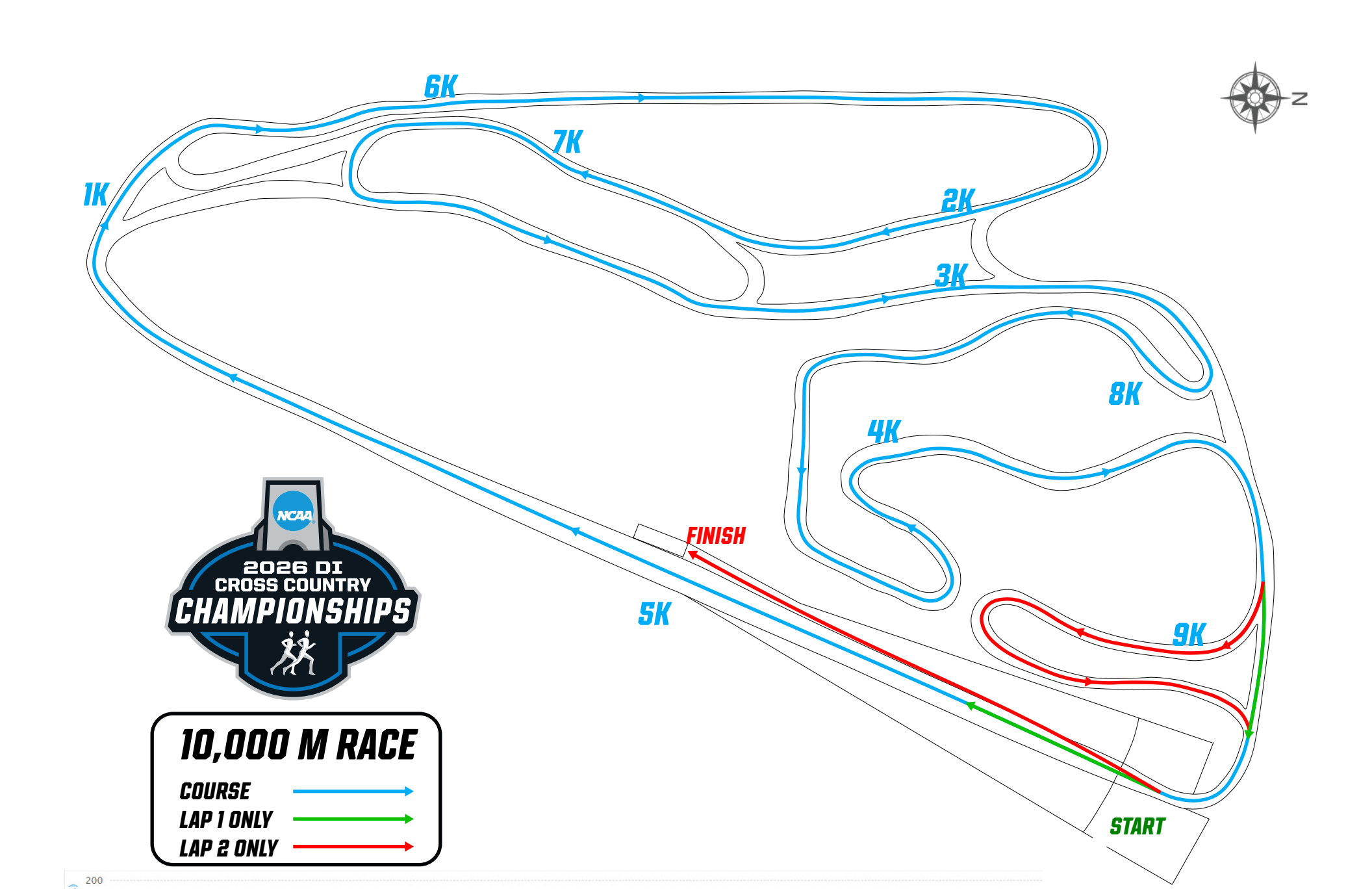

6K
7K
1K
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3K
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FINISH
5K
9K
START
N
2026 DI
CROSS COUNTRY
CHAMPIONSHIPS
10,000 M RACE
COURSE
LAP 1 ONLY
LAP 2 ONLY
Elevation (meters)
200
190
180
170
0
2
4
6
8