or commitment.
- Accept **financial benefits** (salary, reimbursements, gifts) from a professional team or agent unless explicitly allowed.

- Compete on a **professional team** (some limited exceptions may apply).
- Enter a **professional draft** after enrolling full-time.
- Enter into an **agreement with an agent**.

Important Rules:

- You may **not agree to be represented by an agent**, orally or in writing, until after your last collegiate competition.
- You may **not accept free meals, gifts, transportation, or other benefits** from an agent.
- Never allow anyone to **market your athletic reputation or skills** without proper compliance clearance.
- If you are approached by an agent or professional representative, **notify the Compliance Office immediately**.

Gambling & Bribery

Sports gambling can seriously harm your eligibility and your team.
NCAA rules strictly **prohibit all forms of sports wagering**, including betting on **professional, college, or amateur sports** in **any NCAA-sponsored sport**.

You may NOT:

- Provide inside information about your team or competition.
- Bet on any NCAA or professional sports event.
- Accept or solicit bets of any value (cash, gifts, meals, etc.).
- Participate in fantasy sports contests with paid entry fees.
- Engage in bribery or match-fixing of any kind.

Violation of these rules may result in permanent loss of eligibility.

Extra Benefits

An **extra benefit** is any special treatment given to you because you are a student-athlete that is **not available to the general student body**.

Examples of impermissible extra benefits:

- Special discounts or payment arrangements (e.g., airline tickets, services, retail purchases).
- Free or reduced-cost professional services.
- Use of vehicles or personal property (e.g., boats, summer homes).
- Free meals, entertainment, or travel.
- Cash, loans, or co-signing of loans.
- More than your allotted complimentary admissions.
- Use of university resources (phones, fax machines, copy machines) for free.

When in doubt, ask Compliance first. Accepting an extra benefit can make you ineligible to compete.

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3. Complimentary Tickets & Admission

Student-athletes are eligible for **four complimentary admissions** per home regular-season contest in their sport.

Key Rules:

- All comp ticket requests must be submitted **through ARMS** before the deadline.
- Tickets are issued **via pass list only** – **no hard tickets** will be provided.
- You **may not sell or exchange complimentary admissions** for money or anything of value.
- Individuals receiving complimentary admissions may **not resell them**.
- Pass list privileges may be revoked for misuse, including allowing others to use your student ID.

As a Razorback student-athlete, you are **admitted free to other home athletic events**, but this privilege can also be revoked for misuse.

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4. Time Management & Athletically-Related Activities

Your time commitment to athletics is regulated to protect **your well-being and academic success**.

Countable Athletically Related Activities (CARA)

CARA includes any required activity directed by the coaching staff, such as:

- Practice or competition
- Film review
- Required weight training or conditioning
- Skill instruction
- Punishment drills (e.g., early-morning runs)

In-Season Limits:

- **4 hours per day**
- **20 hours per week**
- **1 required day off** per week (except during postseason play)

Out-of-Season Limits:

- **8 hours per week** (max 4 hours skill instruction)
- **2 required days off** per week

Required Athletically Related Activities (RARA)

RARA includes activities that are required but **do NOT count toward hour limits**, such as:

- Compliance meetings
- Team travel
- Community service (if required)
- Fundraising or promotional events
- Required recruiting activities (e.g., hosting recruits)

Time Management Plans

Coaching staffs must provide **schedules in advance** that include:

- CARA activities
- RARA activities
- Required days off

Any schedule changes must be communicated with **at least 24 hours' notice** whenever possible.

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5. Recruiting Responsibilities

When serving as a **student host** for a prospective student-athlete:

- You may receive **up to $60 per day** to cover actual entertainment costs for the prospect and their family.
- Money **cannot be used for souvenirs** like t-shirts or memorabilia.
- You **may not transport a recruit** beyond 30 miles from campus.
- All official visits are **alcohol-free**.
- Do **not leave recruits unattended at parties** or allow them to ride with someone who has been drinking.

Most prospects are under 21, so alcohol use is prohibited and can result in sanctions.

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6. Financial Aid & Scholarship Policies

Overview

Athletic scholarships are awarded to student-athletes who demonstrate **exceptional athletic ability and academic progress**, in compliance with NCAA, SEC, and university standards.

Your financial aid package may include:

- Athletic scholarship
- Academic scholarships

- Federal and state grants
- Loans and work-study earnings

Total aid **cannot exceed the cost of attendance**.

Renewal and Duration

- Scholarships may be **one-year or multi-year agreements** (up to five years).
- Renewal or non-renewal notices are issued **by July 1** each year.
- Multi-year scholarships remain active unless the agreement expires or specific violations occur.

Reduction or Cancellation

Athletic aid **cannot** be reduced or canceled during the award period **for athletic performance, injury, or illness**.
Aid **may** be reduced or canceled if you:

- Become **academically ineligible**.
- Commit **fraud or serious misconduct**.
- **Voluntarily withdraw** from your sport.
- Enter the **NCAA Transfer Portal**.
- Fail to maintain **APR requirements**.
- Violate a **documented policy**.

Appeal Process:
If your aid is reduced or canceled, you will receive written notice and have the right to a **formal appeal** through the Financial Aid Office.

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7. Student-Athlete Employment

You may work while competing, provided:

- You are paid **only for actual work performed**.

- Pay is **commensurate with market rates** for similar jobs.
- The job is **approved by the Compliance Office** prior to starting.

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8. Transfer Process

If you wish to transfer:

1. **Submit written notification** to the Compliance Office.
2. Your name will be entered into the **NCAA Transfer Portal** within **two business days** (if during your sport's transfer window).
3. Athletic aid **may be canceled** at the end of the academic term in which the notification was received.

Note: If notification is given between terms (e.g., winter or summer break), aid may be canceled **immediately**.

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9. Automobile Registration

All student-athletes must complete the **Automobile Registration Form**, even if they do not currently have a vehicle on campus.

- Update the form whenever information changes.
- If you use a **loaner or rental vehicle**, complete the **Loaner Car Form** through the ARMS portal.

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10. Resources & Contacts

Compliance Office
University of Arkansas Department of Athletics

Jones Center, Lower Level

When in doubt, ask first.
The Compliance Office is here to protect you, your eligibility, and Razorback Athletics.