2026 NCAA Division I Cross Country
South Central Regional Championships Starting Box Assignments

WOMEN

School	Starting Box
UTSA	1
Lamar	2
Baylor	3
Tulane	4
SMU	5
Arkansas	6
Texas A&M-CC	7
Nicholls State	8
Tarleton State	9
TCU	10
Central Arkansas	11
Texas A&M	12
UT-Rio Grande Valley	13
Arkansas State	14
Texas State	15
UT-Arlington	16
LSU	17
SE Louisiana	18 (SHARED)
Sam Houston	18 (SHARED)
LSU New Orleans	19 (SHARED)
East Texas A&M	19 (SHARED)
Houston Christian	20
McNeese State	21
Texas	22
Stephen F. Austin	23
Rice	24
Incarnate Word	25
North Texas	26
Houston	27
Little Rock	28

MEN

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Nicholls State	1
Texas A&M	2
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Sam Houston	6 (SHARED)
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Lamar	7
ULM	8
UT-Rio Grande Valley	9
Texas State	10
Rice	11
Arkansas	12
Arkansas State	13
Houston	14
Tulane	15
LSU	16
UT-Arlington	17
Little Rock	18
Stephen F. Austin	19
McNeese State	20
Prairie View	21
Tarleton State	22
Houston Christian	23
Incarnate Word	24
Texas A&M-CC	25
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